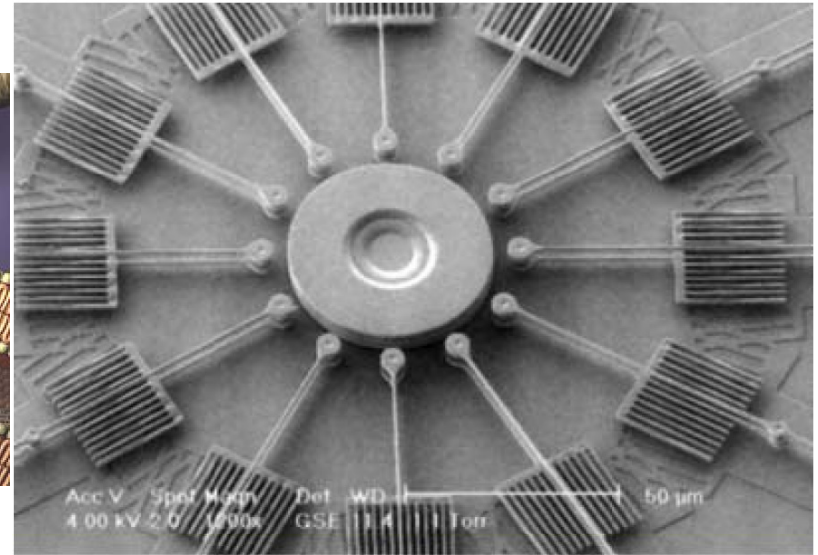
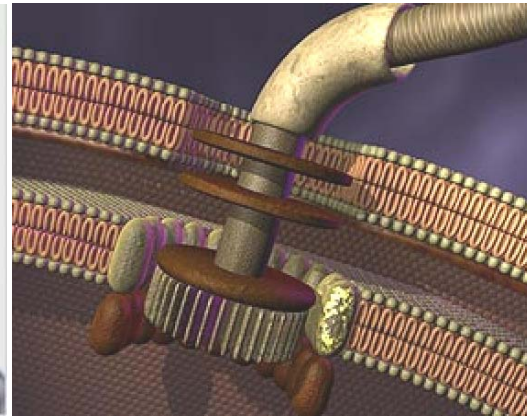
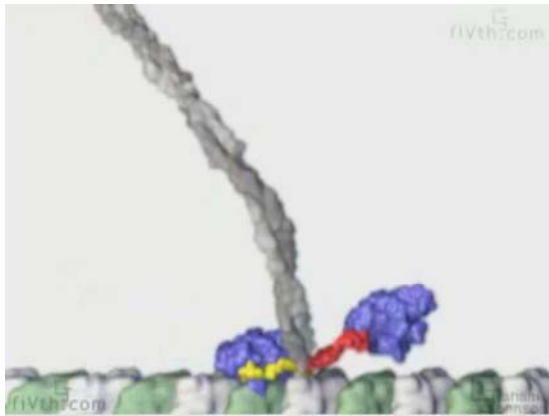
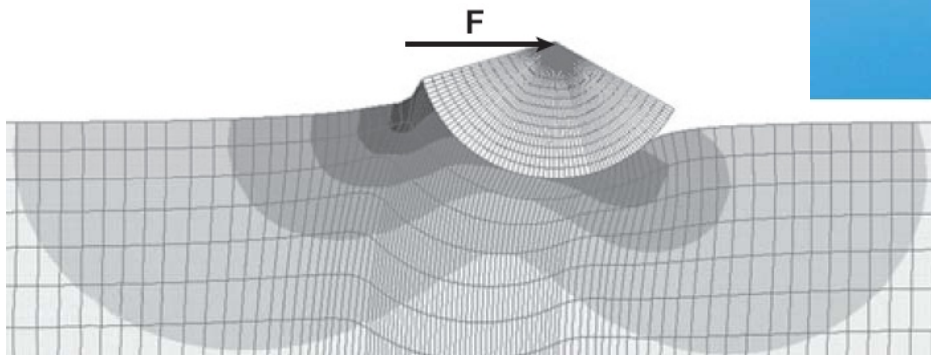
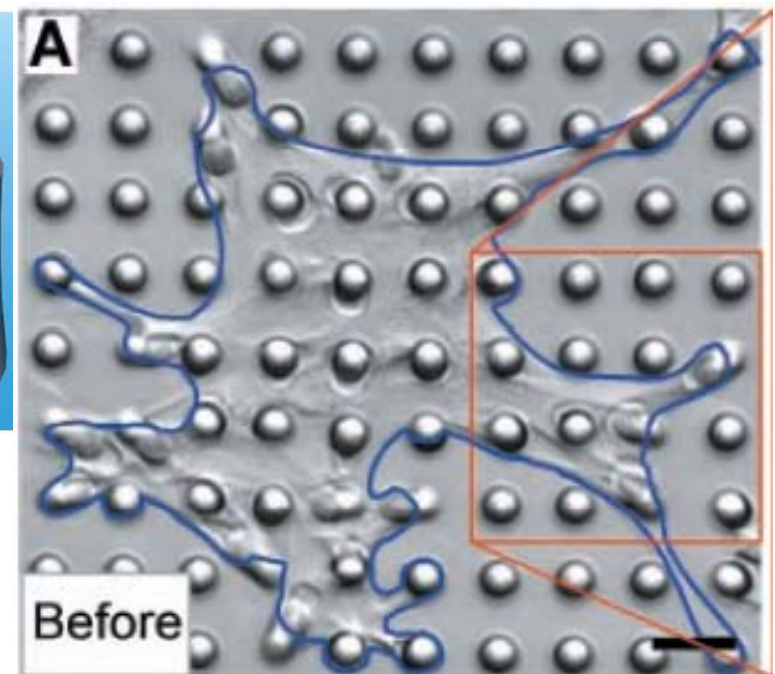


# Biological Machines, Cell Mechanics and Nanotechnology



王歐力 副教授  
Oliver I. Wagner, PhD  
Associate Professor

National Tsing Hua University  
Institute of Molecular & Cellular Biology  
College of Life Science



## Overlapping and merging subject matter, focus and expertise in biology

BIOLOGY: Zoology, Botany, Ecology, Microbiology...



**Biochemistry**: Chemical reactions in the cell, structure of proteins...

**Biophysics**: Physical forces acting on organelles or macromolecules...

Biomedical **Engineering**: Tissue engineering, artificial implants...

Biomechanics: Physical properties of cells and tissues...

Bionanotechnology: Biochip design, lab-on-a chip...

**Biobusiness** (Bioindustry)

.

.

.

... and more

People who should be interested in these important fields are:

- Engineers
- Material Scientist
- Chemists
- Physicist
- Involved in Biobusiness

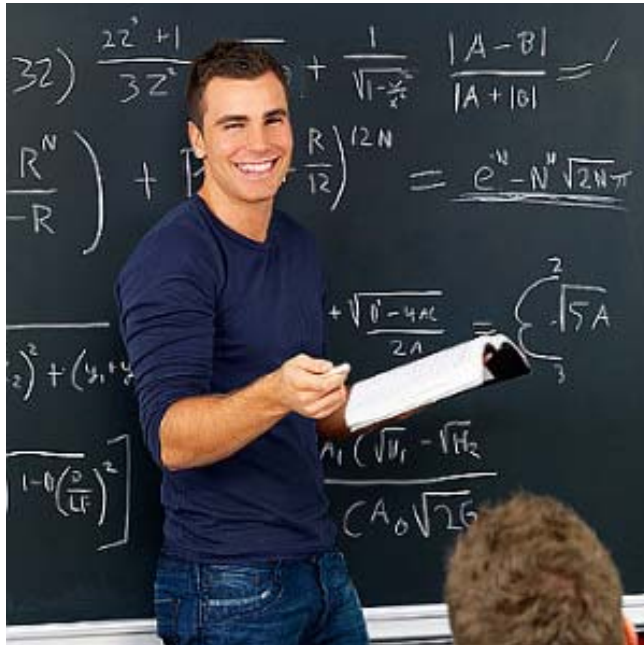
Life Science Students  
in Biology Class



Non-Life Science Students  
in Biology Class



Teacher in class with  
“awake” students



Awake students =  
good and fun teaching

Teacher in class with  
“absent-minded” students



Absent minded students =  
bad and boring teaching



## Regulation

-2 points deduction **for me** if:

I am teaching bad. My slides are bad. My lecture is boring.

-2 points deduction **for you** if:

- Sleeping
- Doing homework
- Playing with **cell phones** or laptop
- Talking to neighbor
- Do not come to class
- LEAVE THE CLASS AFTER THE FIRST HOUR

Which classes do we offer and which one have you chosen?

1

**Wednesday class**

10020LS 110301 Introduction to Life Science 生命科學導論

➡ Textbook-based class! Requires *little* biology background

2

**Thursday class**

10020LS 110302 Introduction to Life Science 生命科學導論

➡ Journal-based class! Requires *more* biology background  
(for example, Biology classes at senior high school)

What does Journal-based mean?

- Discussing articles from “Scientific American Chinese Edition”
- Discussing articles from Scientific Journals as Nature, Science etc.

➡ You have to download the reading material offered by the teachers from the e-learning system. And..... READ THEM!

# Syllabus

Week	Date	Topic	Instructor
1	2/23	Engineering Aspects of the Cell	王歐力
2	3/01	Biological Machine, Cell Mechanics and Nanotechnology	王歐力
3	3/08	Non-biological Machines and Bio-Nanotechnology	王歐力
4	3/15	Quiz I	
5	3/22	Tsing Hua Legends Cell	潘榮隆
6	3/29	Magic Biotech (I) : From DNA to cloning	潘榮隆
7	4/05	Magic Biotech (II) : Cloning 、Molecular farm	潘榮隆
8	4/12	Sweet story: Glycolysis 、Diabetics	潘榮隆
9	4/19	Quiz II	
10	4/26	Cancer and cell cycle	桑自剛
11	5/03	Aging-related disease I: Alzheimer and Parkinson	桑自剛
12	5/10	One Liter of Tears: Rare neurological disorders	桑自剛
13	5/17	Quiz III	
14	5/24	Human genetics I: Introduction, genotyping methods, and applications	李宜靜
15	5/31	Human genetics II: Human evolution and migration	李宜靜
16	6/07	Human genetics III: Genetic diseases and pharmacogenomics	李宜靜
17	6/14	Quiz IV	
18	6/21	Class suspended	

**English**

**30 min review in Chinese by TA**

**Chinese**

**Chinese**

**Chinese**

## The cell as a material

Karen E Kasza, Amy C Rowat, Jiayu Liu, Thomas E Angelini, Clifford P Brangwynne, Gijsje H Koenderink and David A Weitz

To elucidate the dynamic and functional role of a cell within the tissue it belongs to, it is essential to understand its material properties. The cell is a viscoelastic material with highly unusual properties. Measurements of the mechanical behavior of cells are beginning to probe the contribution of constituent components to cell mechanics. Reconstituted cytoskeletal protein networks have been shown to mimic many aspects of the mechanical properties of cells, providing new insight into the origin of cellular behavior. These networks are highly nonlinear, with an elastic modulus that depends sensitively on applied stress. Theories can account for some of the measured properties, but a complete model remains elusive.

**Addresses**  
Department of Physics & DEAS, Harvard University, Cambridge, MA 02138 USA

Corresponding author: Weitz, David A (weitz@deas.harvard.edu)

Current Opinion in Cell Biology 2007, 19:101–107

This review comes from a themed issue on Cell structure and dynamics Edited by Daniel P Kehring and Kerry Bloom

Available online 15th December 2006

0955-0674/\$ – see front matter © 2006 Elsevier Ltd. All rights reserved.

DOI 10.1016/j.cceb.2006.12.002

### Introduction

Cells are highly dynamic: they crawl, change shape and divide. In many critical biological processes, cells both exert and respond to forces in their surroundings; the mechanical properties of the cell are intimately related to this behavior. Cells also continually remodel their internal structure and thereby change their mechanical properties. An integrated understanding of cell structure and mechanics is thus essential for elucidating many fundamental aspects of cell behavior, from motility to differentiation and development. Here we focus on the mechanical properties of cells and review recent developments in our understanding of the cell as a material.

A variety of experimental techniques show that cells have both elastic and viscous characteristics, and thus are viscoelastic materials; their stiffness is similar to Jello, but they continue to slowly deform under a steady stress (Figure 1a). Unlike most conventional materials, cells are highly nonlinear; their elastic modulus depends on the

degree of applied or internal stress (Figure 2) [1\*\*]. Moreover, their elastic behavior depends on the mechanical properties of their environment [2].

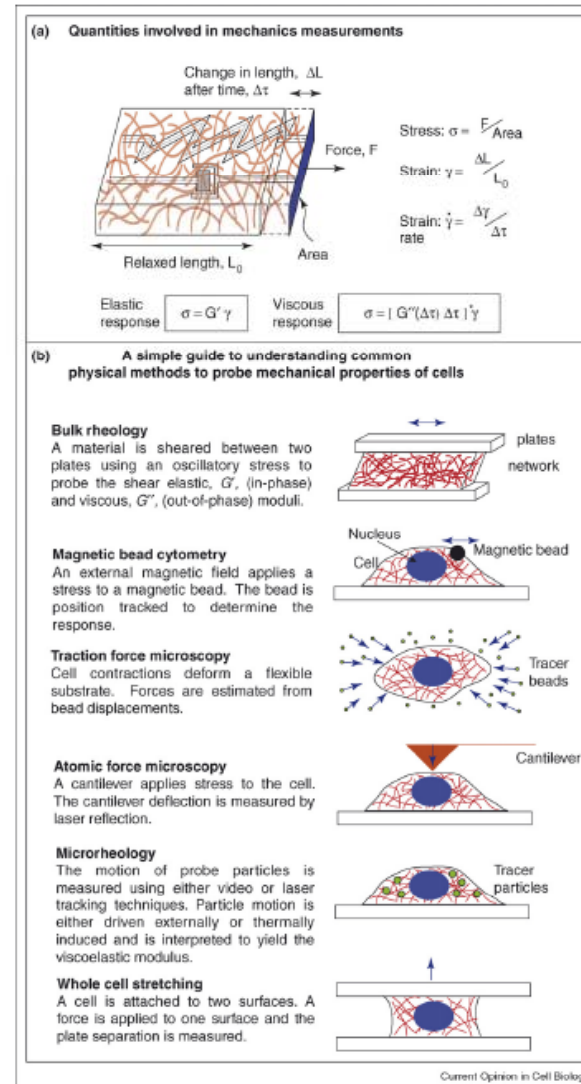
The mechanical properties of the cell are largely determined by the cytoskeleton, a biopolymer network consisting of three major components: filamentous actin (F-actin), intermediate filaments and microtubules (Figure 3a). In addition, a myriad of filament crosslinker, motor and regulatory proteins play a critical role in cytoskeletal structure and dynamics and hence in the mechanical properties of the cytoskeleton. The cytoskeleton is a complex, heterogeneous and dynamic structure, which makes the study of its properties extremely difficult. The two major approaches to this problem are *in vitro* studies of model networks designed to mimic the properties of individual components of the cytoskeleton, and studies of the mechanical properties of cells themselves.

### Reconstituted cytoskeletal networks

A major advantage of reconstituted networks is that their viscoelastic properties can be probed by traditional engineering approaches [3\*], as well as by more sophisticated optical methods; by measuring the time-dependent response to an imposed stress or strain, both the elastic and viscous properties can be determined. Networks of F-actin are among the most widely studied reconstituted systems. As with the other cytoskeletal filaments, F-actin is a semi-flexible polymer, neither completely flexible, like more traditional synthetic polymers, nor perfectly rigid. Instead, the filaments are soft enough to have some thermally induced shape fluctuations that play an important role in their elasticity. The effects of thermal fluctuations are particularly apparent in the network elasticity at the shortest timescales, leading to a characteristic time dependence [4]; the same behavior was also recently observed in cells [5\*\*,6\*]. Other recent measurements of F-actin networks demonstrate the important role of filament length [7] and additional relaxation mechanisms specific to semi-flexible filaments [8]. While earlier studies elucidate the behavior of solutions of entangled F-actin alone, current efforts focus primarily on the effects of crosslinking proteins and other actin-binding proteins (Figure 3b). The elasticity of the resultant crosslinked networks has a different physical origin, and can depend sensitively on both actin and crosslinker concentration [9–11,12\*\*,13\*]. Studies of crosslinked networks are likely to remain an area of active investigation.

The semi-flexible nature of the filaments constituting these networks is particularly important under increasing

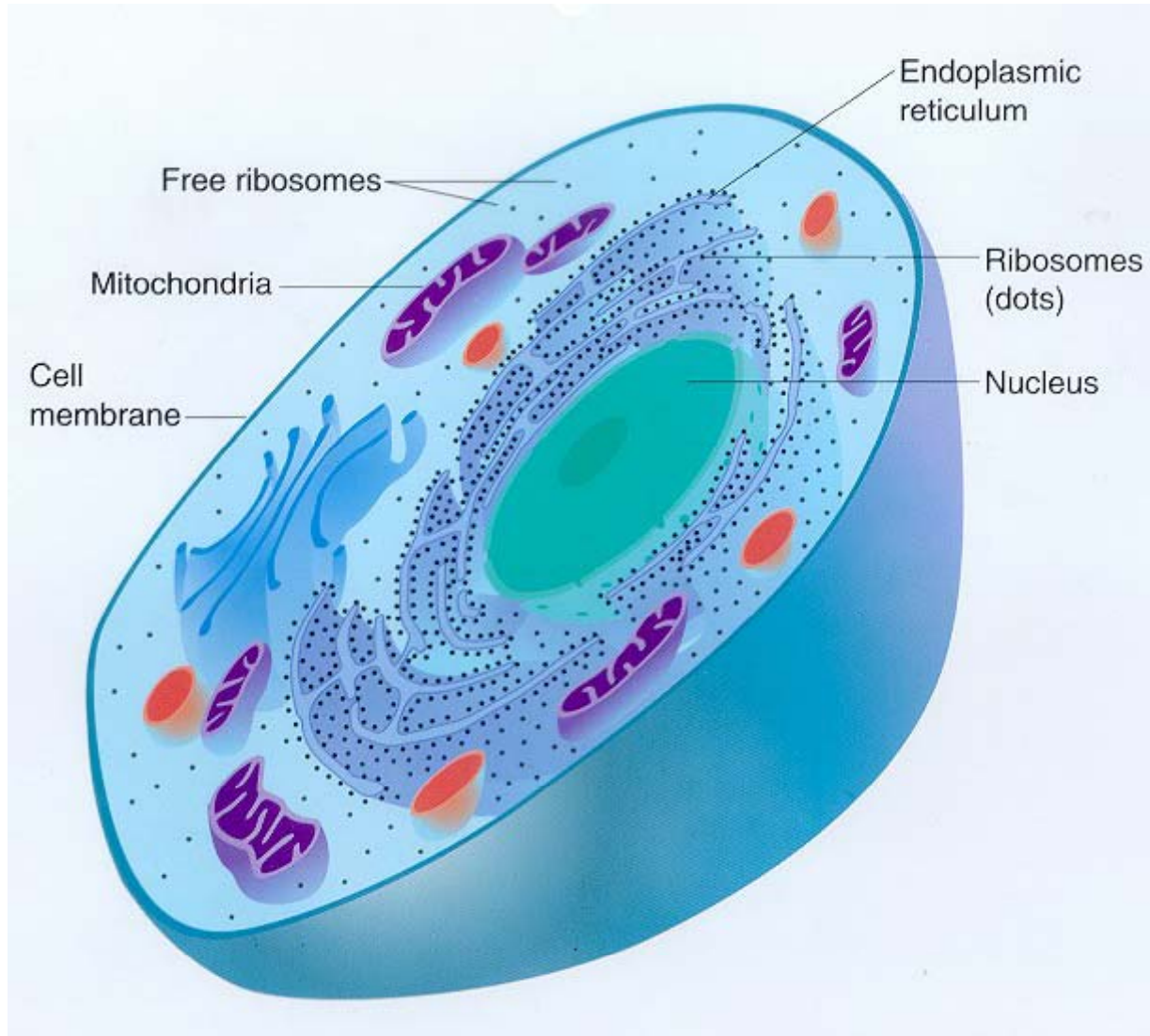
Figure 1



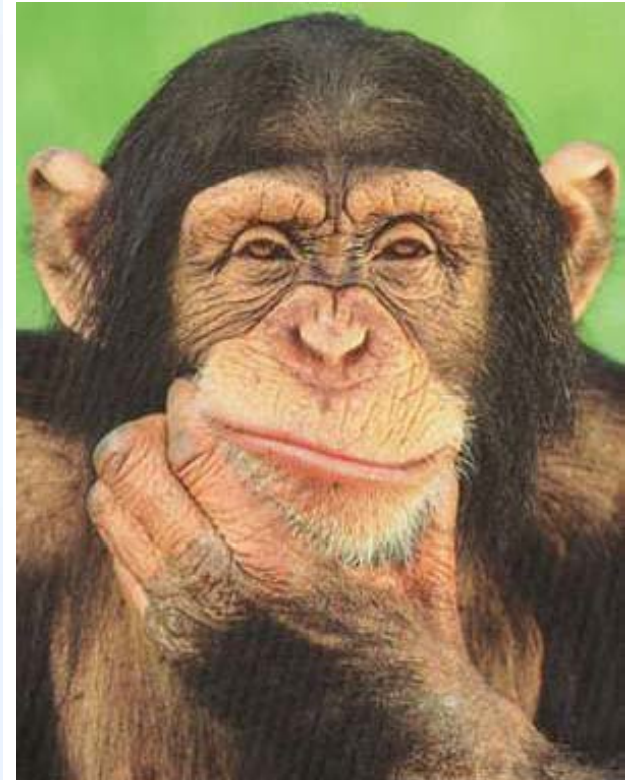
Mechanics of biopolymer networks and cells. (a) Quantities involved in mechanics measurements. Many materials have both elastic and viscous properties. The elasticity of biopolymer networks makes them resist deformation like a simple spring (grey, upper) for which the energy of deformation is stored in the material regardless of time; to quantify this we measure an elastic modulus,  $G'$ , which is analogous to a spring constant. The viscosity of



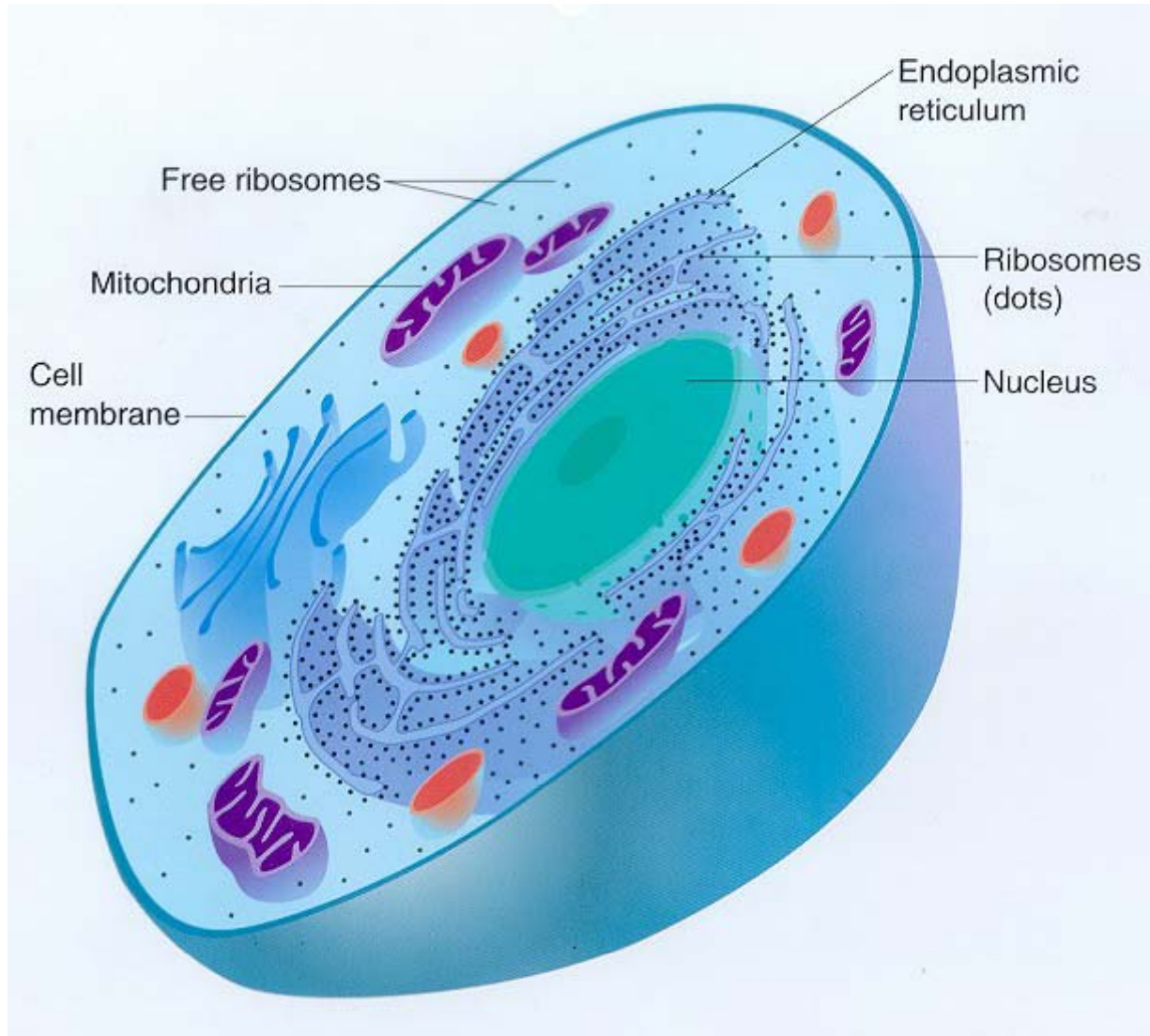
# The eukaryotic cell



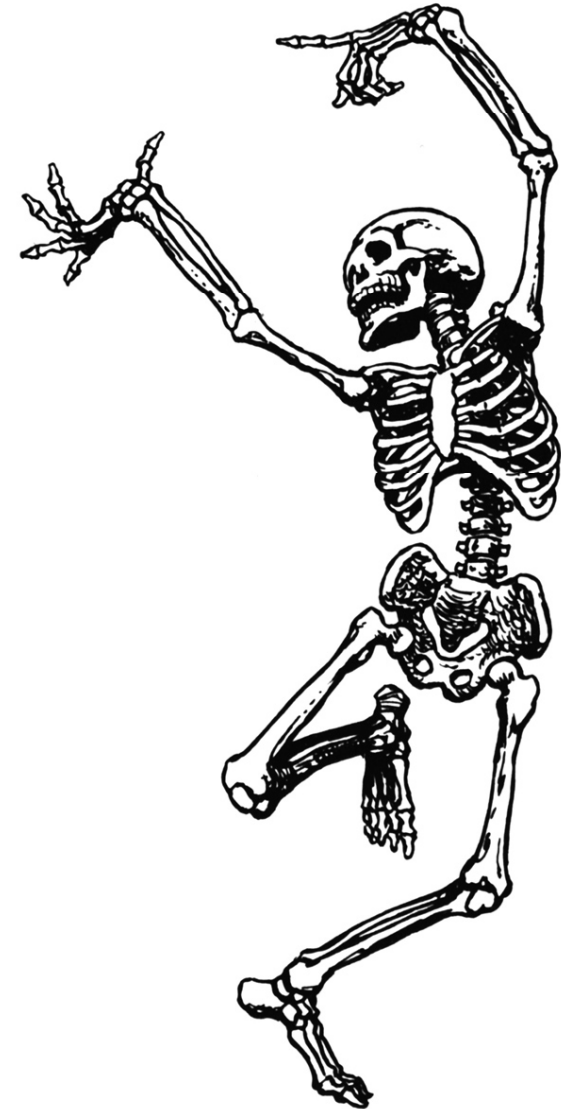
Um... something is missing?



# The eukaryotic cell

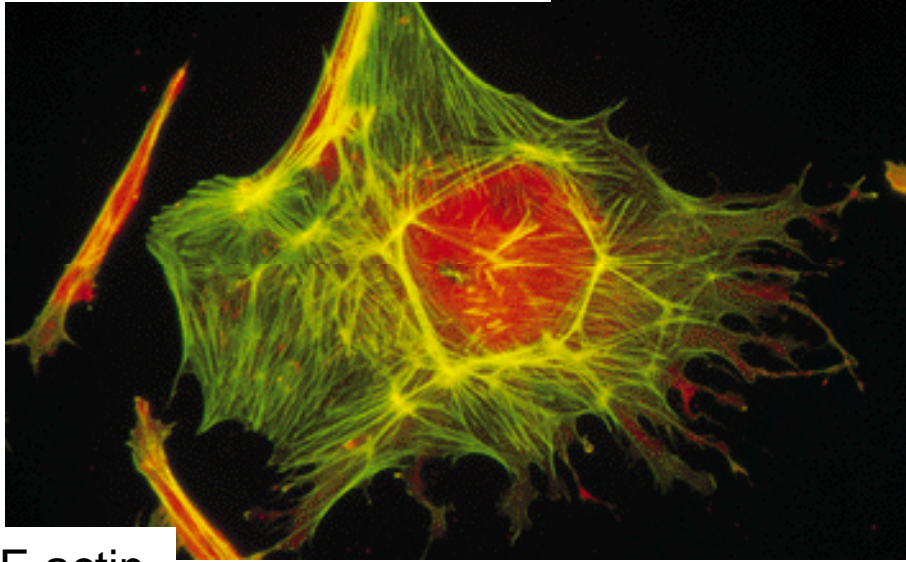


# A skeleton!

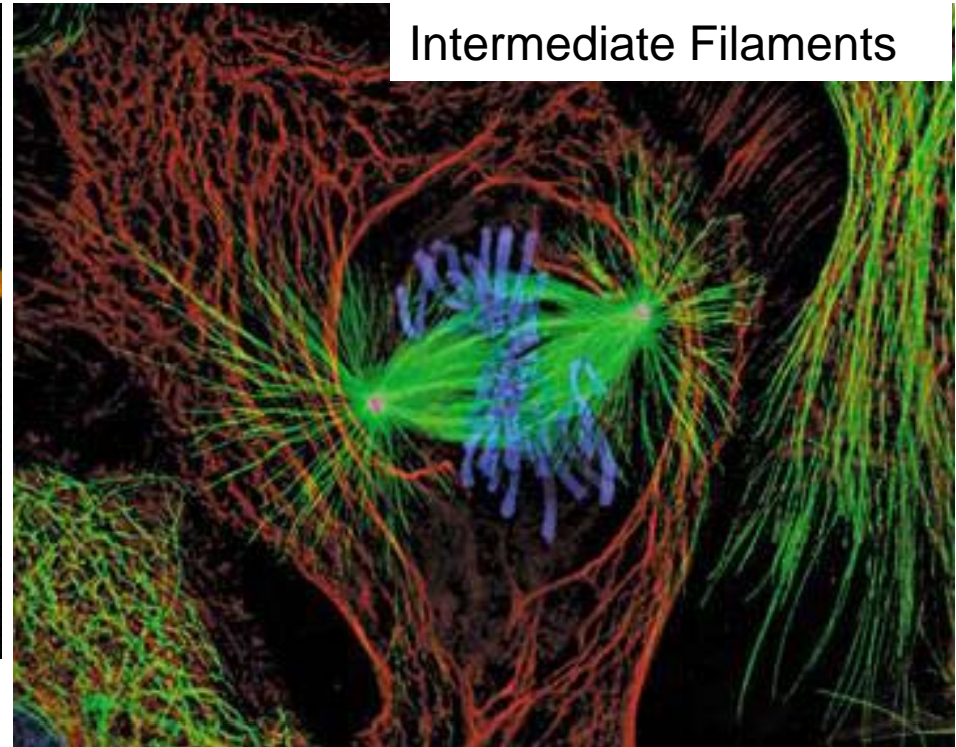




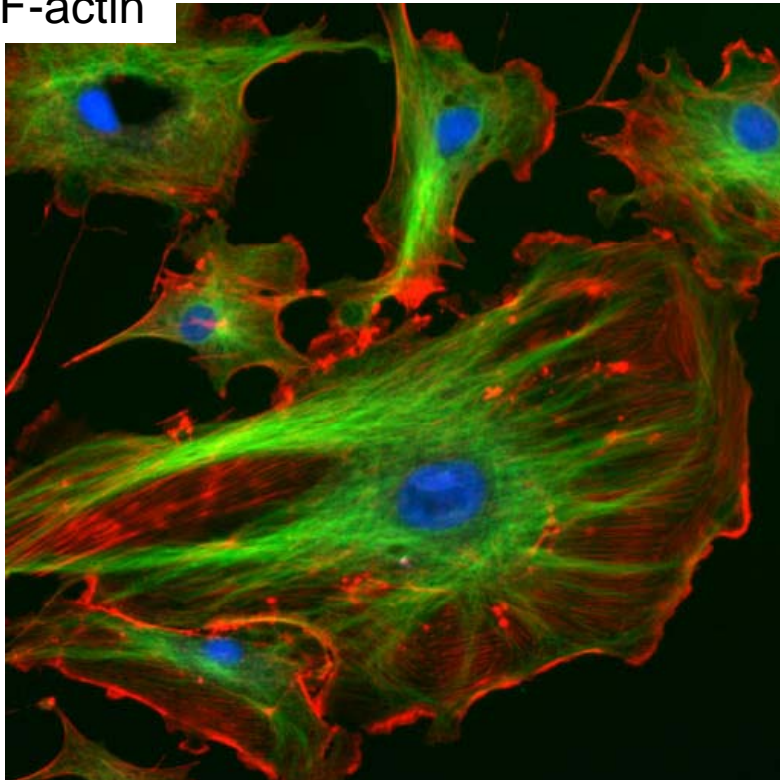
# The **Cy**toskeleton!



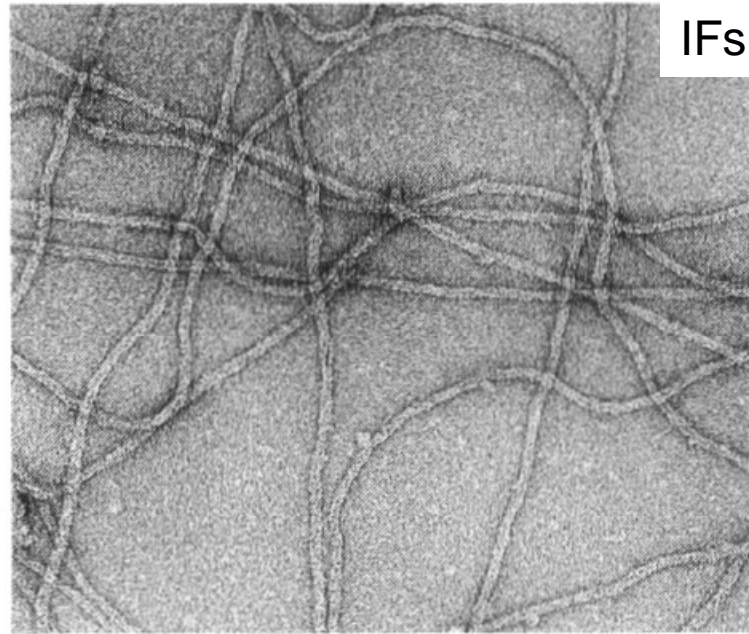
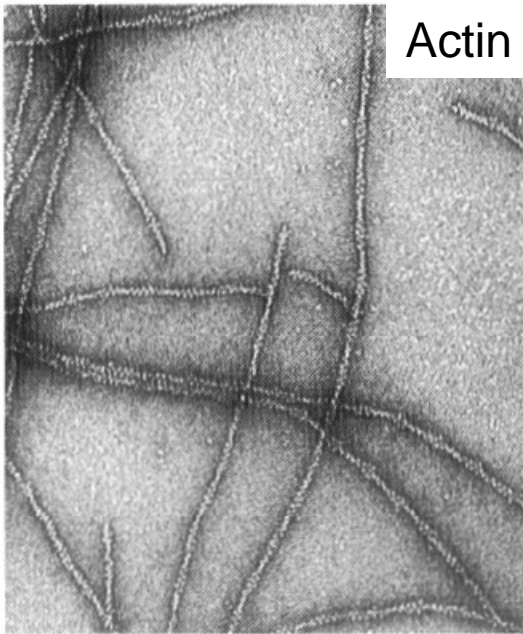
F-actin



Intermediate Filaments

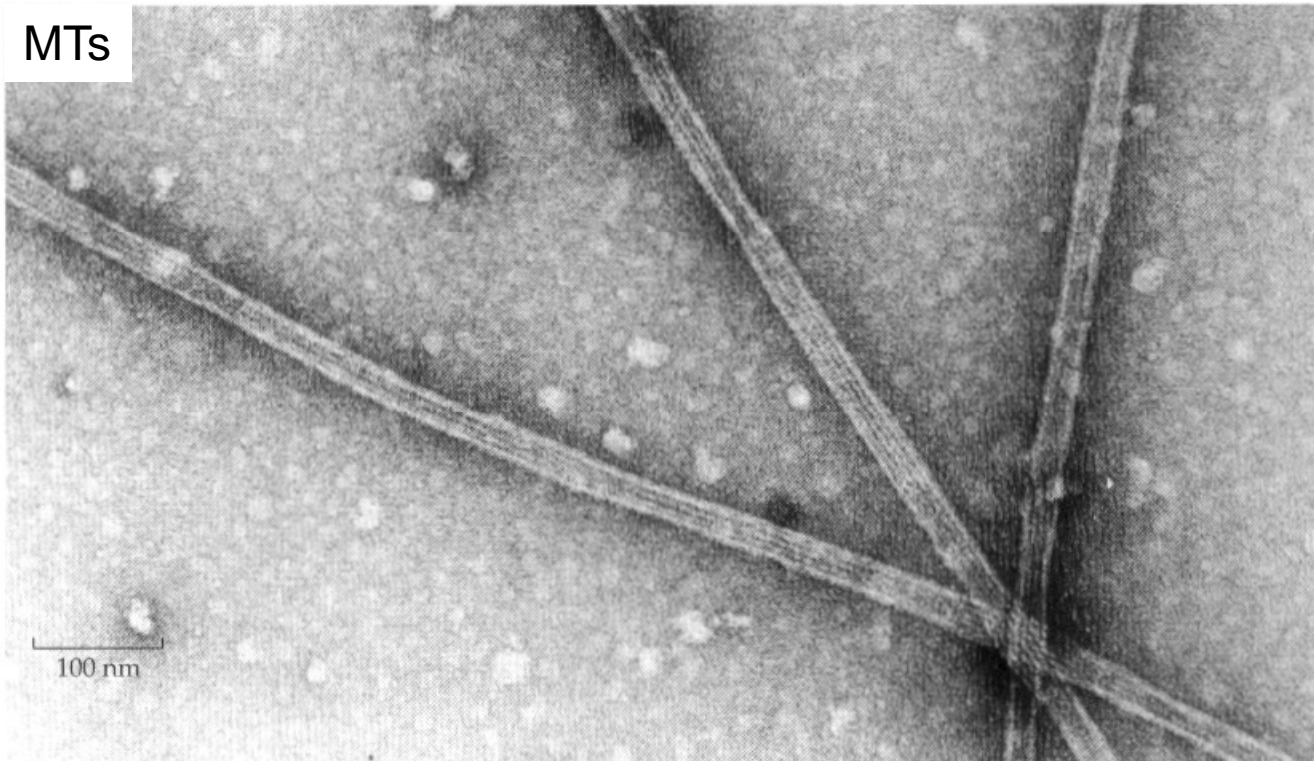


Microtubules



Cyto = "Cell"  
Cytoskeleton =  
"Skeleton of the cell"

Here:  
Electron microscopy  
images of cytoskeletal  
elements (fibers/  
filaments) drawn to scale



Howard, Mechanics of Motor Proteins,  
1<sup>st</sup> Ed.

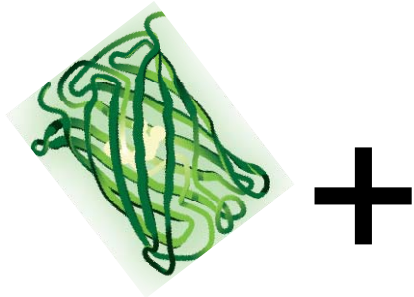


# What is GFP?

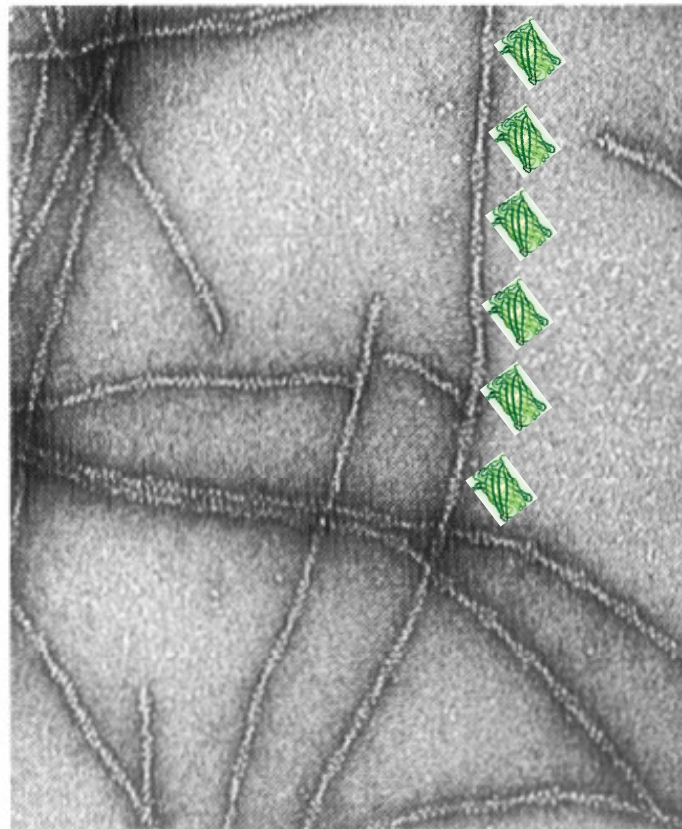
Single protein



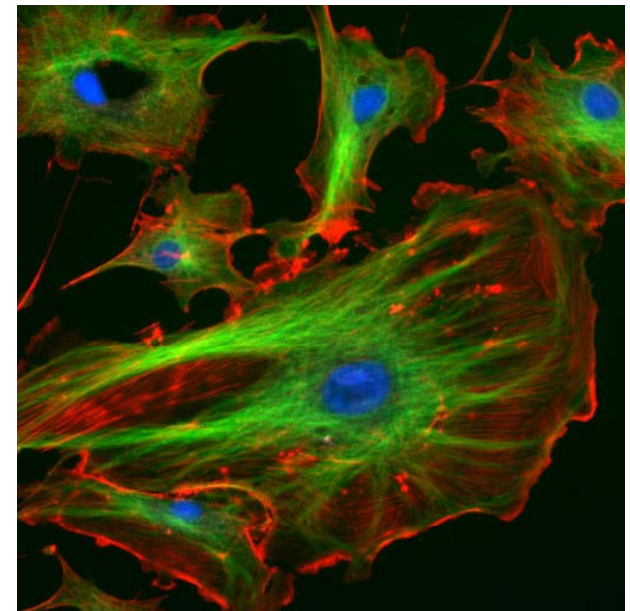
Green fluorescent protein isolated from jellyfish  
*Aequorea victoria*



+



=





## The Nobel Prize in Chemistry 2008

"for the discovery and development of the green fluorescent protein, GFP"

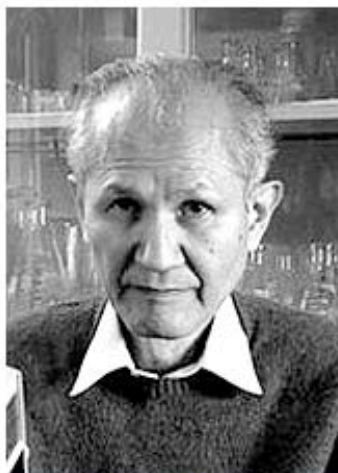


Photo: J. Henriksson/SCANPIX

**Osamu Shimomura**

🕒 1/3 of the prize

USA

Marine Biological  
Laboratory (MBL)  
Woods Hole, MA, USA

b. 1928



Photo: J. Henriksson/SCANPIX

**Martin Chalfie**

🕒 1/3 of the prize

USA

Columbia University  
New York, NY, USA

b. 1947



Photo: UCSD

**Roger Y. Tsien**

🕒 1/3 of the prize

USA

University of California  
San Diego, CA, USA

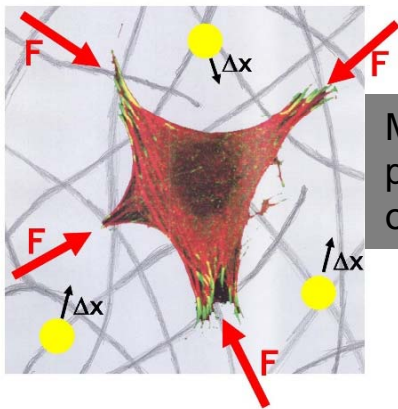
b. 1952

Titles, data and places given above refer to the time of the award.

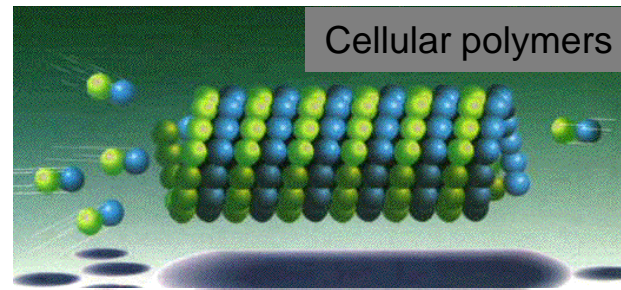


# Why do I think it is important to teach you about the cytoskeleton?

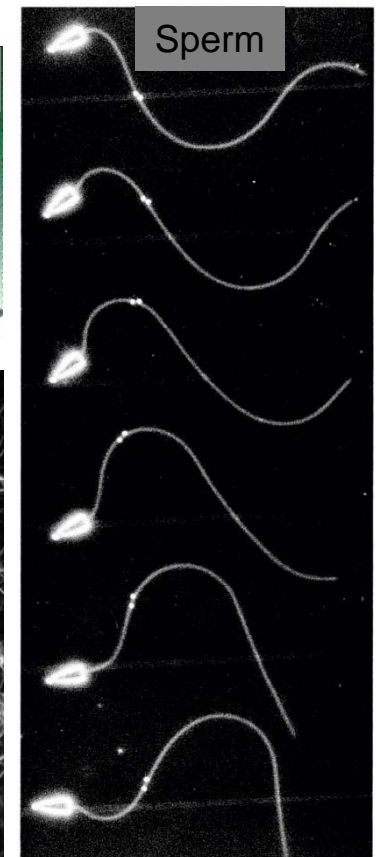
- It is related to **polymer science** => interesting to Chemists and Material Scientists
- It is related to **mechanics** => interesting to Physicists and Engineers
- The cytoskeleton **enables cells to move** => interesting to know why:
  - cancer cells move so fast (tumor migration/metastasis)
  - how sperm cells can move and find their target egg
  - how neurons grow so long and make networks in the brain (learning/memory)
- The cytoskeleton is important for **muscle contractions**: we can stand, walk and move things with our hands



Mechanical properties of cells



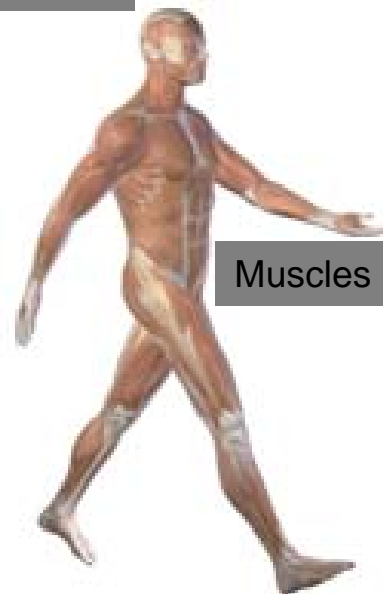
Cellular polymers



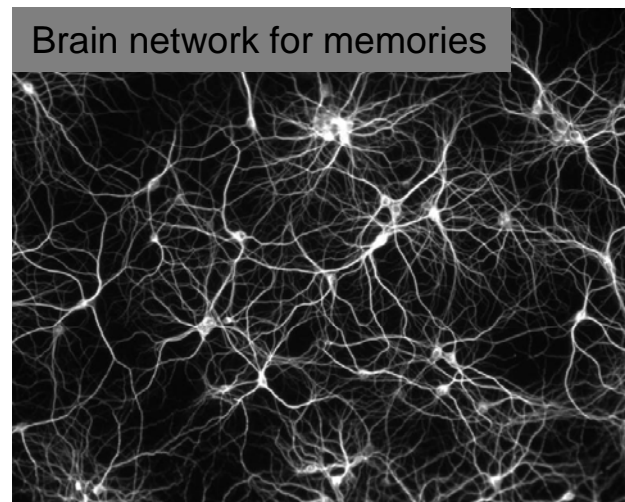
Sperm



Tumor



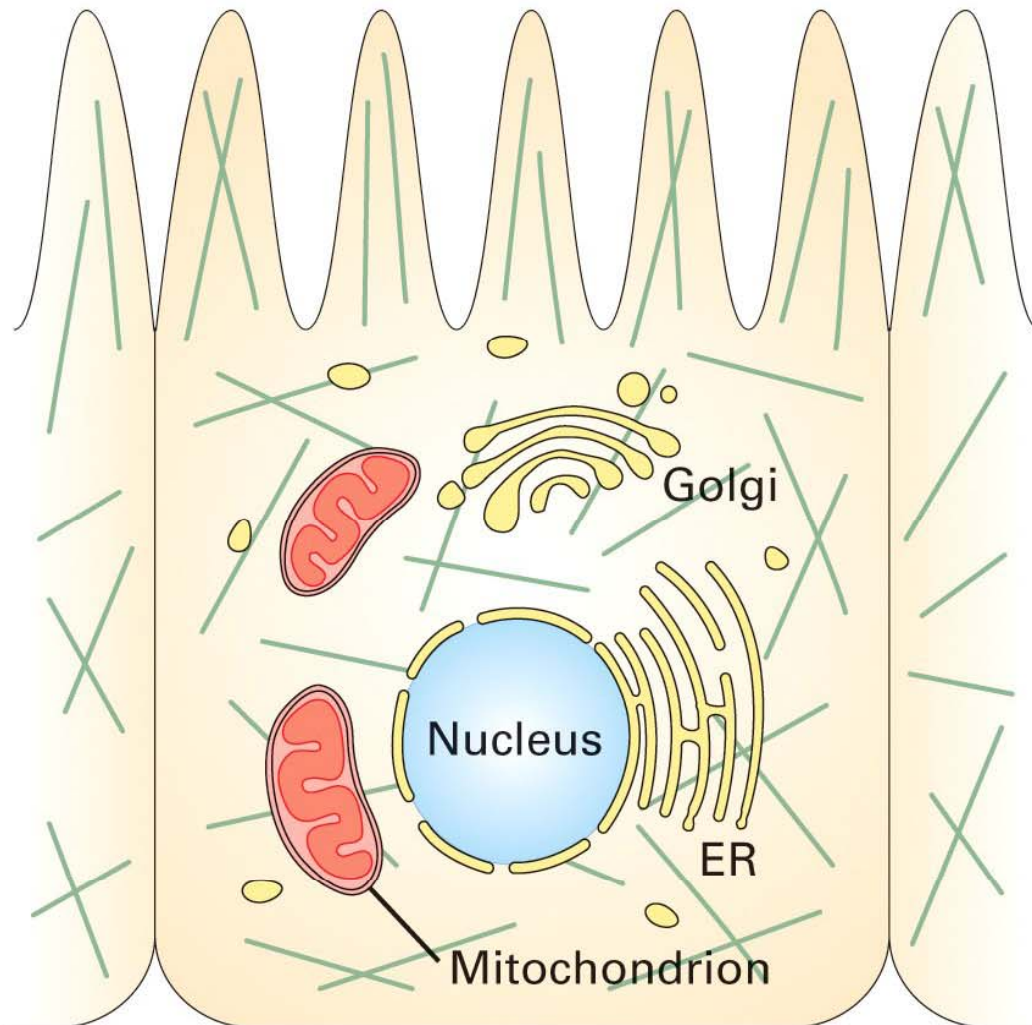
Muscles



Brain network for memories

## Why do we need the Cytoskeleton?

- Important for **cell shape** and **cell stiffness (cell mechanics)**
  - Brings organelles into their correct positions
  - **Highway** for molecular motors
- ⇒ **occupies lots of space!**

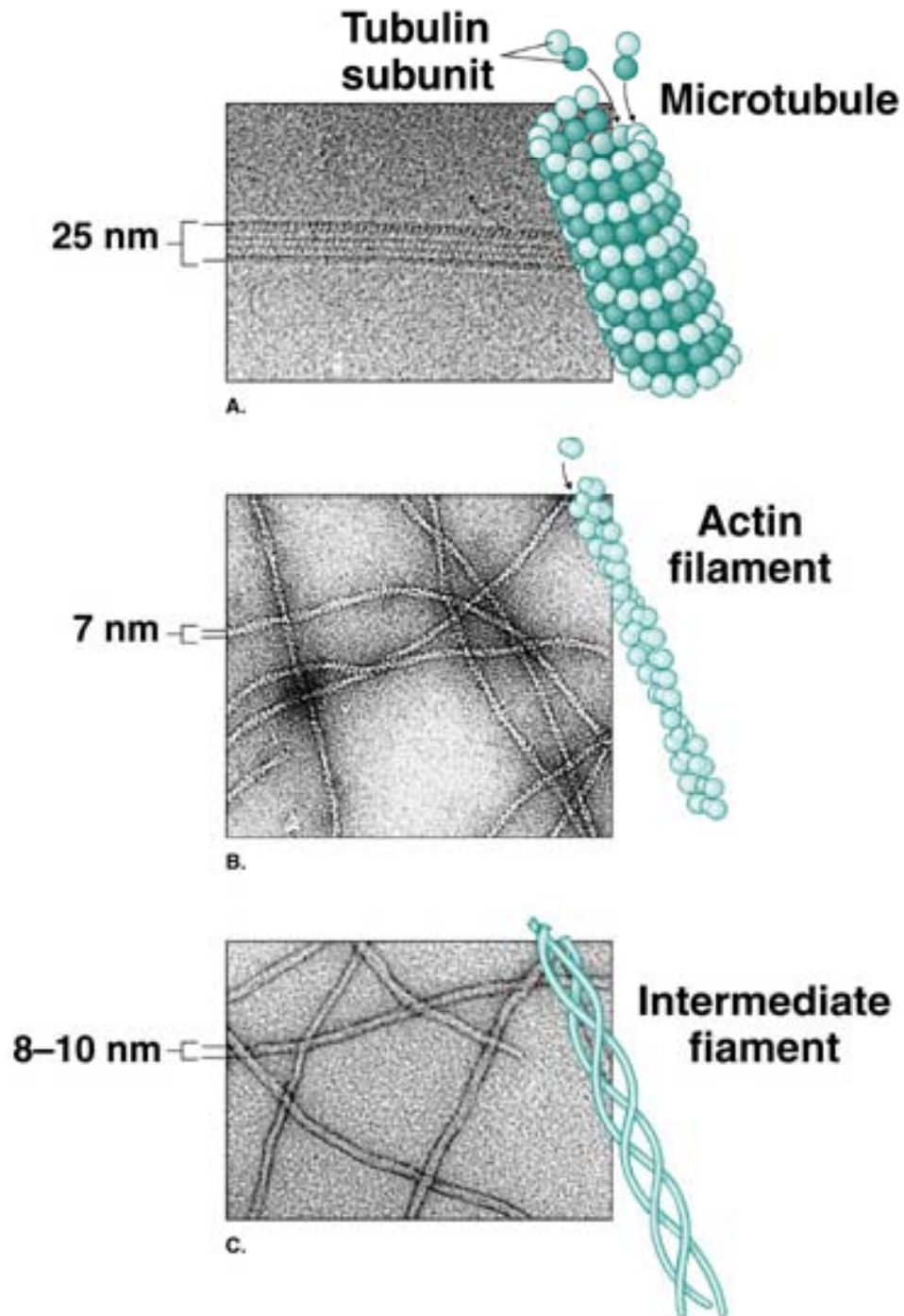


■ Plasma membrane  
(700  $\mu\text{m}^2$ )

■ Internal membranes  
(7000  $\mu\text{m}^2$ )

■ Cytoskeleton  
(94,000  $\mu\text{m}^2$ )





### 3 basic cytoskeletal elements

- Cytoskeleton is composed of **3 types of fibers** which are all polymers built from **globular protein subunits**
- The fibers can be **distinguished** by their **diameter**

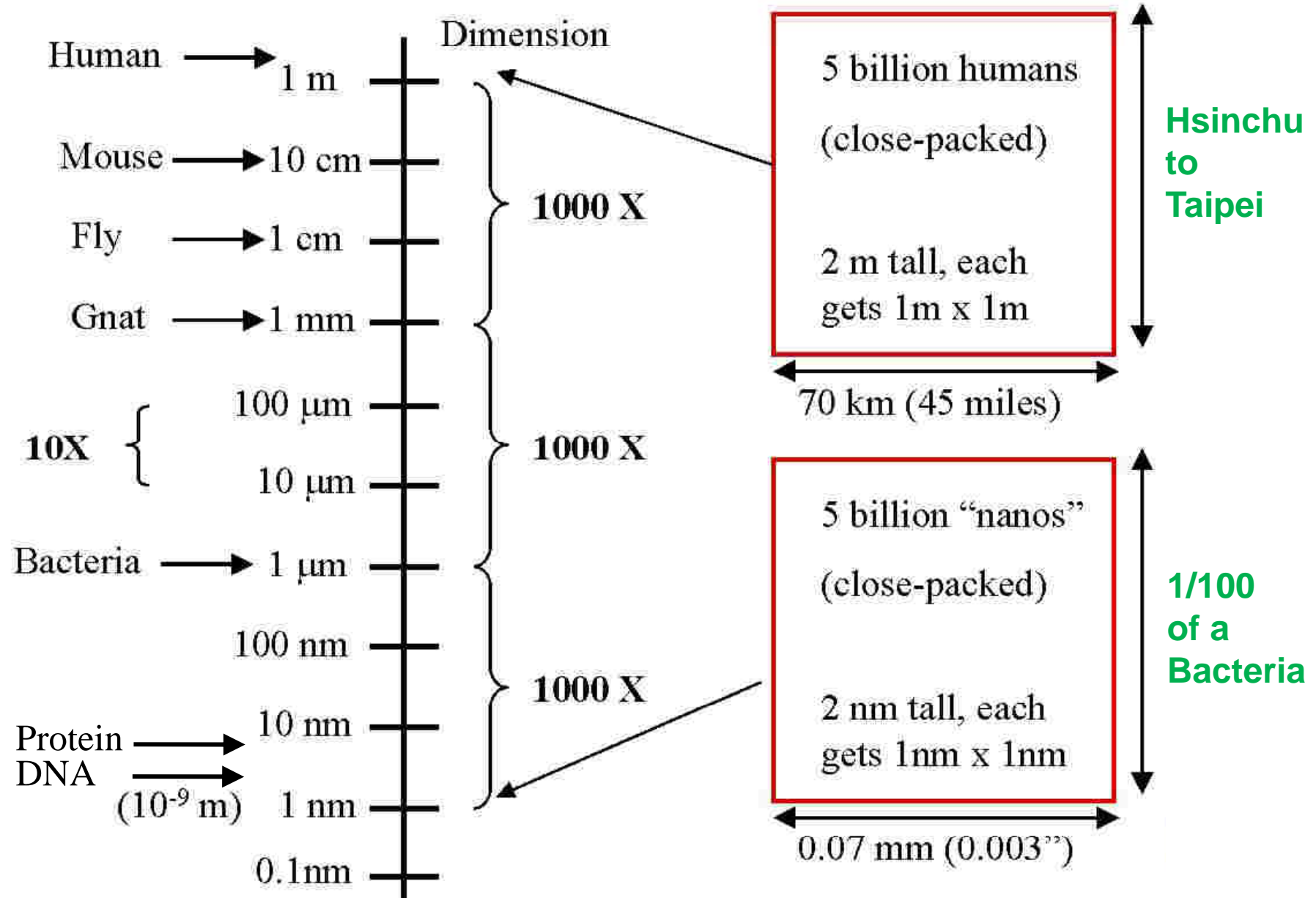
**Actin:** twisted, two-stranded (pearl-string like) structure  
 ⇒ **cell shape** and **highway** for molecular motors (cargo transport)

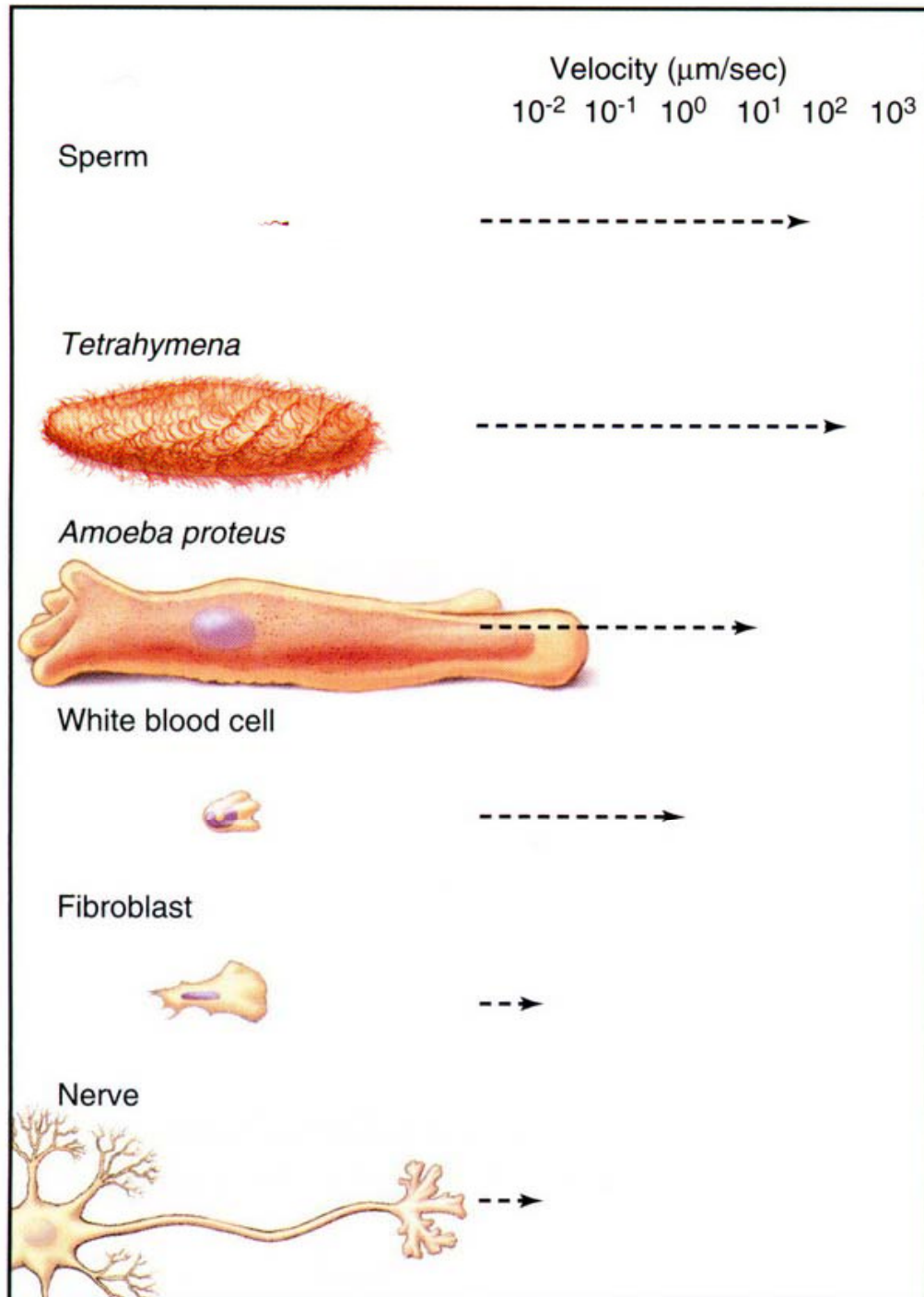
**MT:** hollow cylinder formed by proto-filaments made of tubulin-subunits  
 ⇒ positioning of organelles; form **flagella**; chromosome separation; **highway**

**IFs:** rope-like structure  
 ⇒ cell shape and **cell elasticity**

*Movie*  
 v20-01-microtubules.mov

# What's a Nanometer?



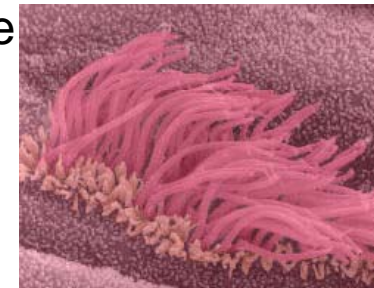


## The cytoskeleton enables cells to move

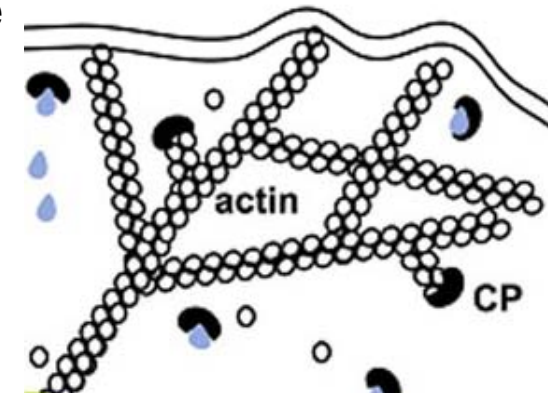
- Microtubuli make **flagella** bend



- Microtubuli make **cilia** waving



- **Actin polymerization** pushes membrane forward



**Movie**

v19-04-keratinocyte.mov

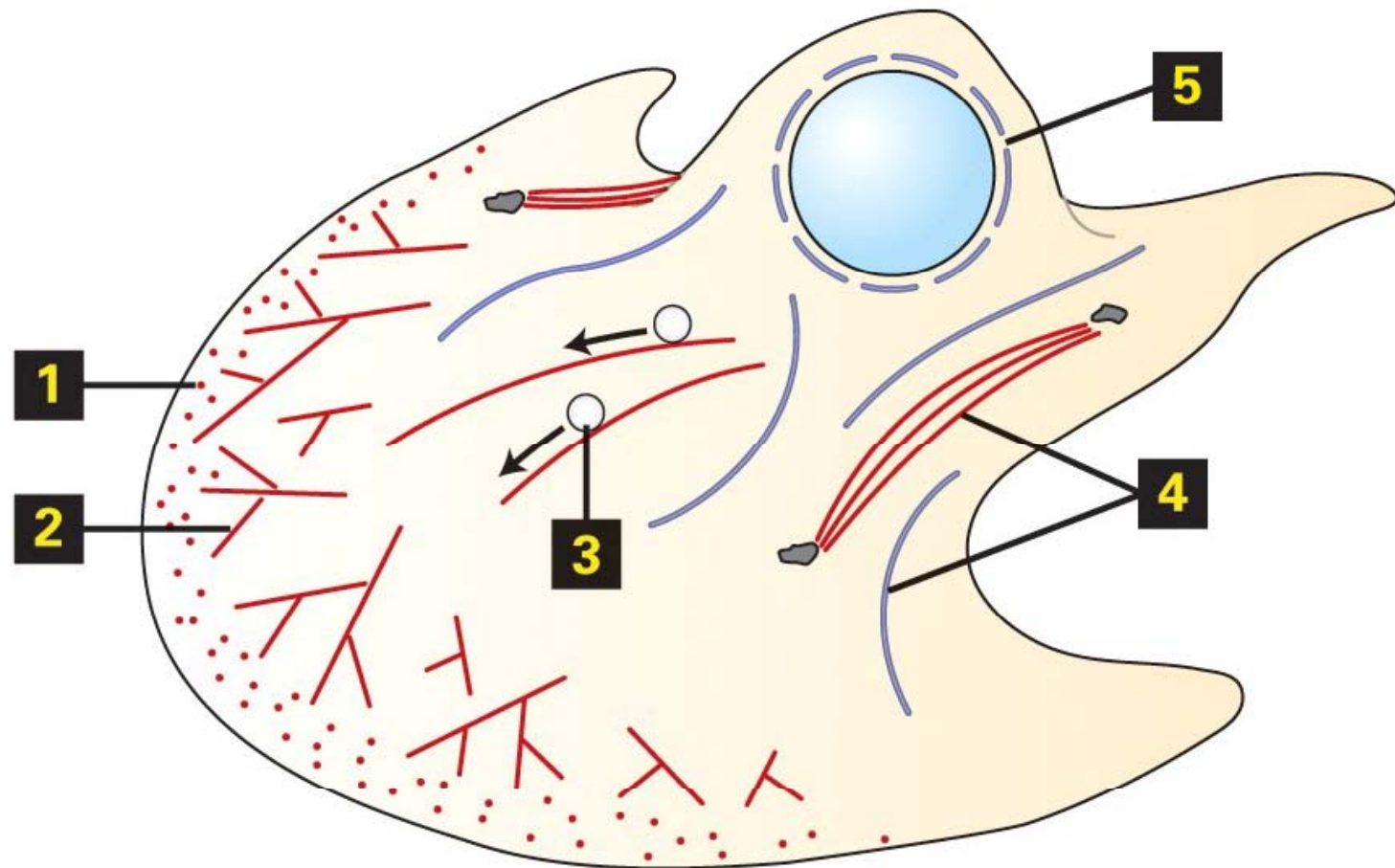
# The cytoskeleton in motile cells

1+2 = **Actin polymerization** pushes the membrane forward

3 = Organelles, vesicles, mitochondria move on actin and microtubule tracks

4 = **Actin** helps to connect cells to substrate (“focal adhesions”)

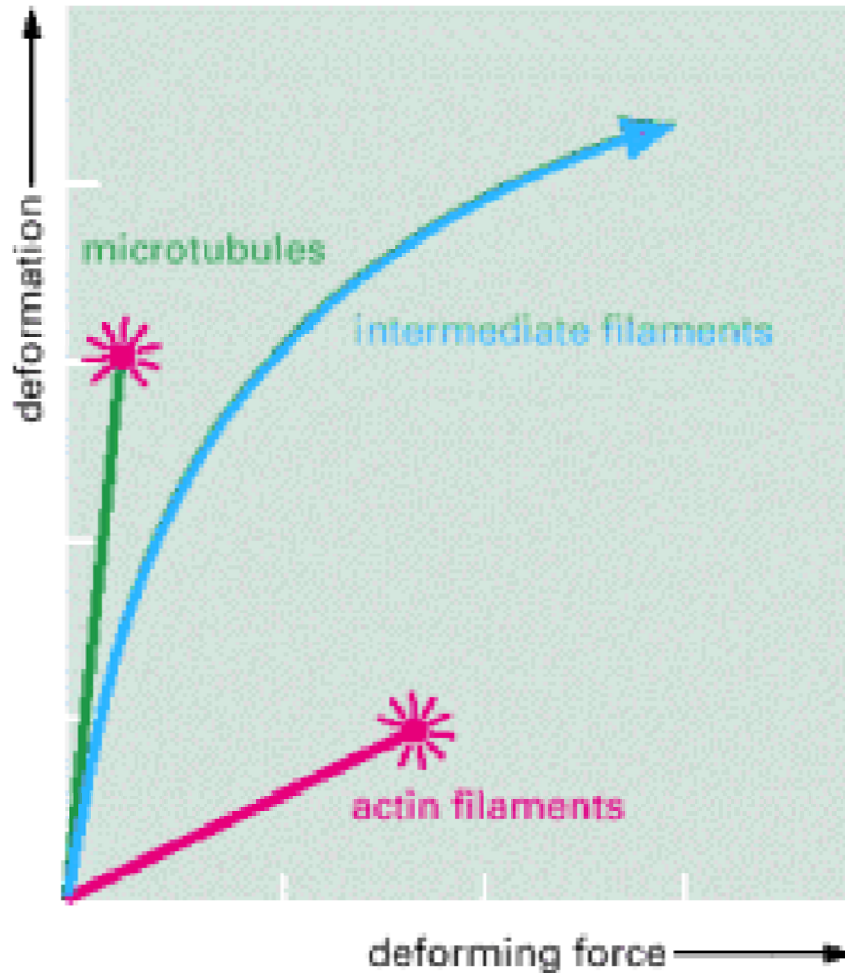
5 = **Intermediate filaments** make a strong shell for the nucleus





# Cytoskeletal fibers also differ in their mechanical properties

Based on their specific structures, the 3 types of cytoskeletal polymers exhibit also different elastic properties

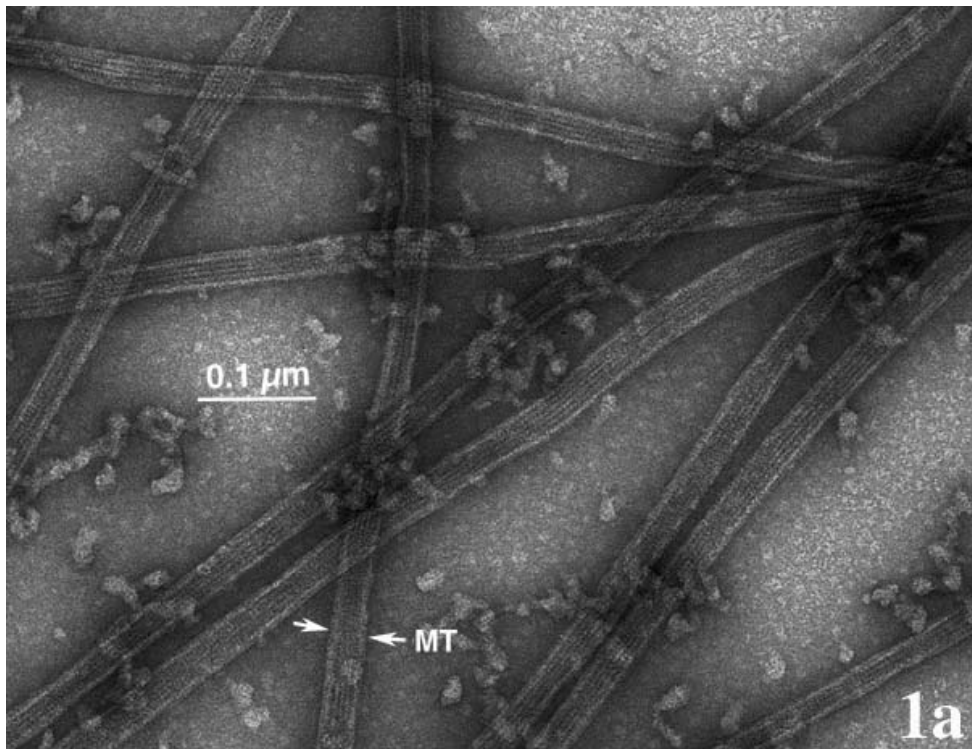
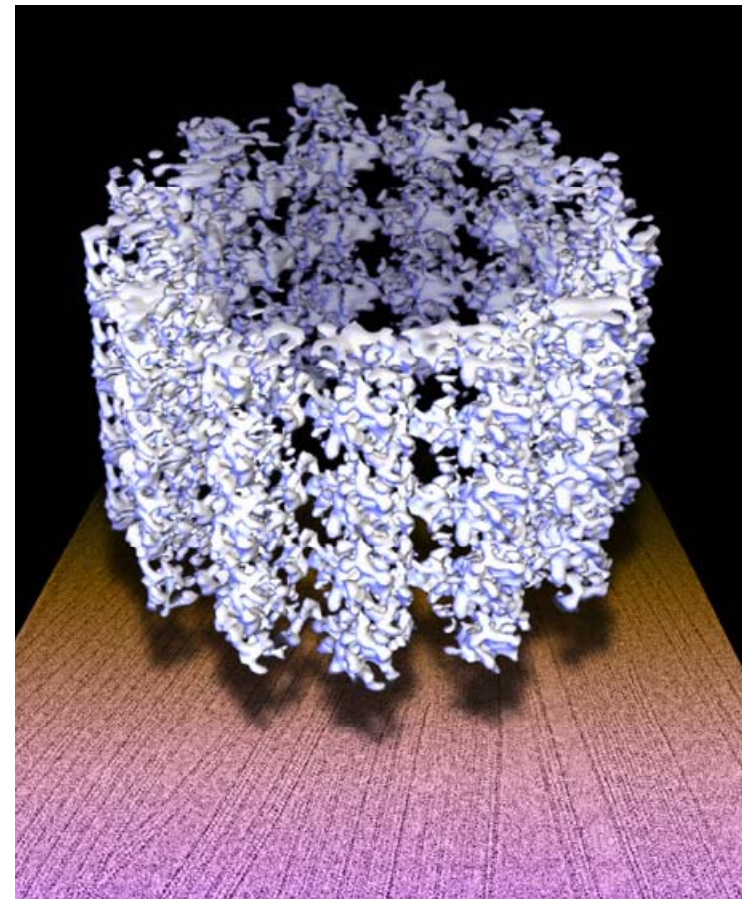
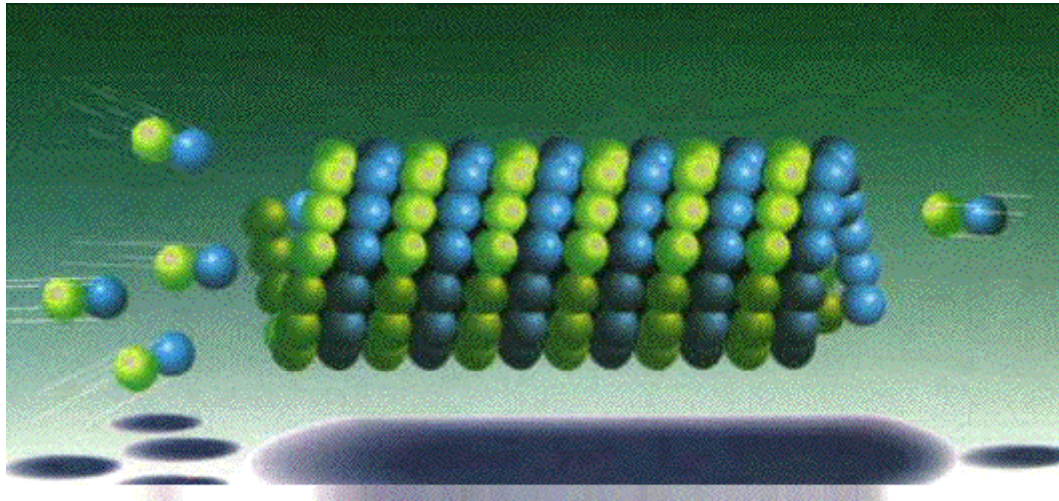


- **Microtubules**, **actin** and **intermediate filaments** (all the same concentrations) were exposed to shear force in a elastometer and the resulting degree of stretch was measured

- With increasing deforming force, microtubules are the first which cannot resist the strain and start to break following actin

- IFs are the most flexible filaments which resist large deformations

# Microtubules

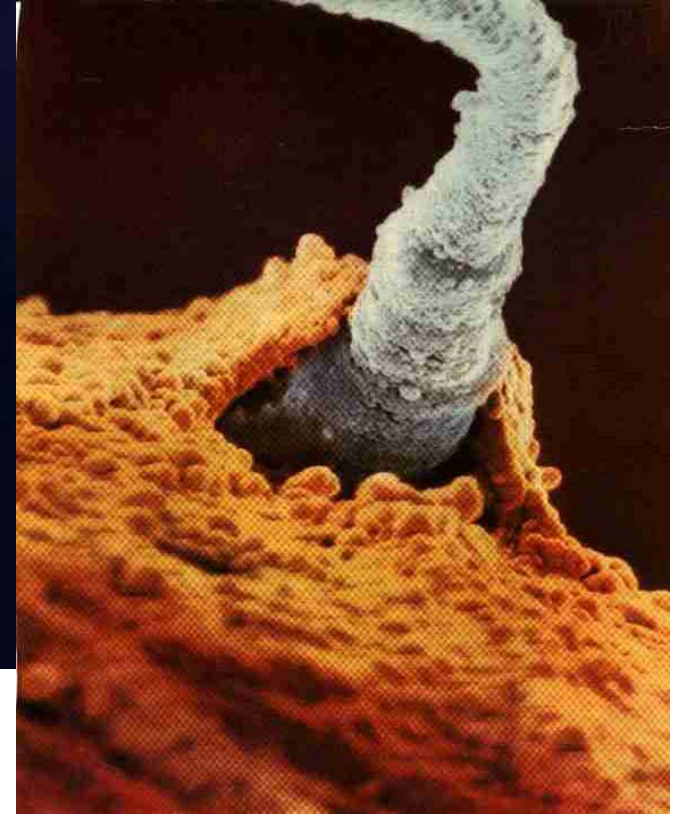
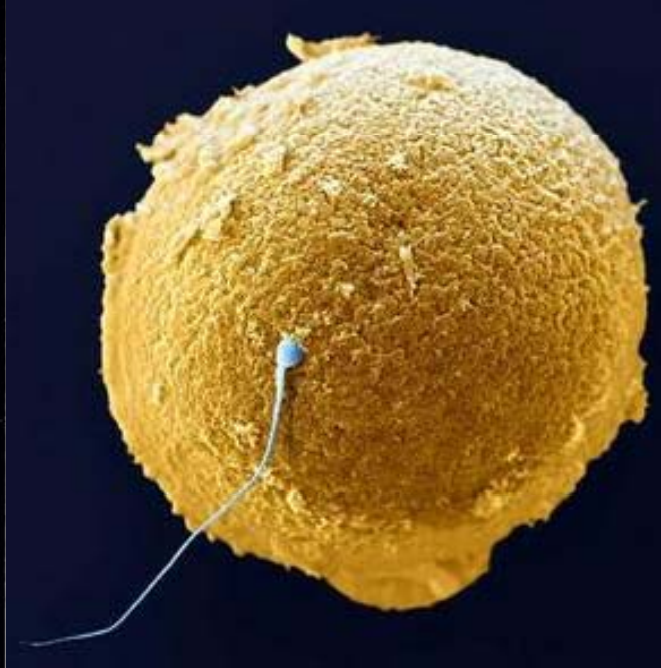
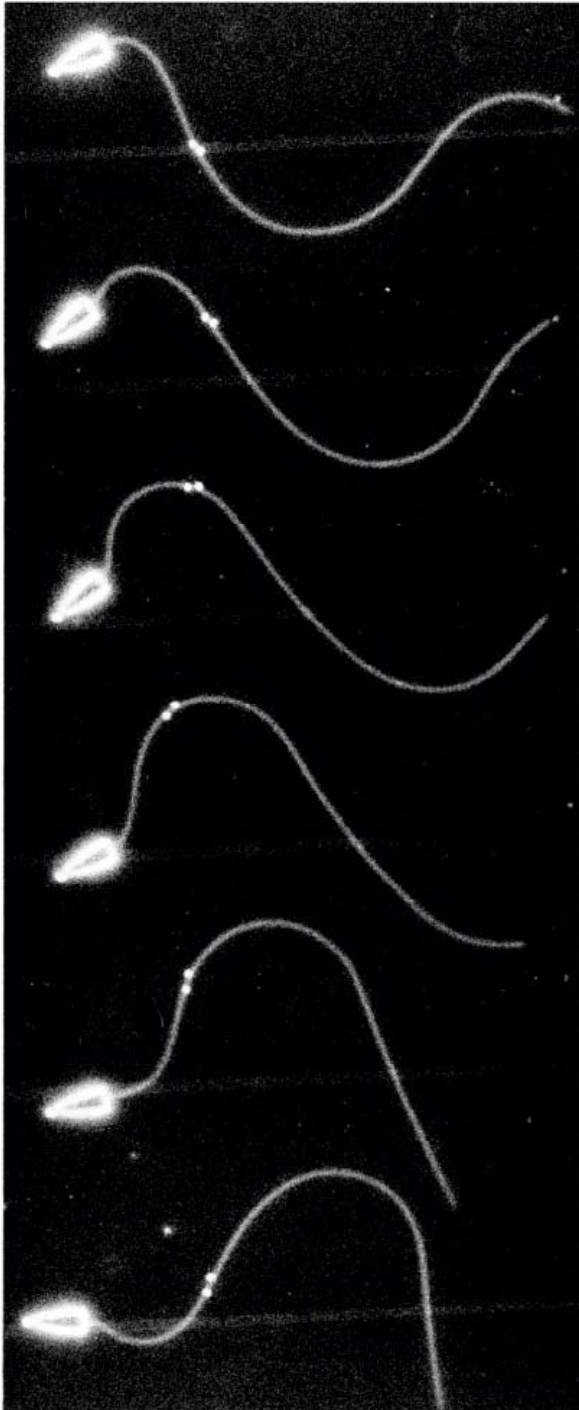


MTs are composed of tubulin dimers  
MT diameter = 25 nm

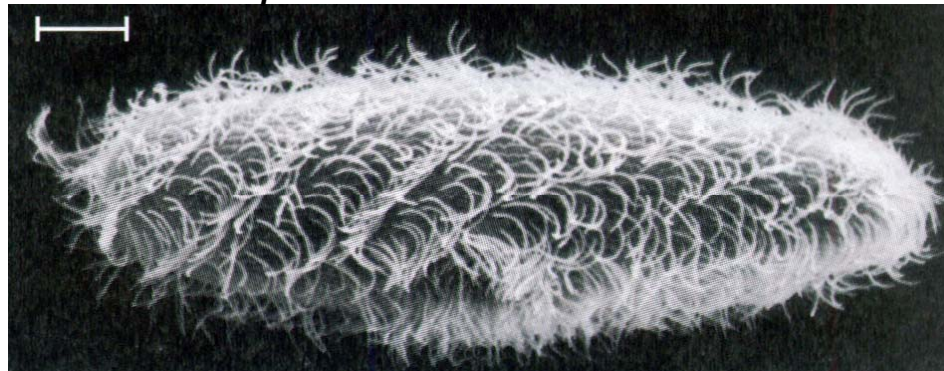


## Microtubules form flagella and cilia

The bending sperm flagella pushes against the surrounding fluid propelling the cell forward



Cilia on a *paramecium*

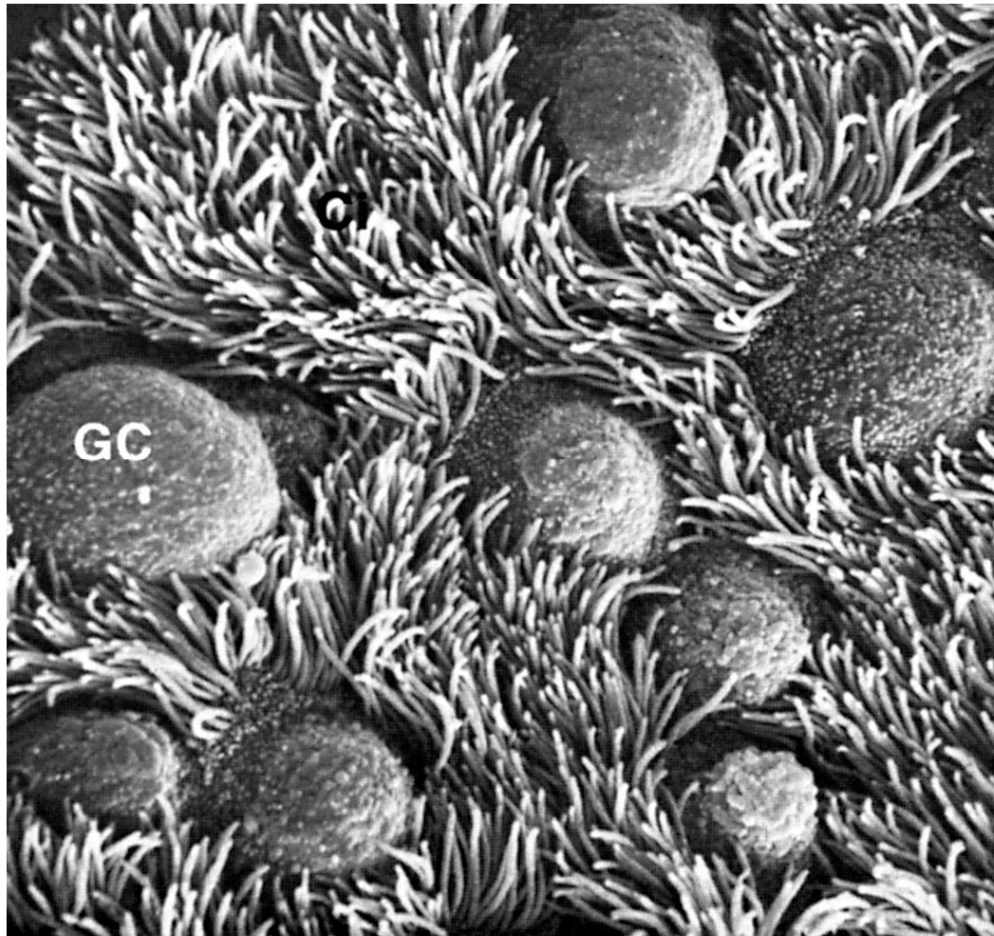


Protozoa are single cells that can live autonomously

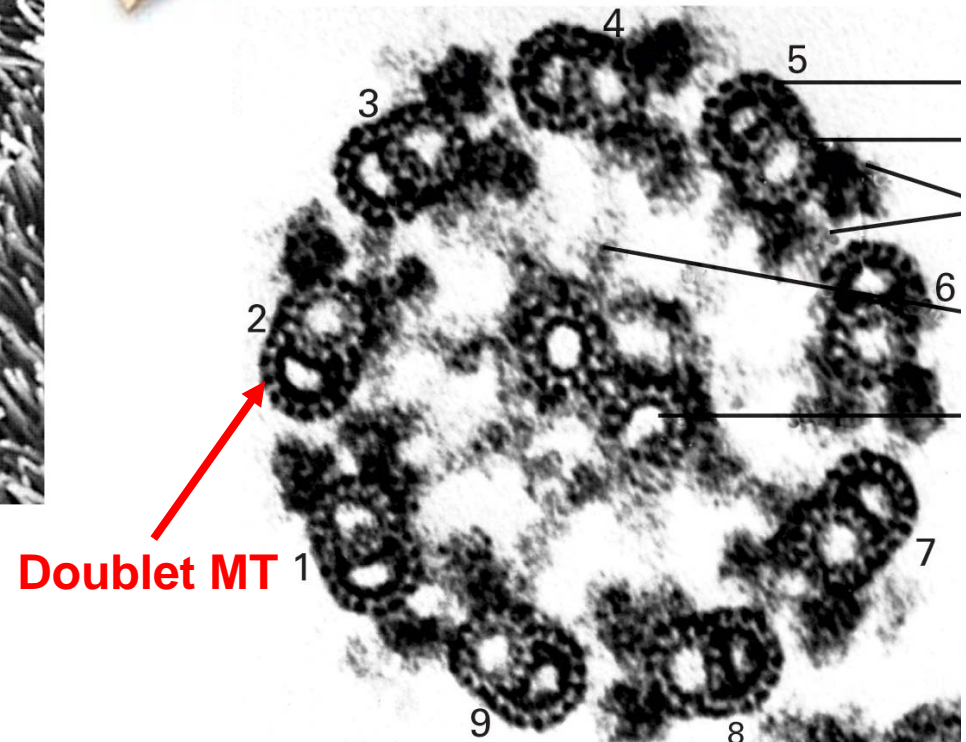
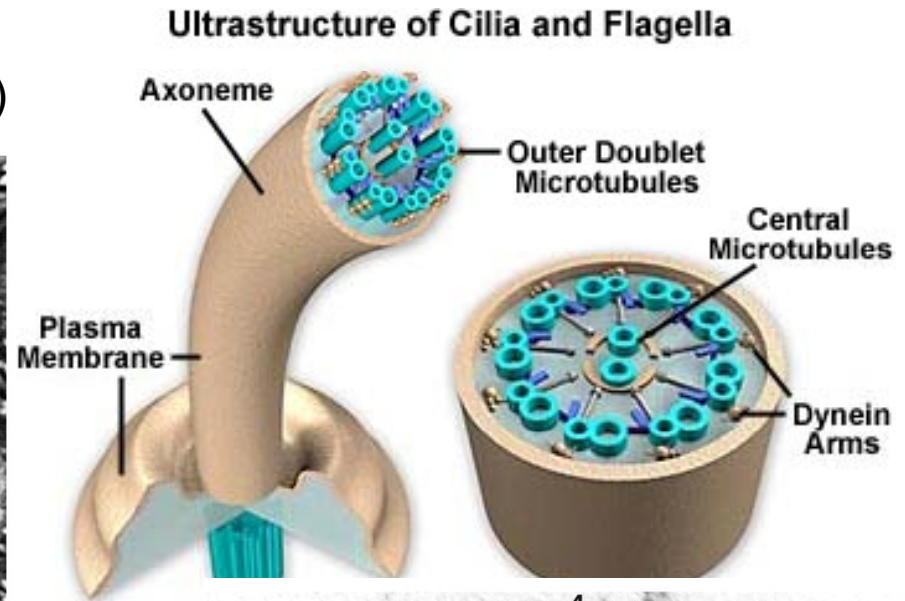


Cilia and flagella are thick bundles of microtubules which move rhythmically

- Flagella enable a **sperm** to swim
- Cilia move **eggs** thru an oviduct (egg canal)

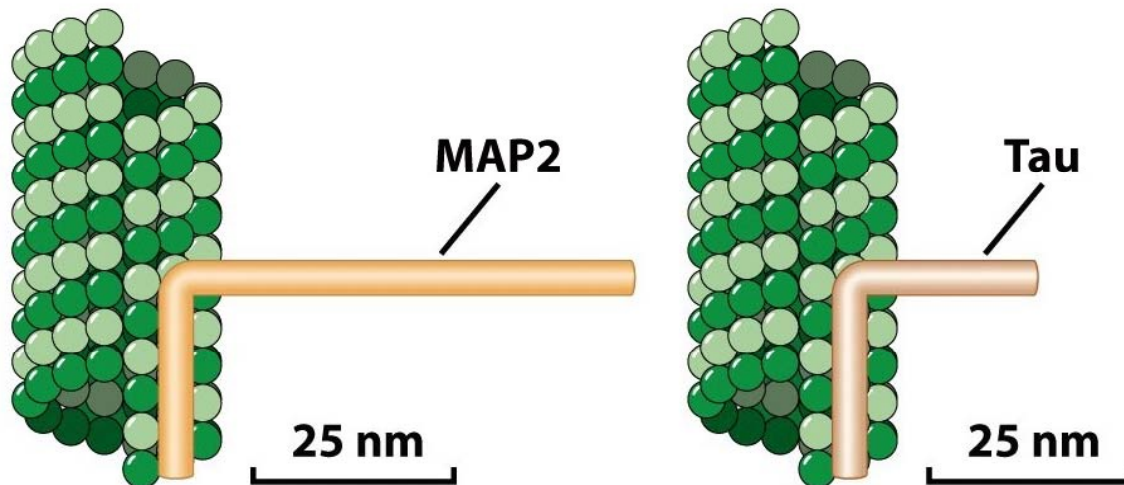
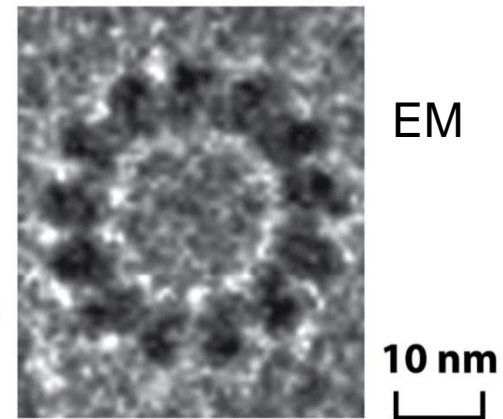
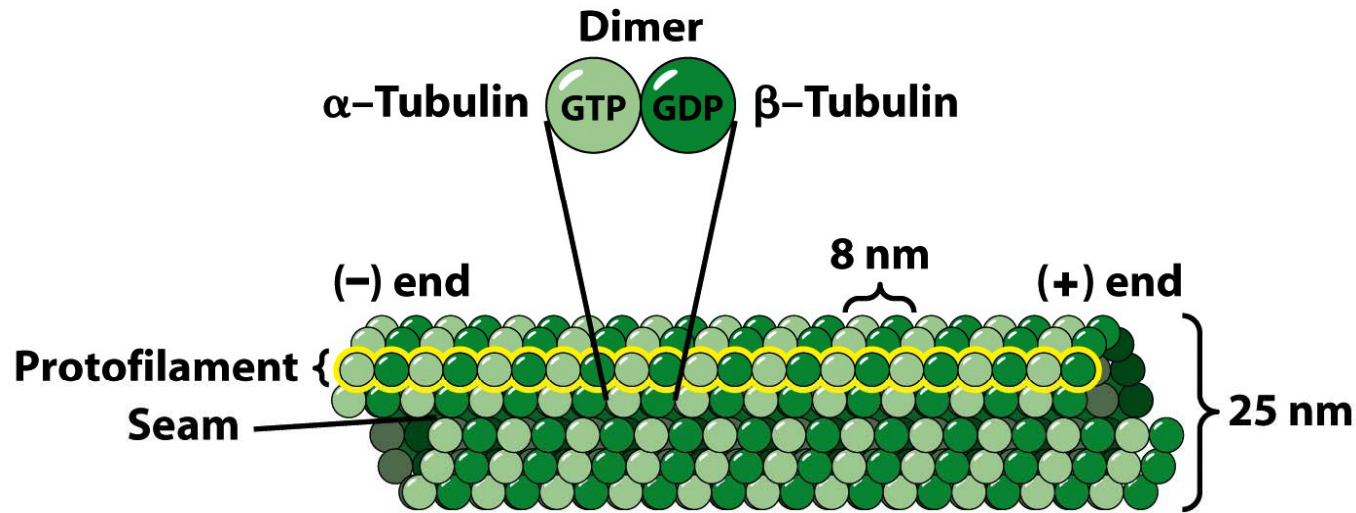


Eggs moved by cilia in an egg-canal



# Polymer-Science: The detailed structure of microtubules

- Tubulin dimers polymerize into **protofilaments**
- 13 protofilaments then longitudinally associate to form the **hollow MT cylinder**
- The distance between the subunits is 8 nm

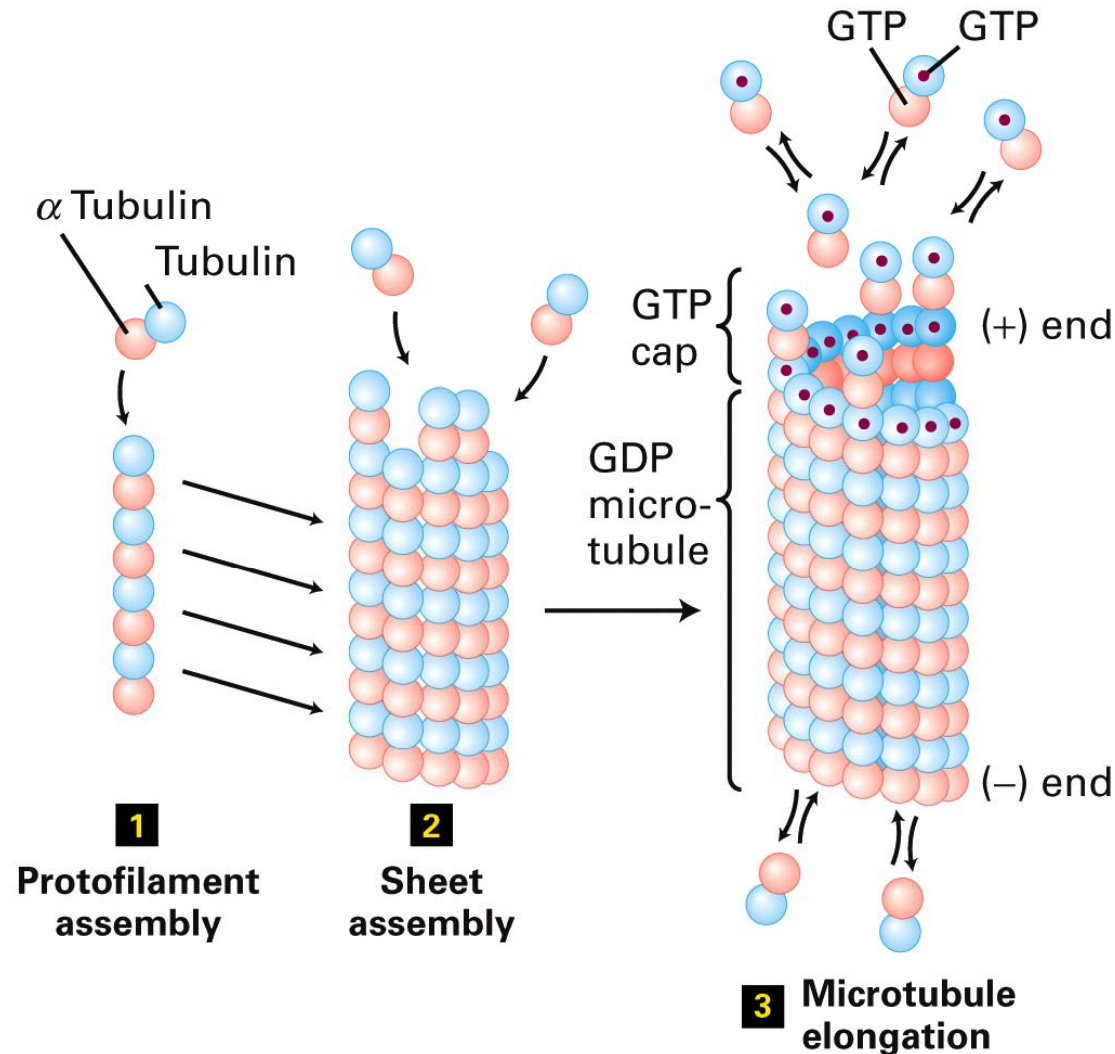


- In the cell, MTs are associated with different filamentous proteins
- Tau plays a role in **Alzheimer's disease**



# Polymer-Science: The 3 steps of microtubule assembly

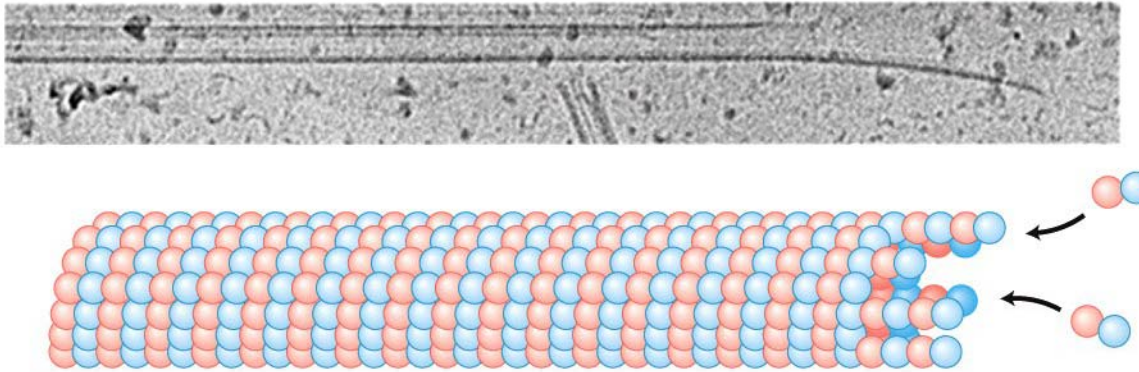
1. Tubulin dimers polymerize *longitudinally* into **protofilaments**
2. Protofilaments associate *laterally* into more stable **sheets**
3. Sheet of 13 protofilaments closes to form a hollow MT cylinder



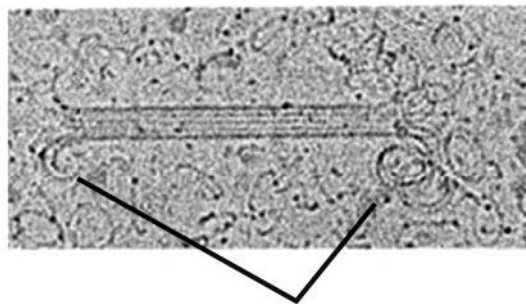


MT ends look different from each other upon polymerization/depolymerization

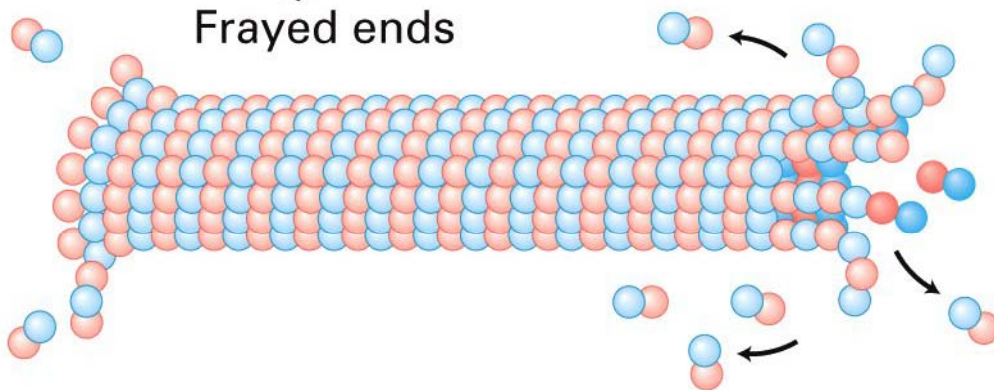
(a) Assembly (elongation)



(b) Disassembly (shrinkage)

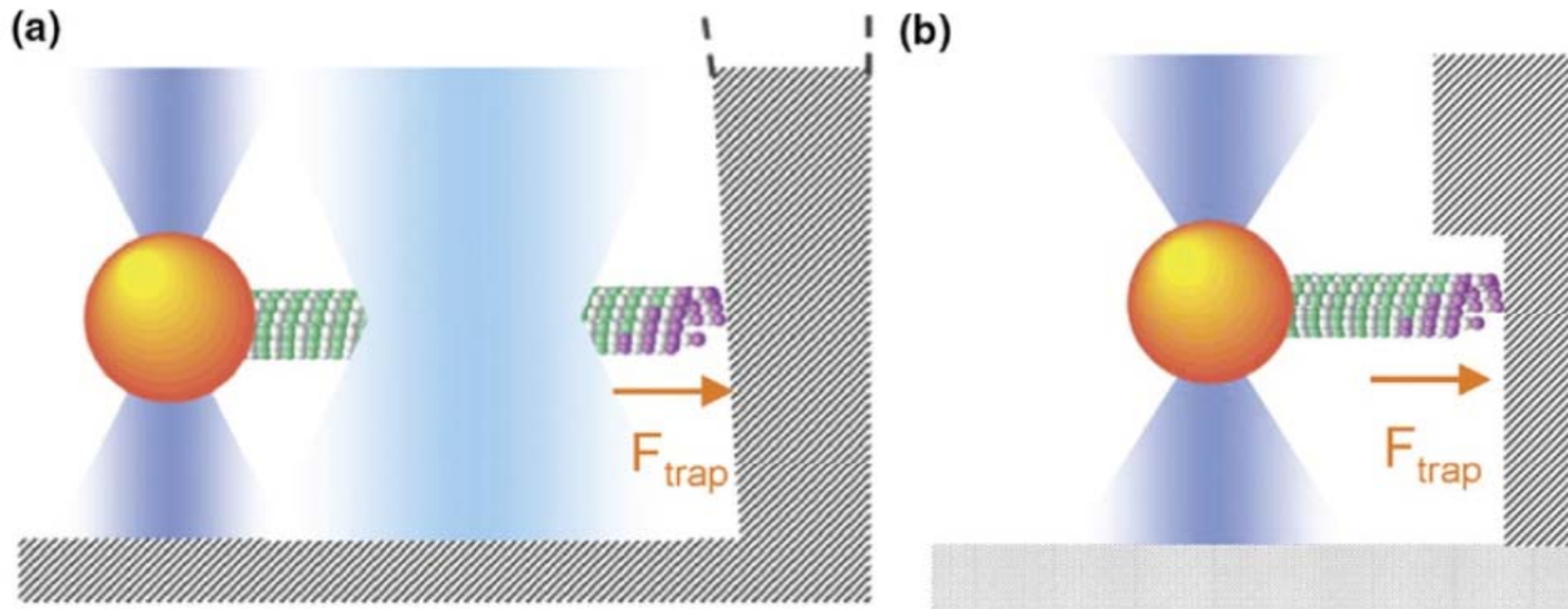


Frayed ends reflect the strong tension within the MT:  
⇒ MTs can **store torsional energy** to work  
(for example pulling on chromosomes)



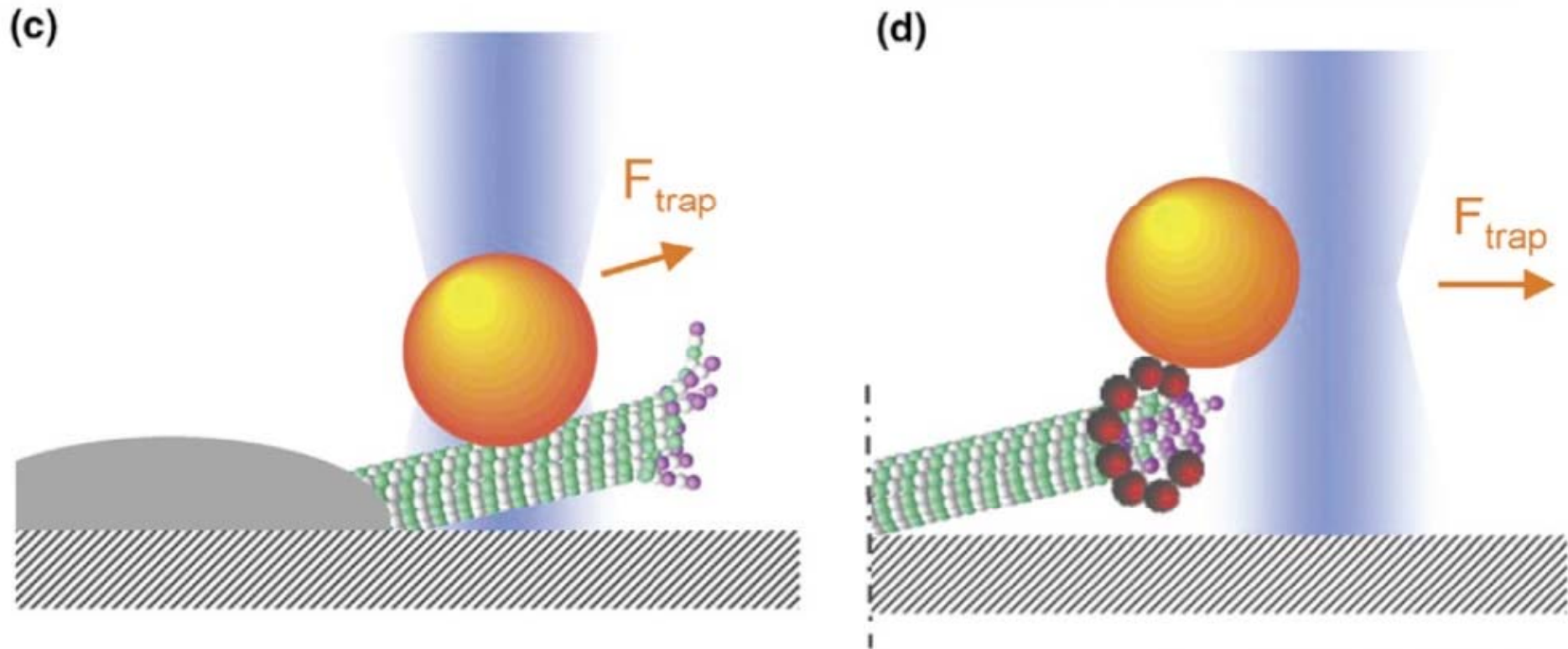
## Engineers meet Biologists: Measuring “nanoscale” microtubule dynamics

- MT-attached bead is centered via an **optical trap** (highly focused infrared laser beam) keeping the plus-end in contact with a **microfabricated barrier**
- The light blue trap serves to orient the MT perpendicular to the barrier wall
- Deflection of the bead reflects protofilament length fluctuations at the MT plus-end
- A different setup similarly measures MT plus-end fluctuations via bead deflections
- Here the MT is held in position by the **microfabricated structure**



## Engineers meet Biologists: Measuring “nanoscale” microtubule dynamics

- Bead attached to the **microtubule lattice**
- As MT depolymerizes bead deflection is measured (arrow: resisting force of bead)
- Bead linked to the plus-end via a **specific MT-binding protein**
- During MT fluctuations, the bead is pulled away while bead deflection is measured



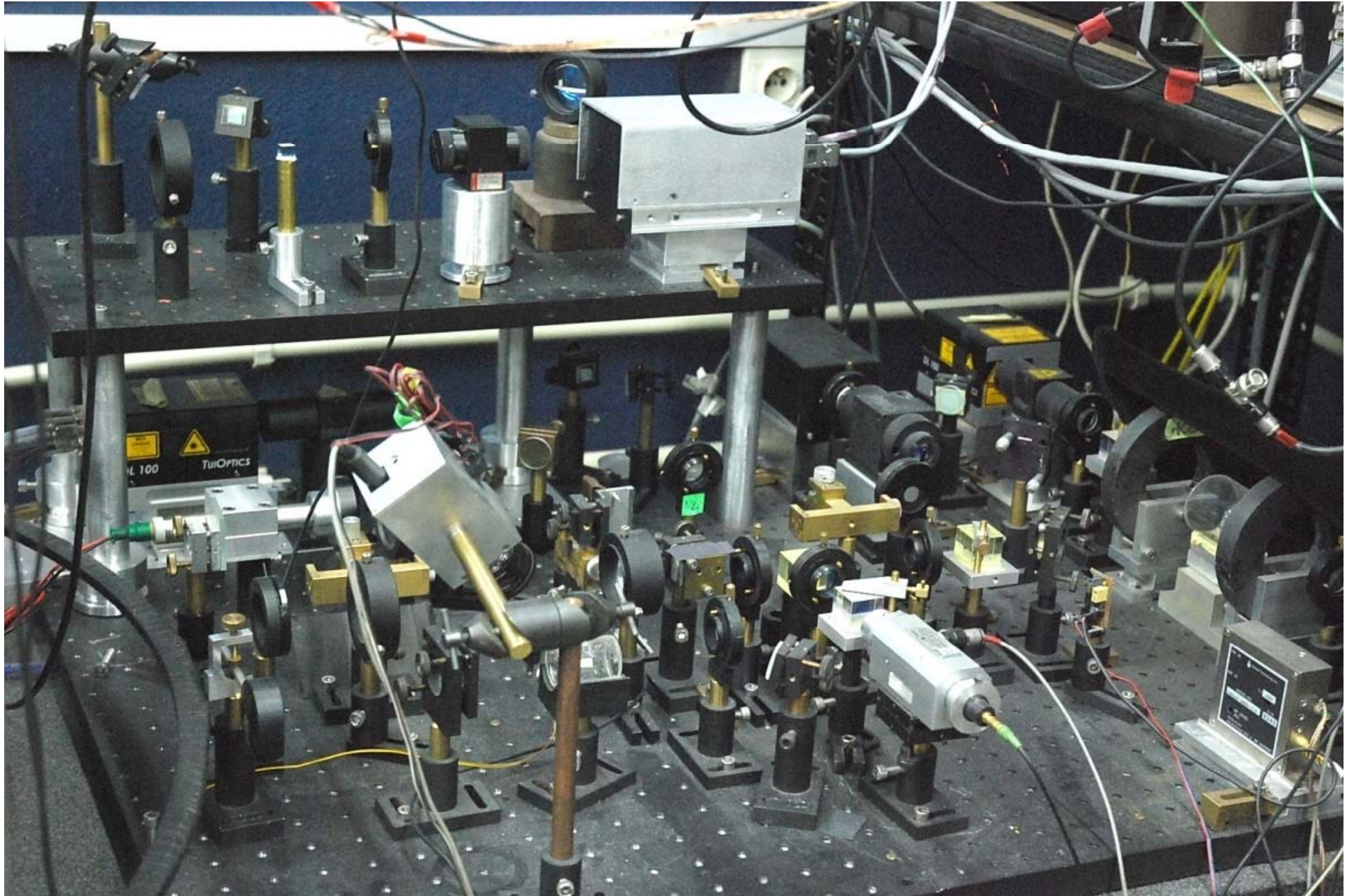


Optical trap setups are complicated and tricky

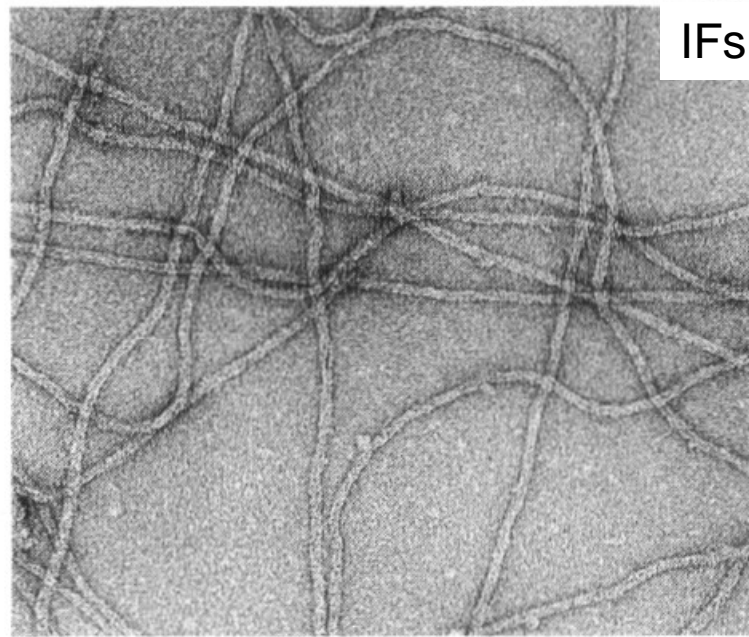
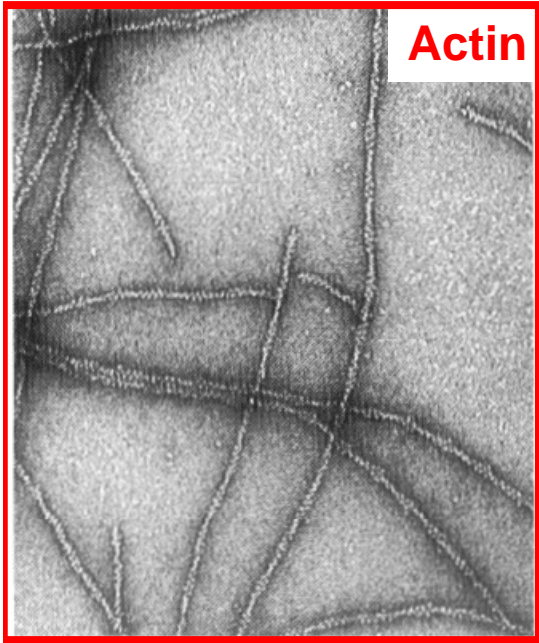




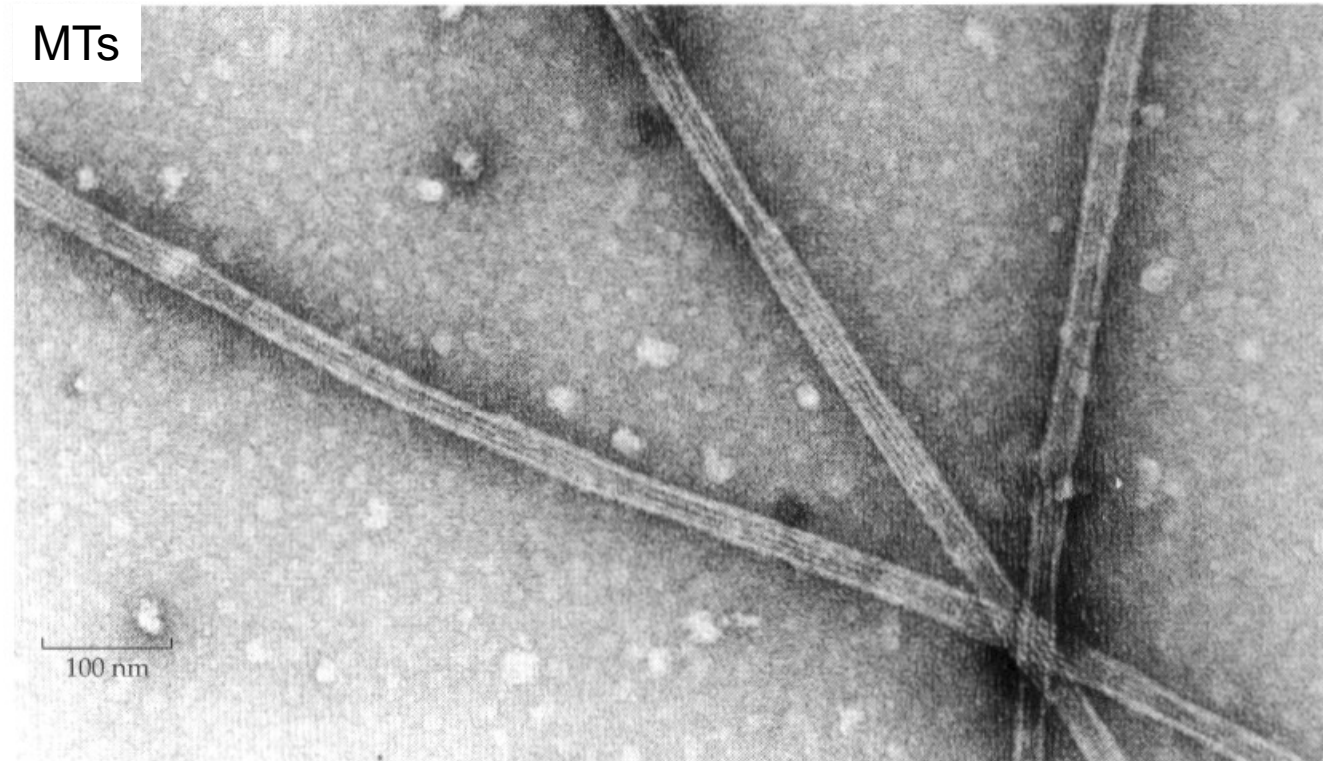
Optical trap setups are complicated and tricky







Cytoskeletal elements  
drawn to scale



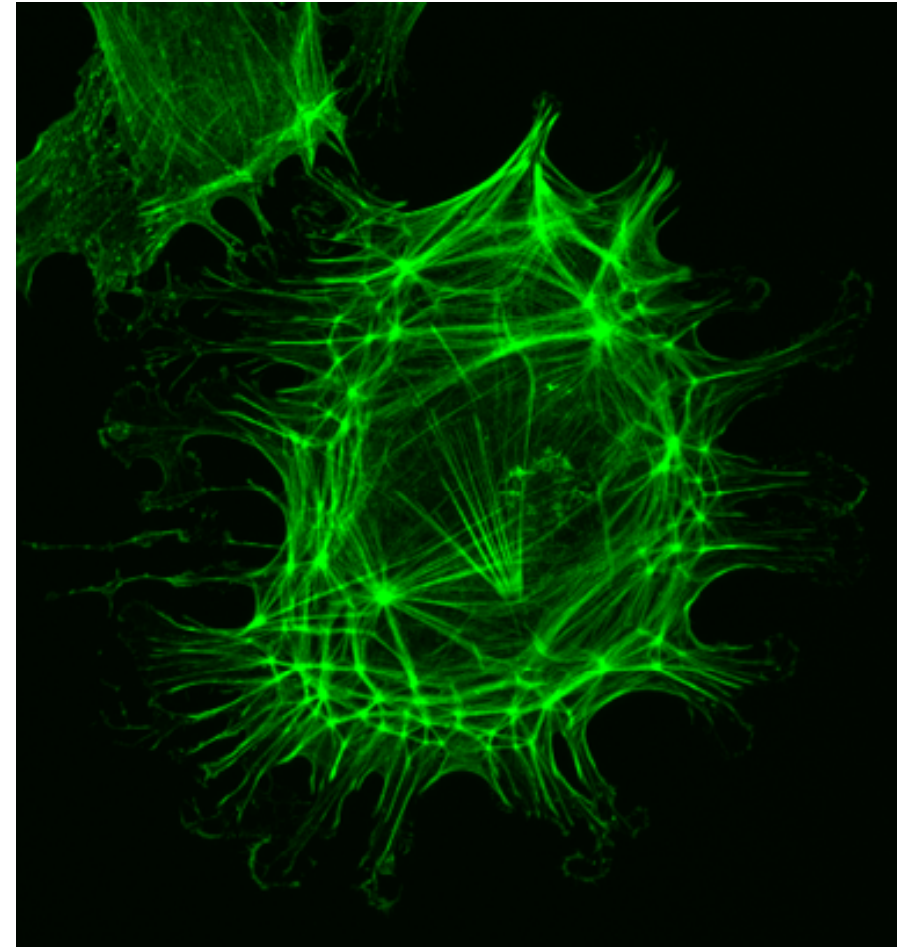
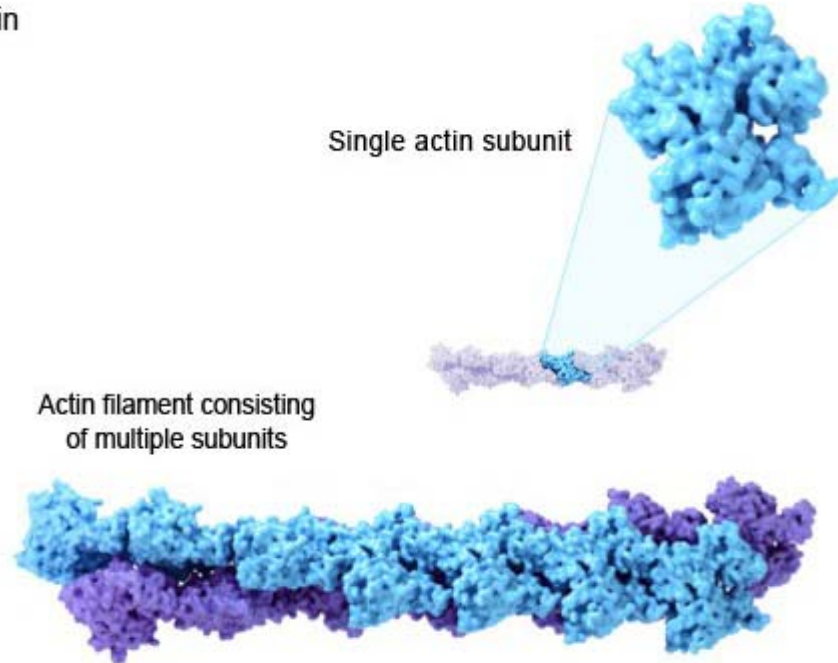
Howard, Mechanics of Motor Proteins,  
1<sup>st</sup> Ed.



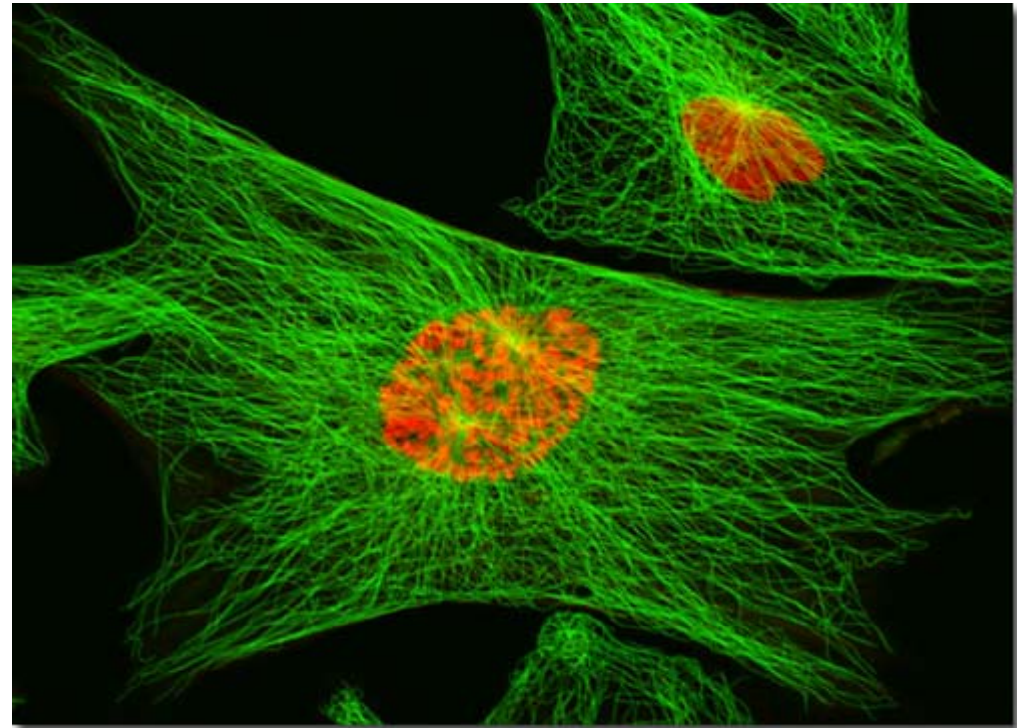
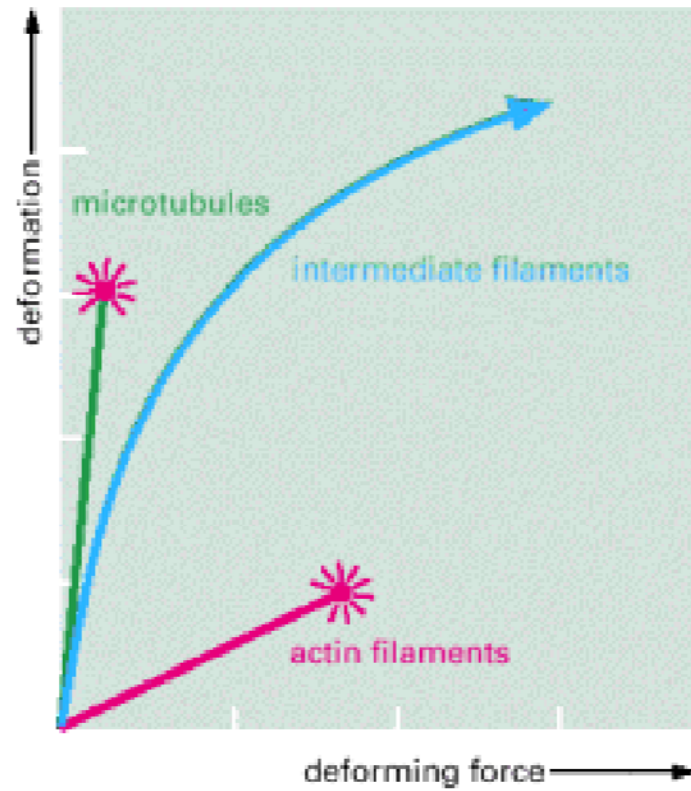
# Actin polymers are important for cell movements

- **Highway** for molecular motors type **myosins**
- Stabilizing cells and fixing them to the substrate
- Polymerization and depolymerization **drives cells forward** (cell motility)

Actin

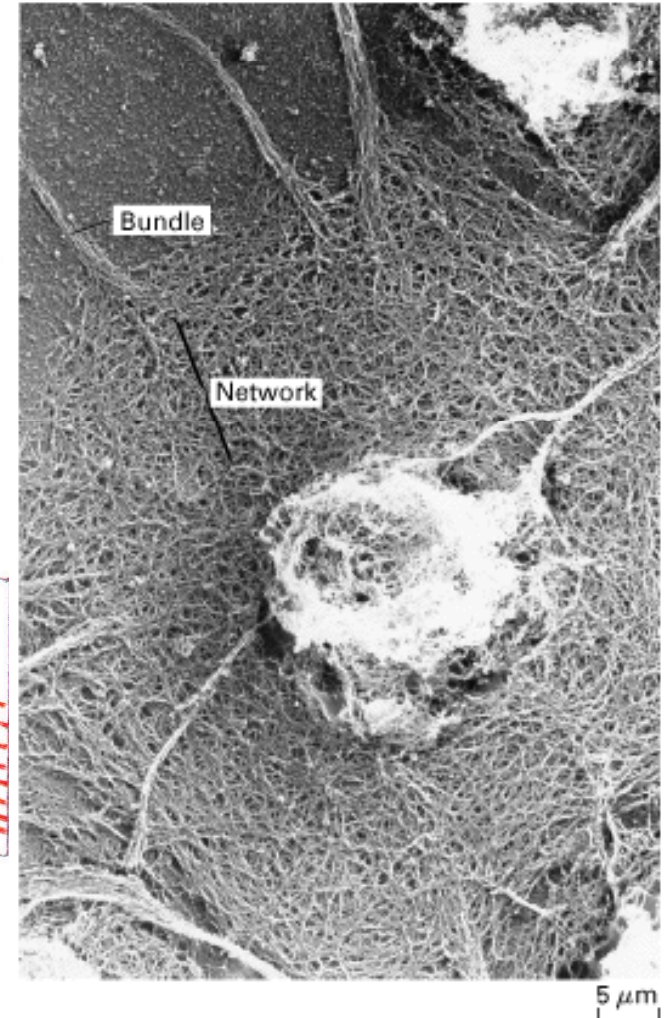
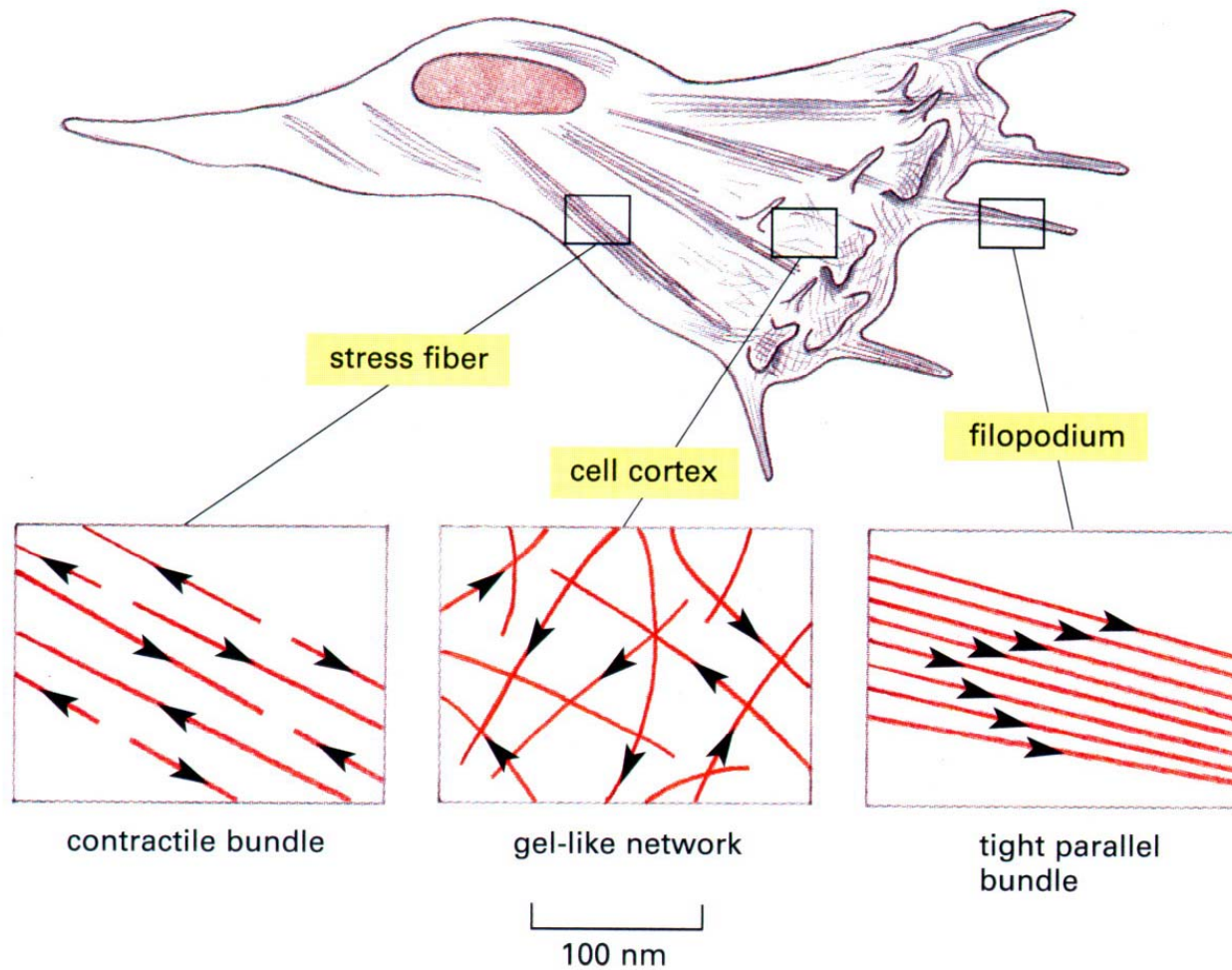


# Actin filaments are more resistant to deformation than MTs



P. Janmey, *JCB*, 1991

# Cellular actin organization



**Stress fibers:** provide cell-strength and some can contract

**Cell cortex:** fast-acting gel-sol transition

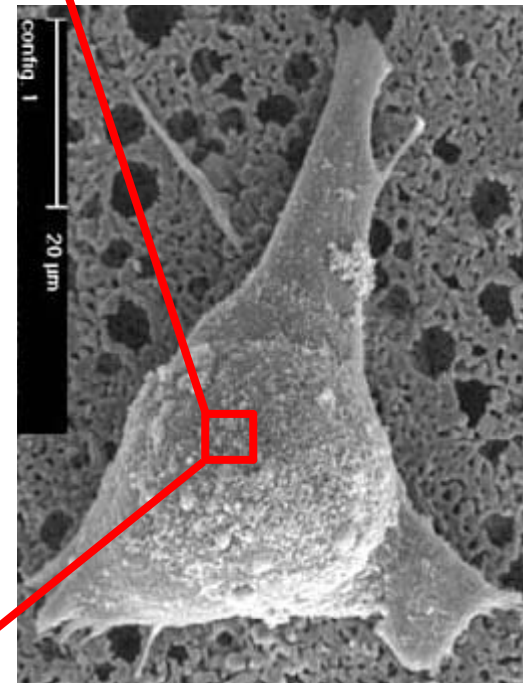
**Filopodia:** sensing the environment



# Cell cortex: gel-like and highly elastic

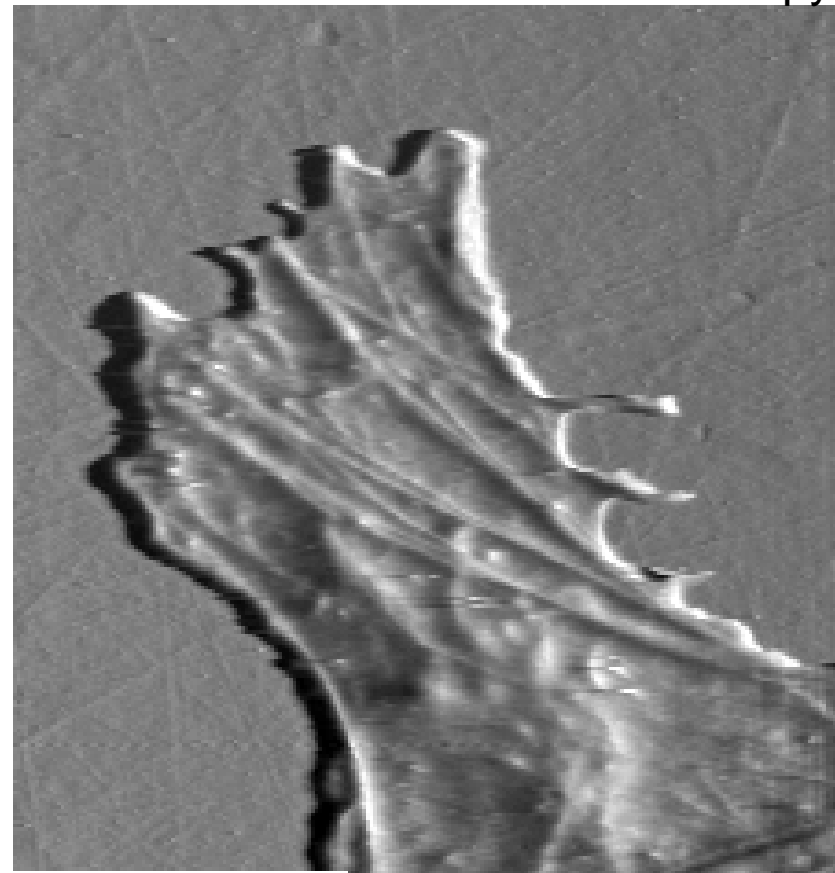
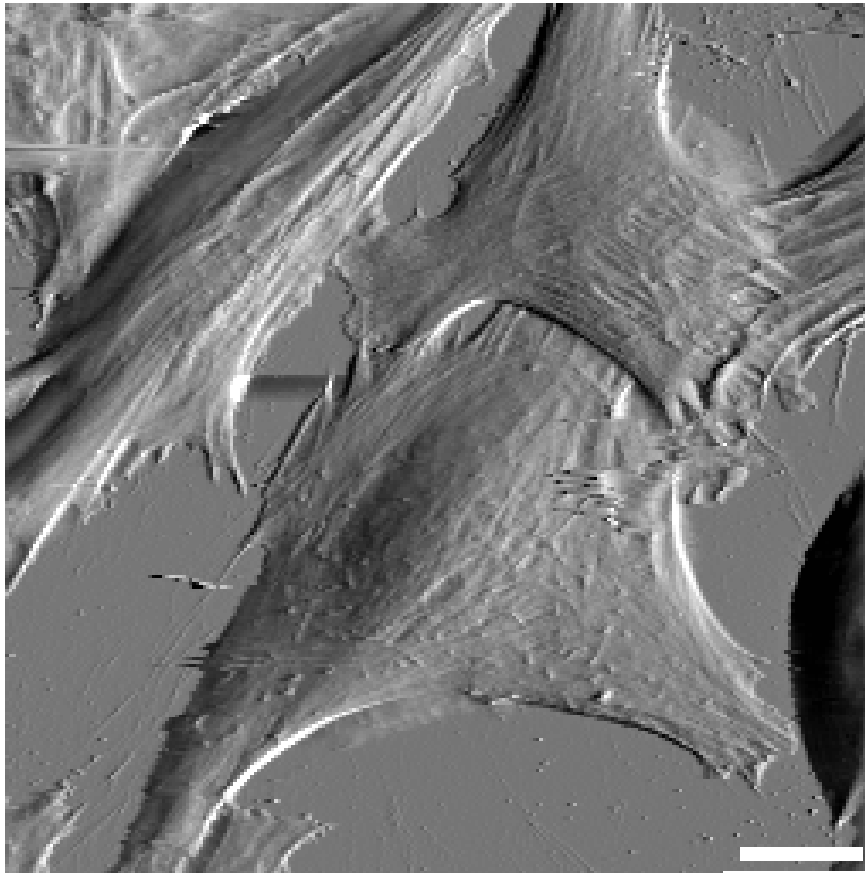


- Fibroblast treated with **mild detergent** to partial remove plasma membrane.
- Fast-freeze, deep-etch electron microscopy reveals actin-network



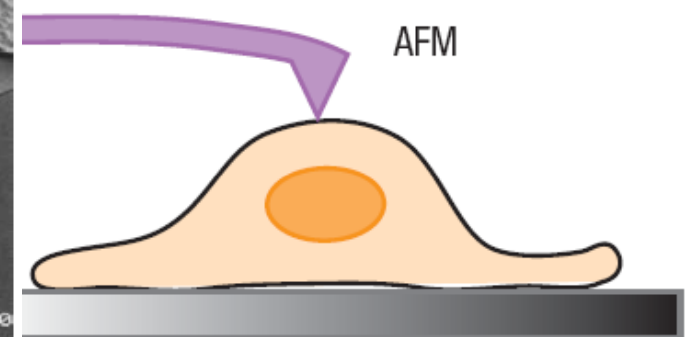
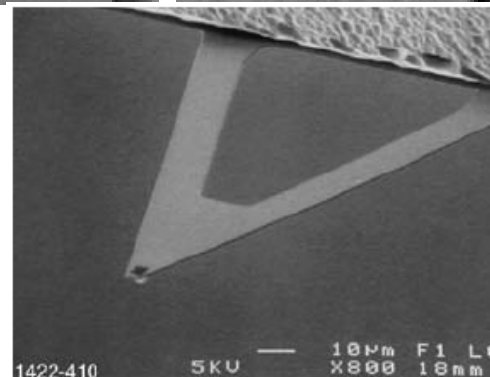
# Actin-bundles in fibroblasts made visible by AFM

Atomic Force Microscopy

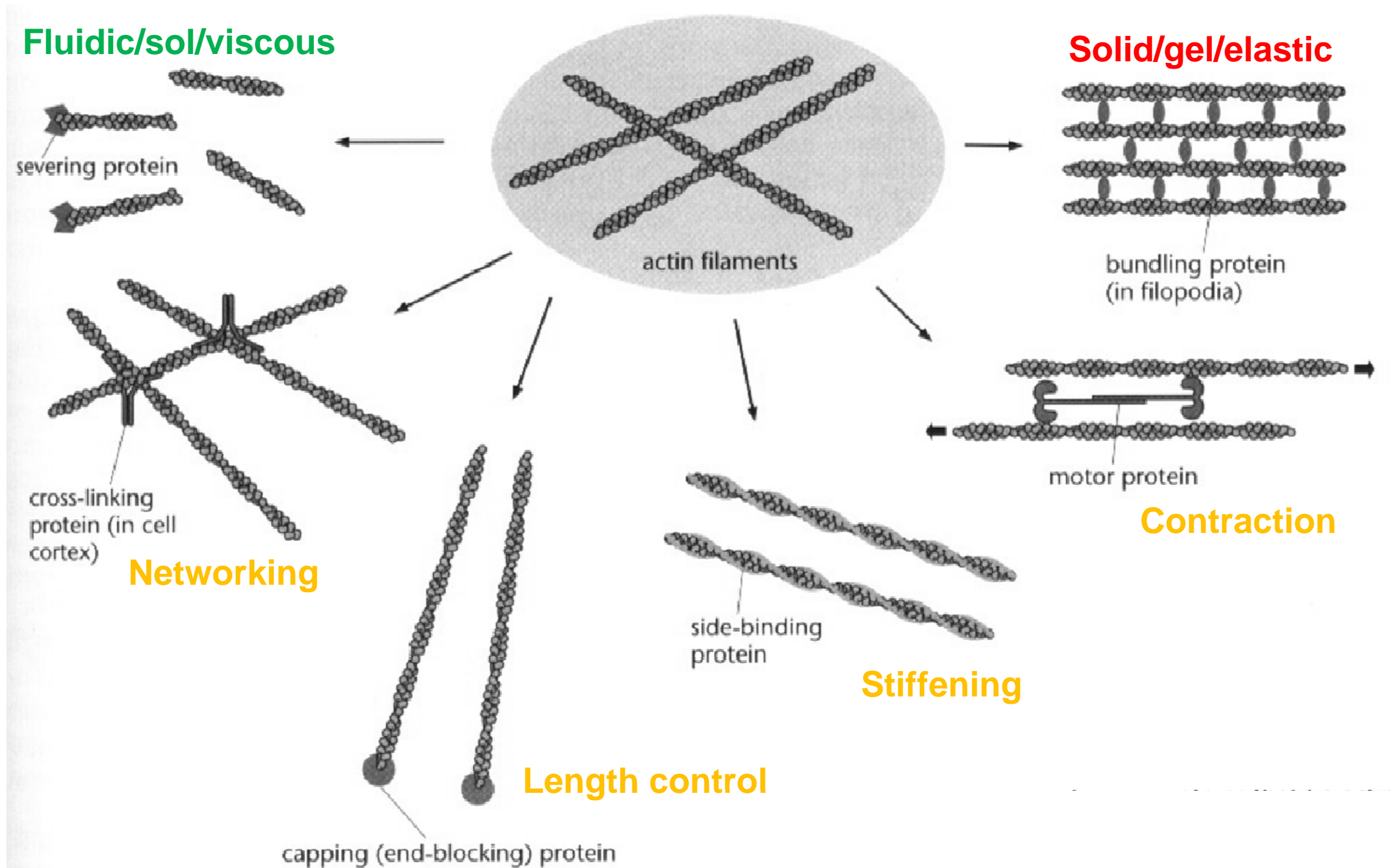


Parak et al., *Biophys. J.*, 1999

Tip radius: 20-60 nm



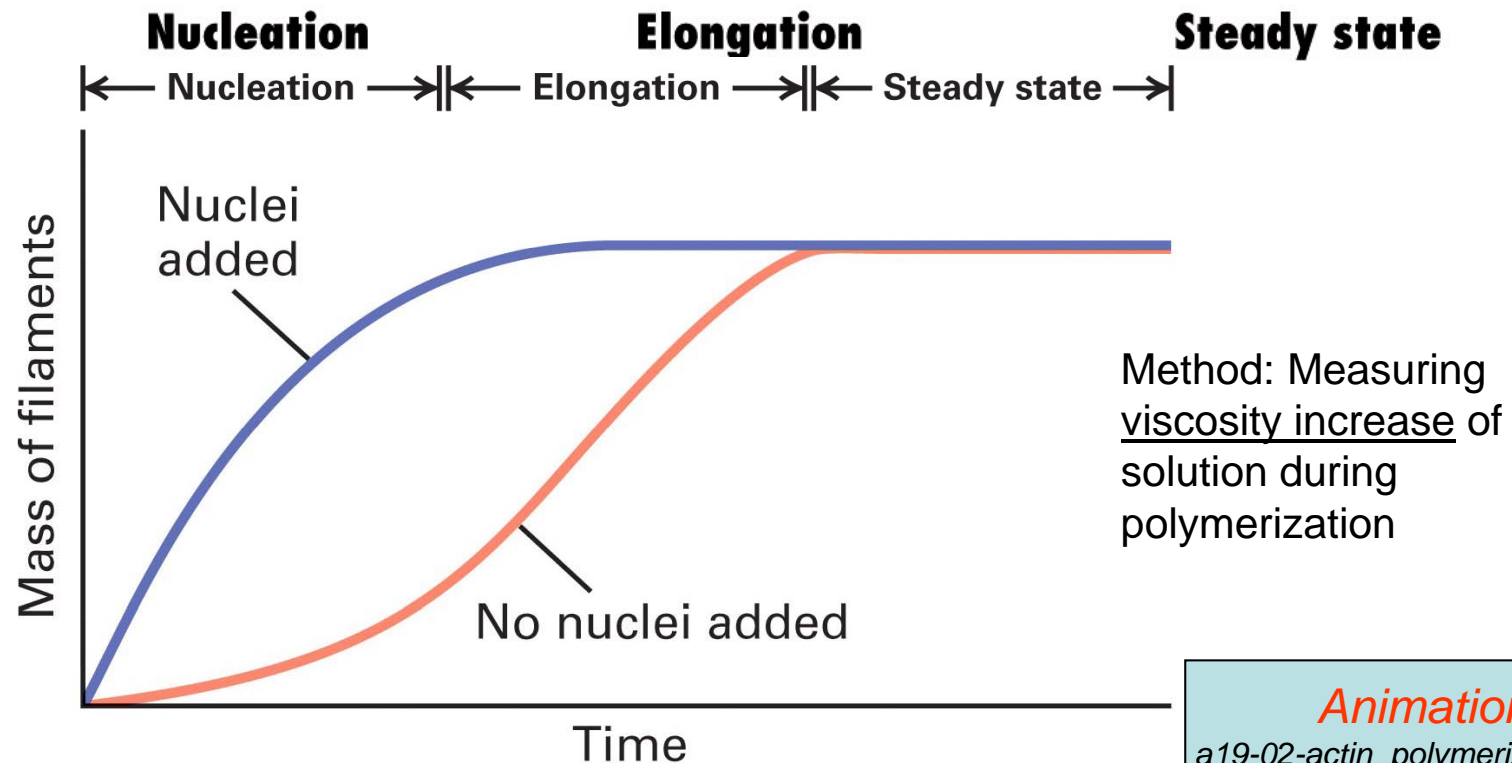
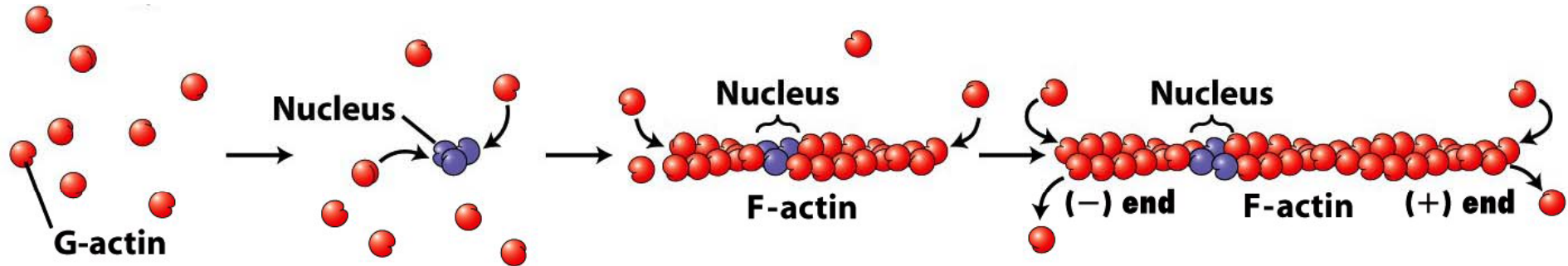
# Polymer-Science: Cellular control of different actin arrangements





# Polymerization of actin proceeds in three steps

- 1) **Nucleation phase:** G-actin **slowly** aggregates into short oligomers (nuclei/seeds)
- 2) **Elongation phase:** To both ends of the seed, G-actin monomers **rapidly** added
- 3) **Steady-state phase:** **Equilibrium** is reached between filaments and monomers

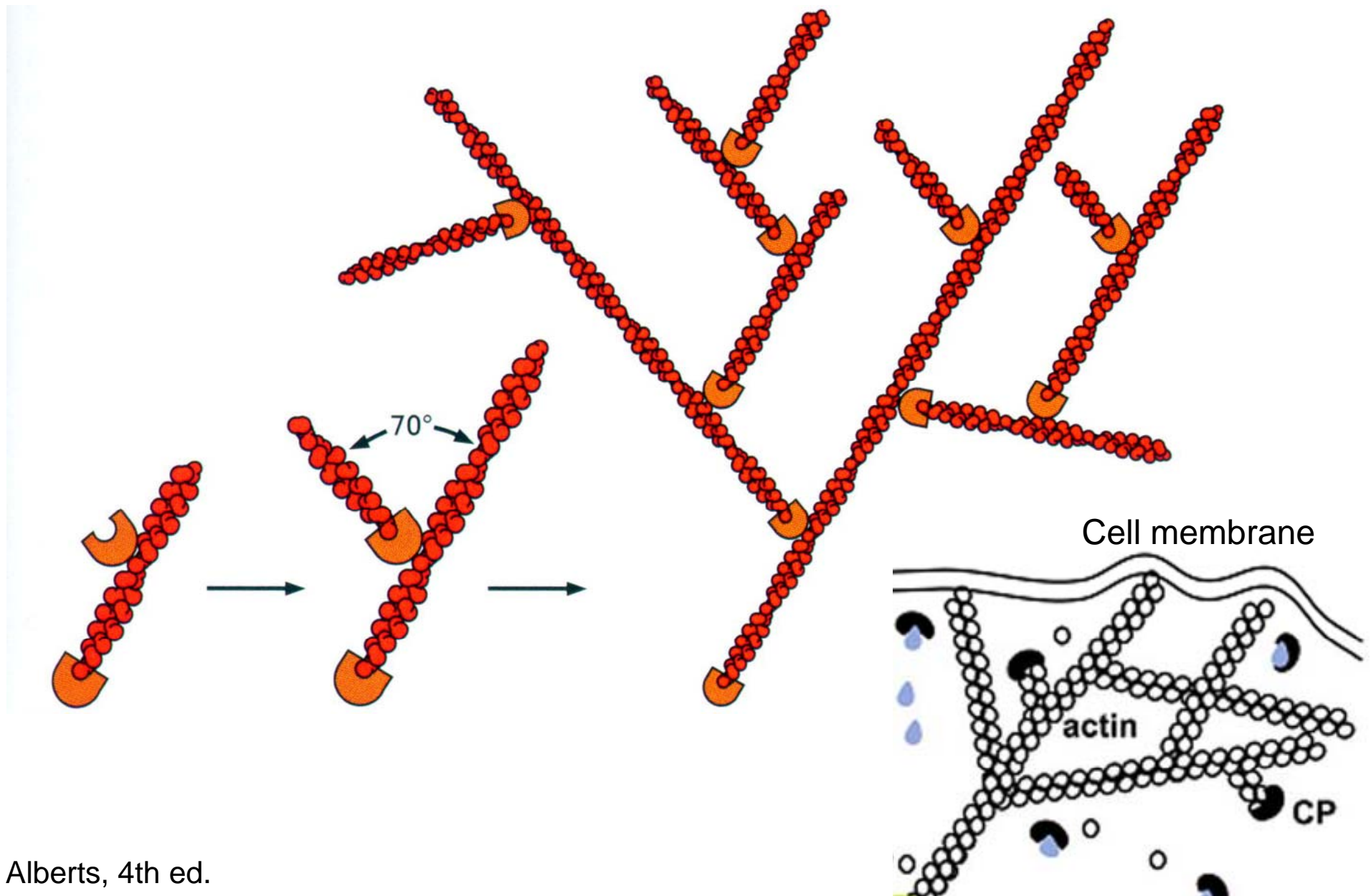


*Animation*

a19-02-actin\_polymerization.swf

# Arp2/3 is a protein that branches actin filaments

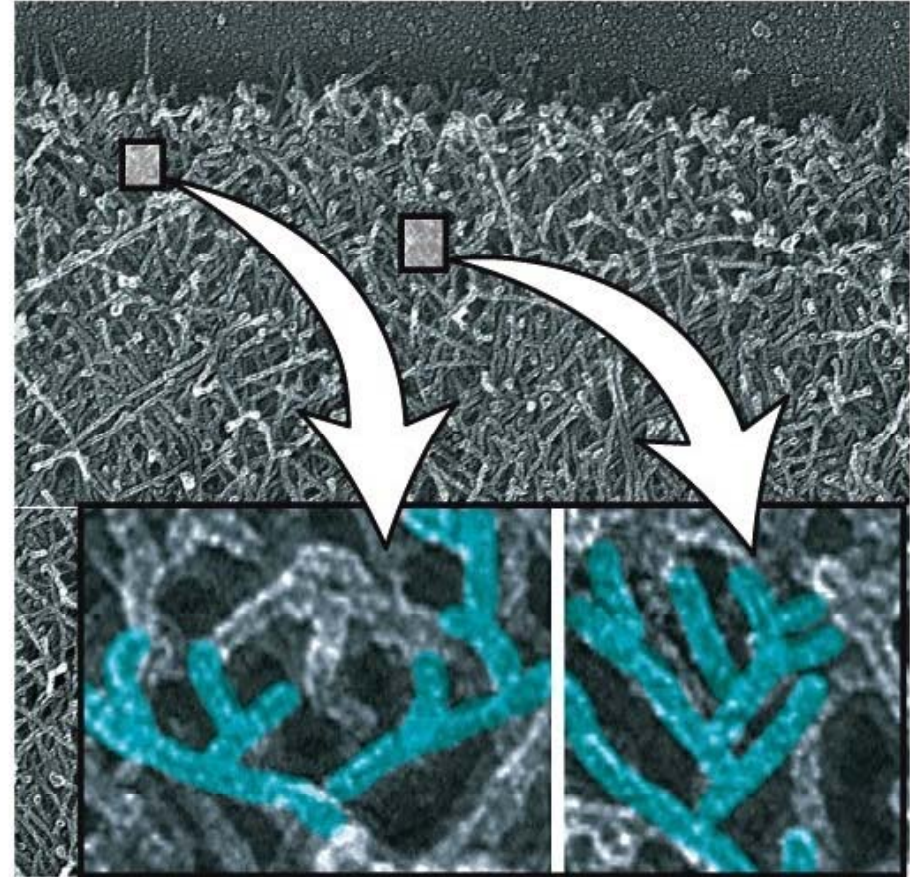
Arp 2/3 **binds to the side** of an actin filament and **branches** them at an angle of  $70^\circ$



Arp2/3 is a protein that branches actin filaments



High magnification EM of actin branched by Arp2/3



Actin branches at the cell cortex (border)



# Actin filament elongation visualized by fluorescence microscopy

Movie: polymerization of G-actin

v19-02-actin\_filaments\_a.mov

Movie: polymerization of G-actin + Arp2/3

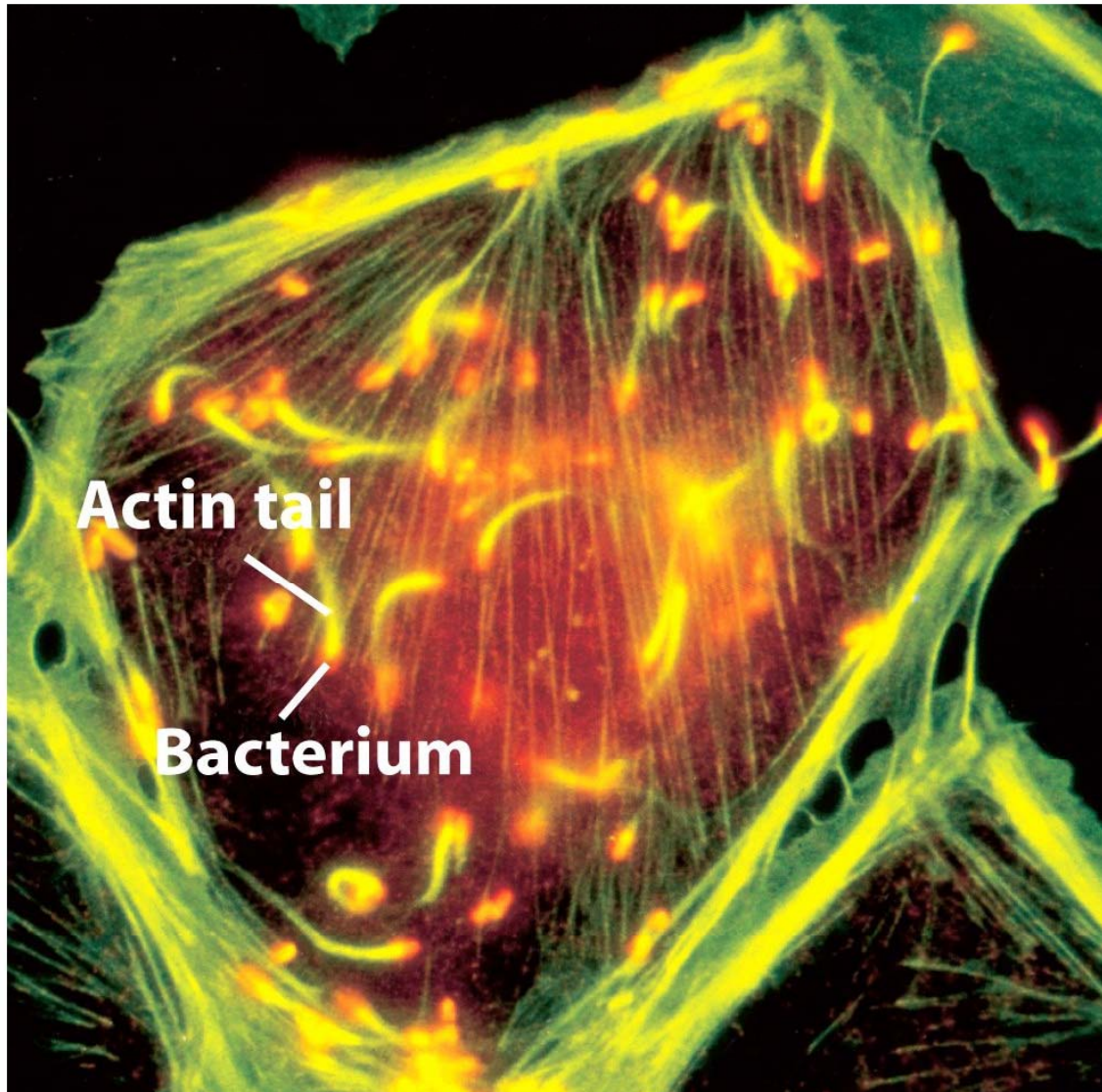
v19-02-actin\_filaments\_c.mov

Movie: polymerization of G-actin + Arp2/3  
(magnification)

v19-02-actin\_filaments\_b.mov

## Arp2/3 is needed for *Listeria* movement in infected cells

- *Listeria monocytogenes* is a bacterium which propels thru the cytoplasm using the **power of actin polymerization** stimulated by Arp2/3
- Actin polymerizes into filaments at the base of the bacterium pushing it forward



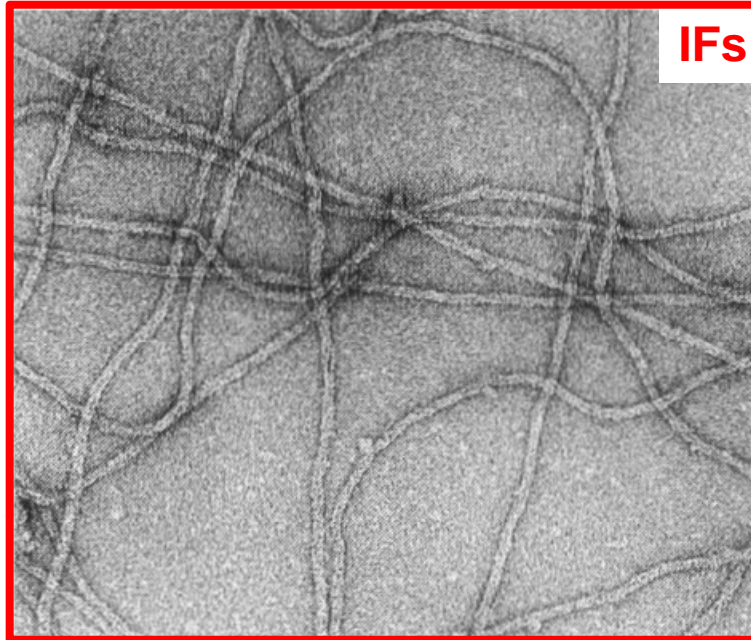
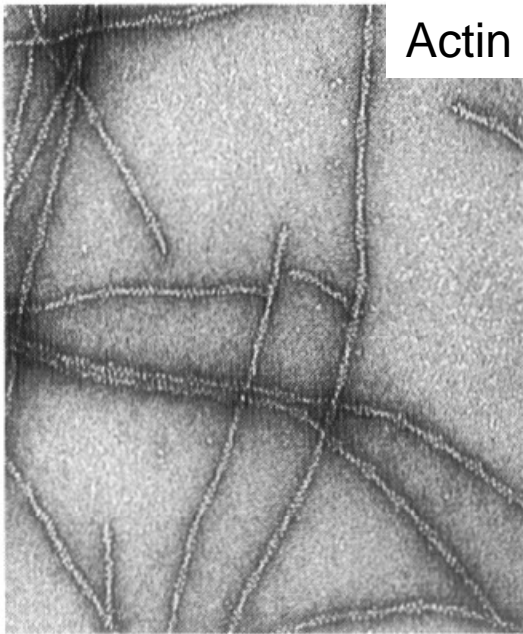
"Actin rocket tails" might also push endosomes thru the cytoplasm

*Movie*  
25\_2.mov

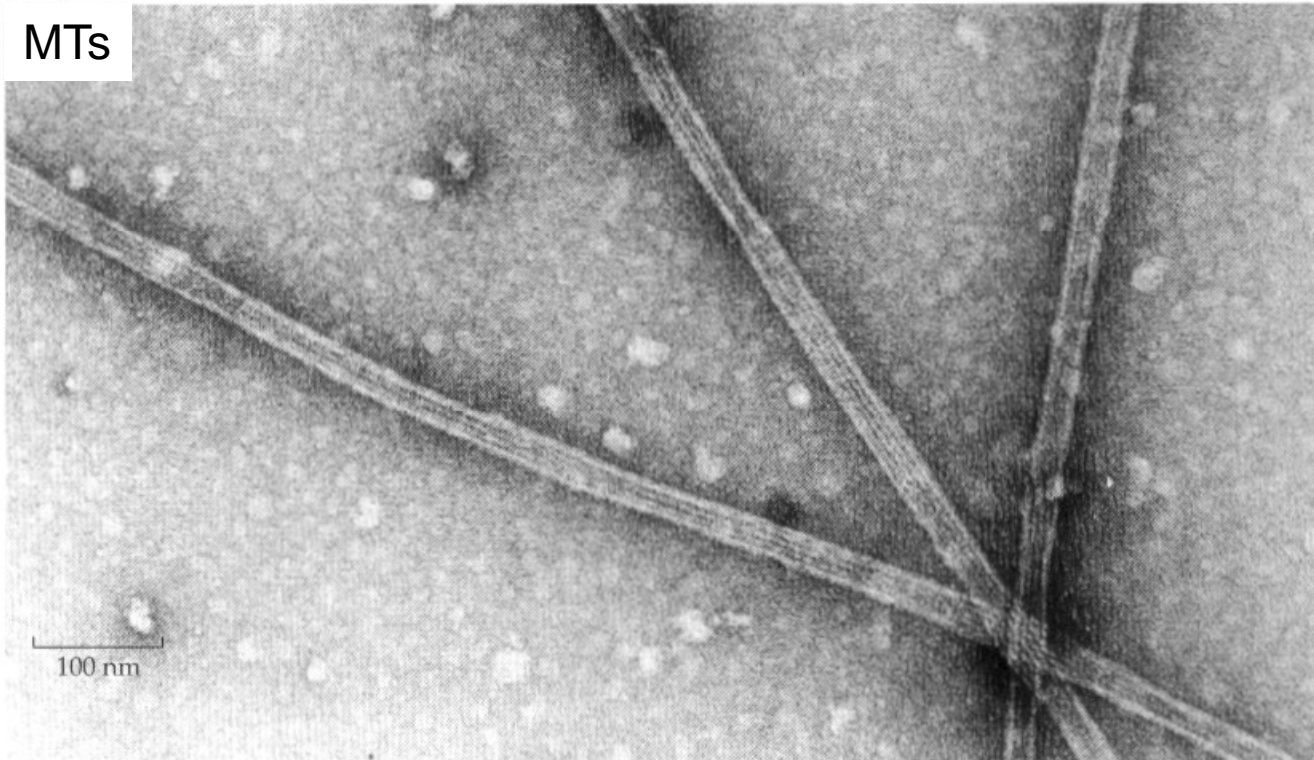


Electron micrograph of listeria





Cytoskeletal elements drawn to scale



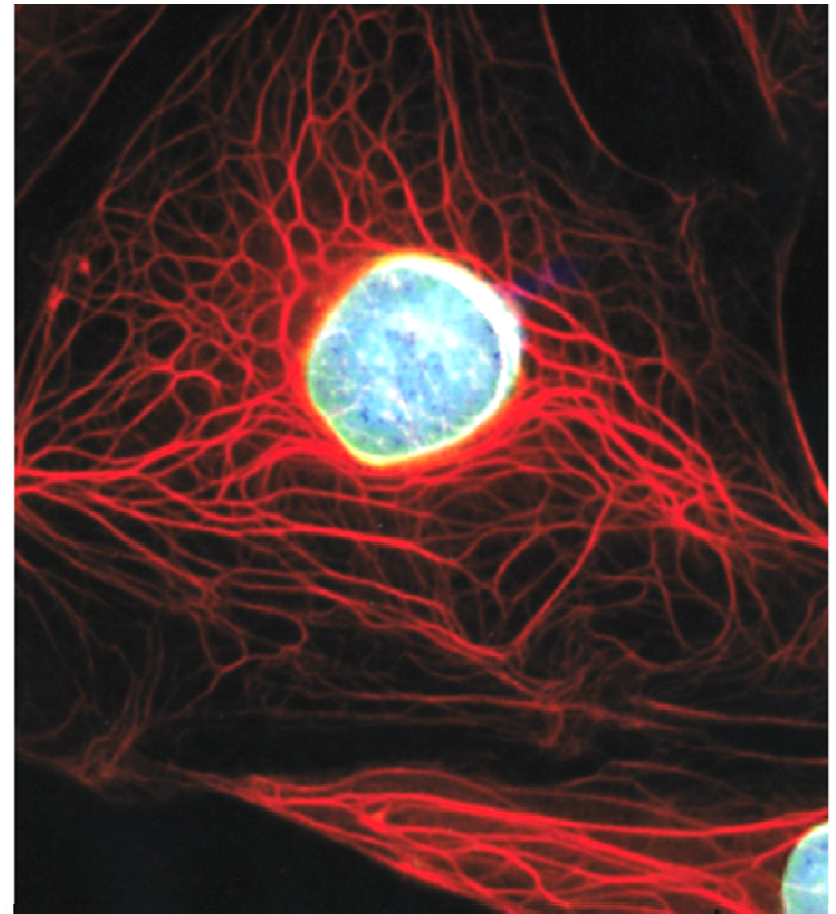
Howard, Mechanics of Motor Proteins, 1<sup>st</sup> Ed.



# INTERMEDIATE FILAMENTS

Different from actin or microtubules:

- No motors attached
- No need for ATP or GTP to polymerize
- No globular subunits



Axon



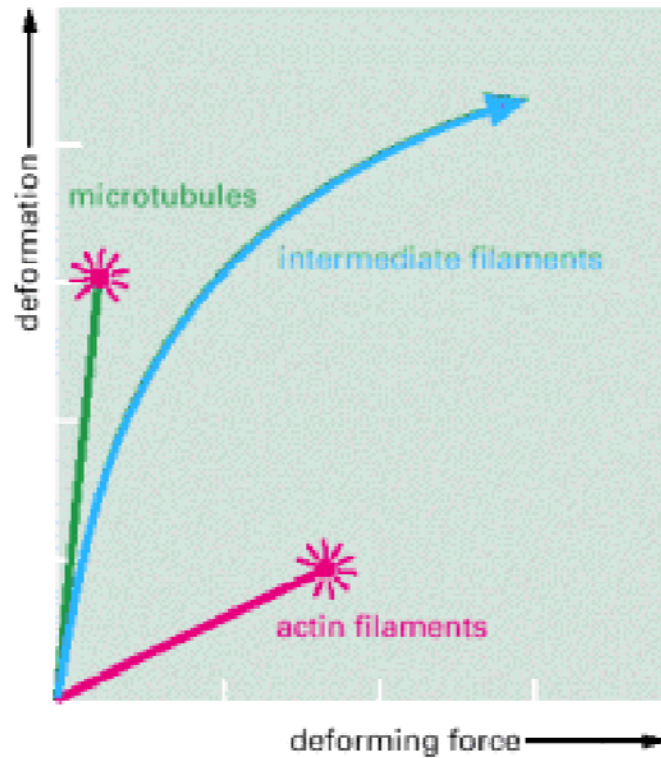
Neurofilament

Microtubule

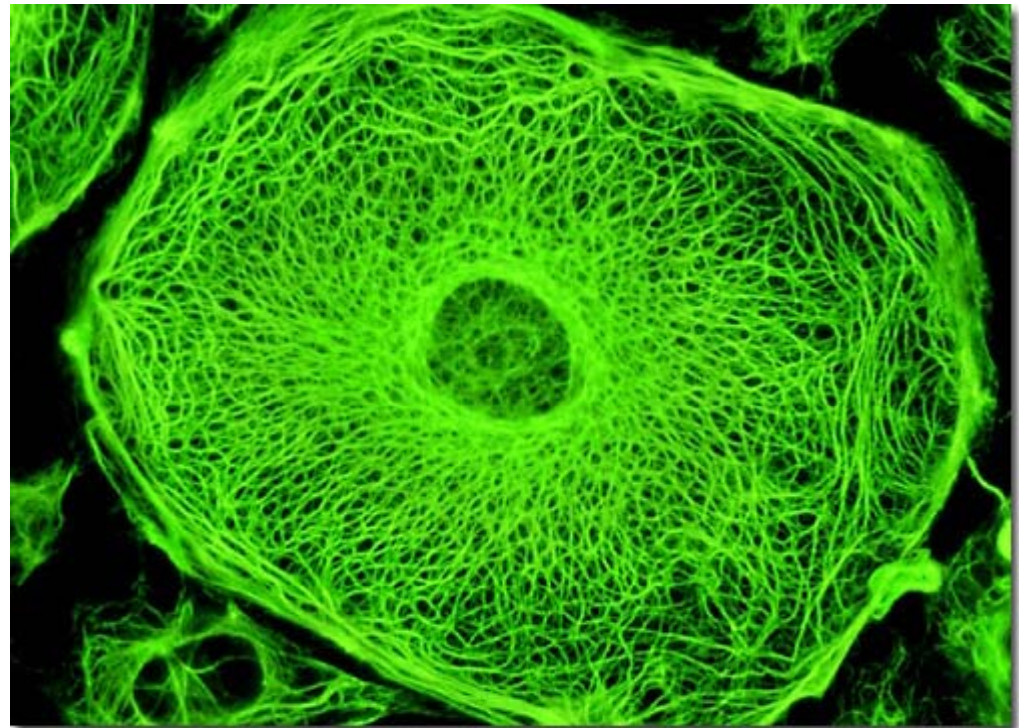
Neurofilament

0.1 μm

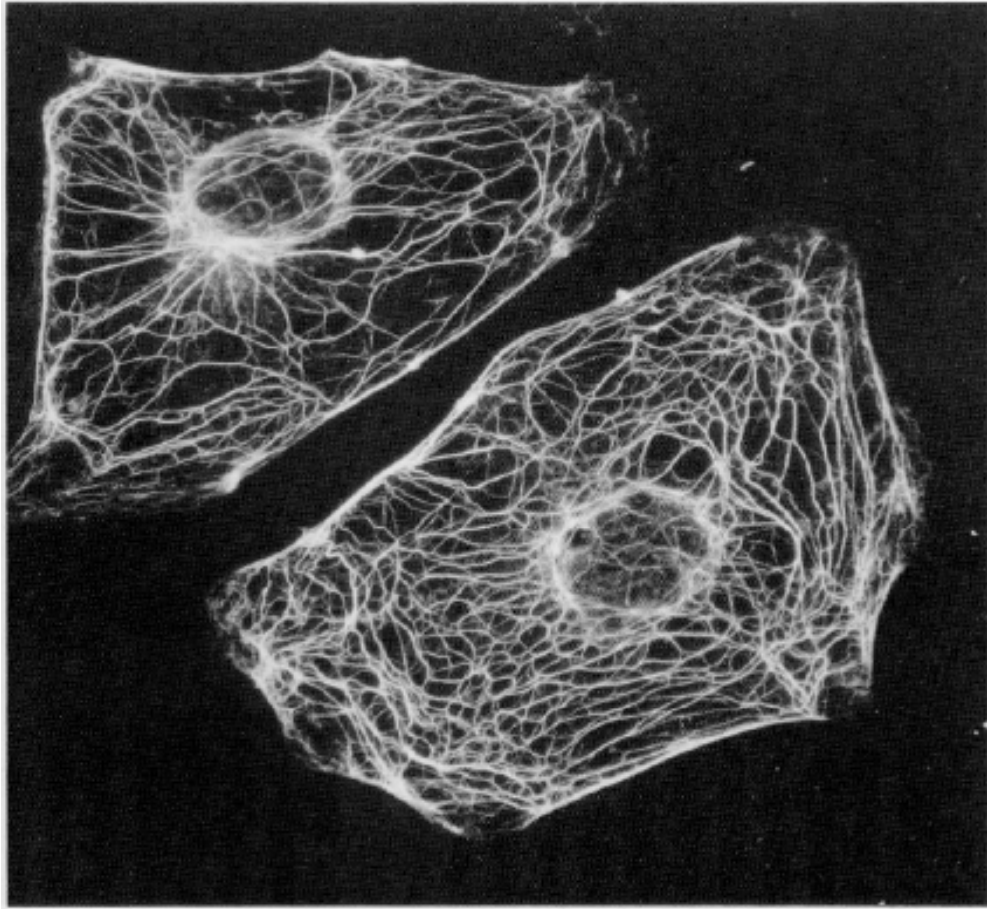
Intermediate filaments: size is *intermediate* that of actin and microtubules



The **most flexible filaments (highly elastic)** due to a very complex structure

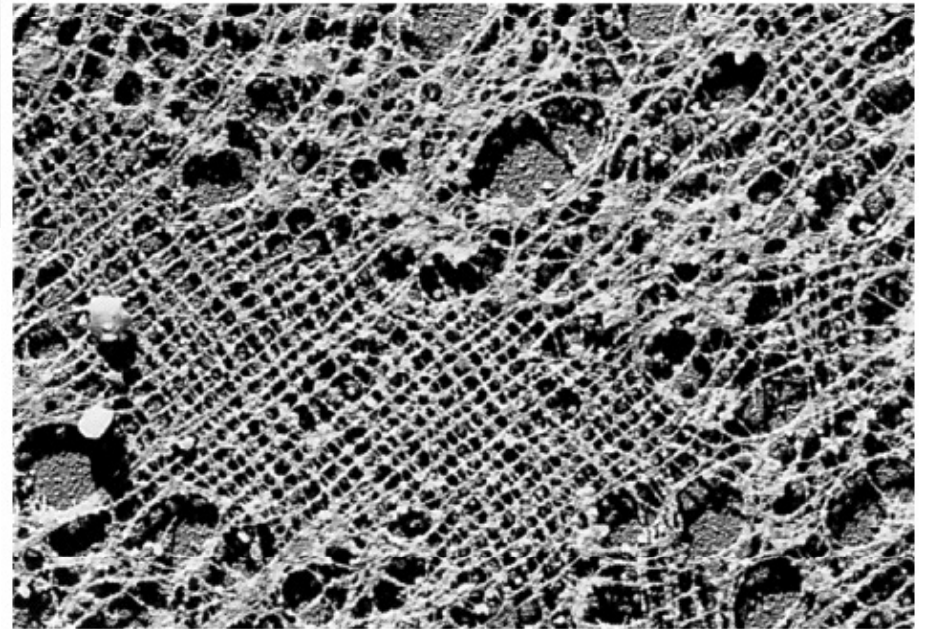






**Cytokeratin** in epithelial cells  
as present in blood vessels or  
**nails**, **hair**, **wool**

Nuclear envelope made  
by intermediate filament  
named **lamin**

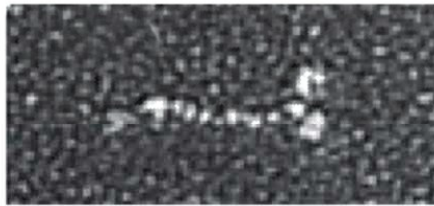
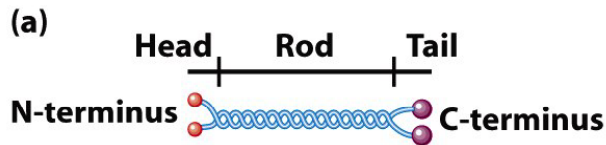


1  $\mu\text{m}$

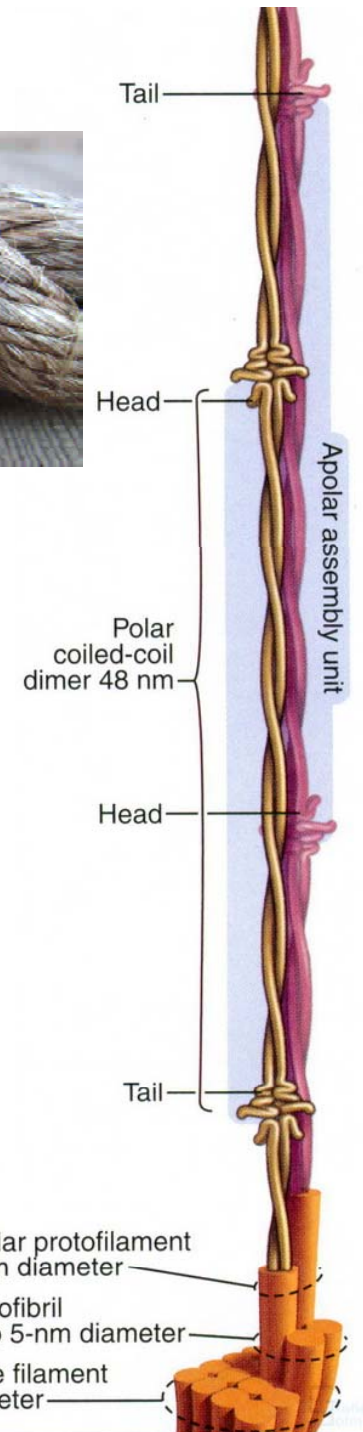
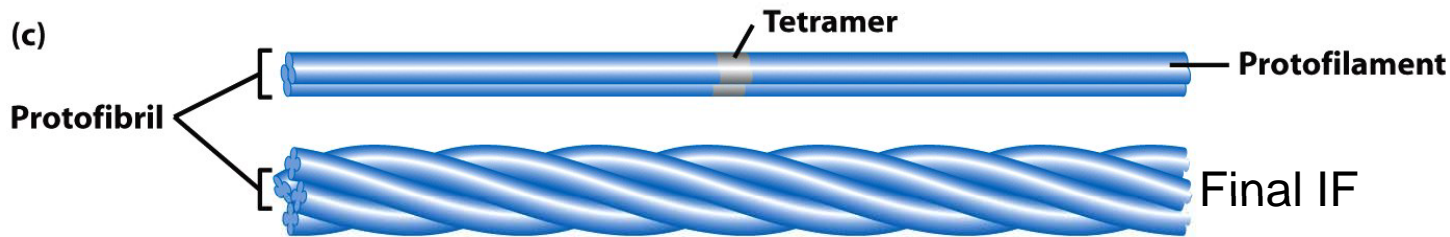
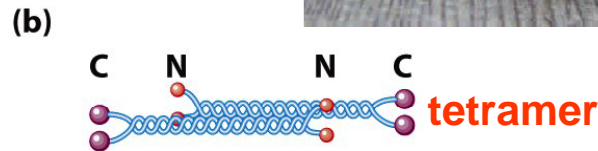


# Intermediate filaments look like a rope

- IFs assemble from monomers into **dimers**
- Two dimers assemble into tetramers
- Tetramers form the protofilament
- 4 protofilaments form a protofibril
- 4 protofibrils form the **final IF**

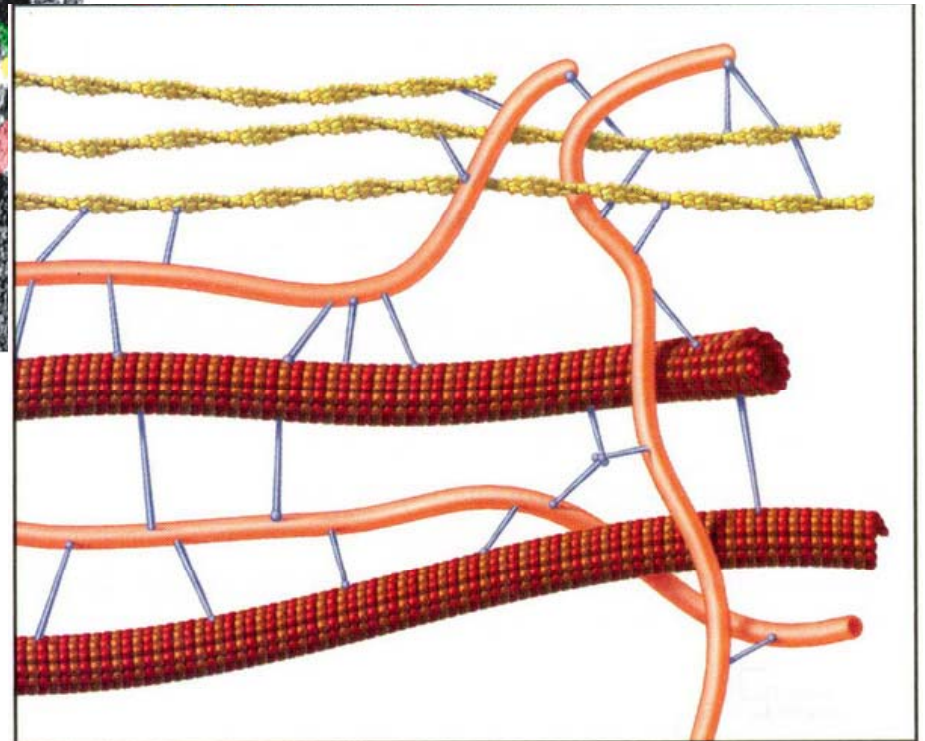
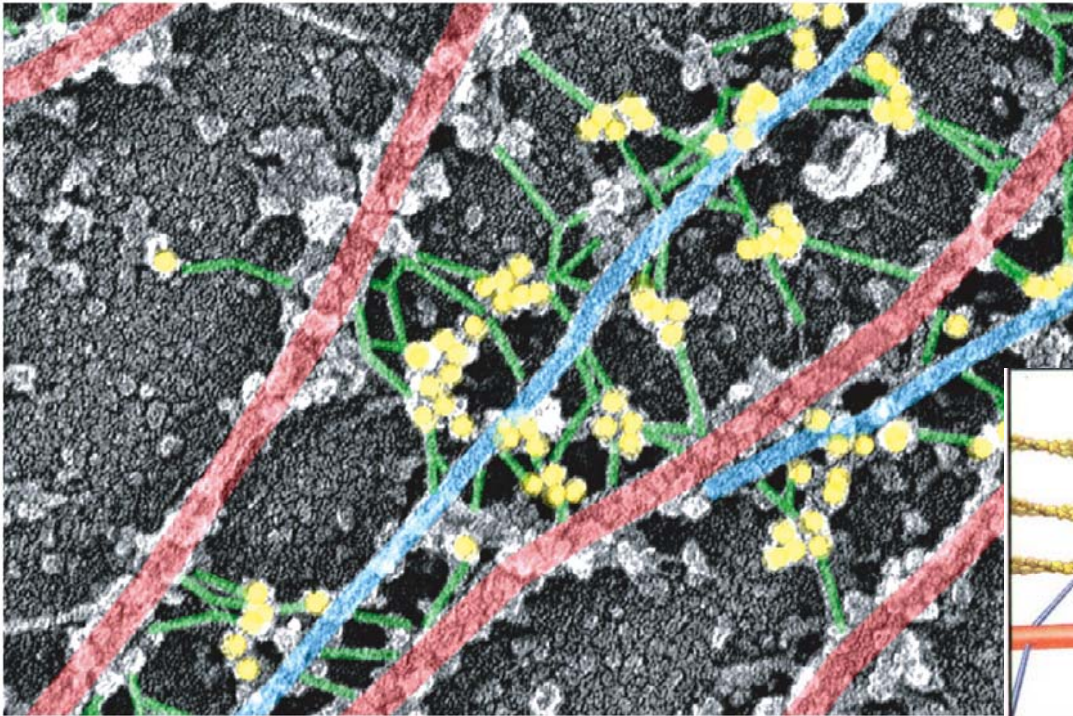


coiled-coil dimer



# Intermediate filament-associated proteins (IFAPs)

**Cross-link and bundle IFs**, connect all 3 major cytoskeletal elements (actin, microtubules, intermediate filaments) with each other



The crosslinker **plectin** integrates the 3 major cytoskeletal elements



# IFAPs and diseases

## PROTEINS ASSOCIATED WITH INTERMEDIATE FILAMENTS

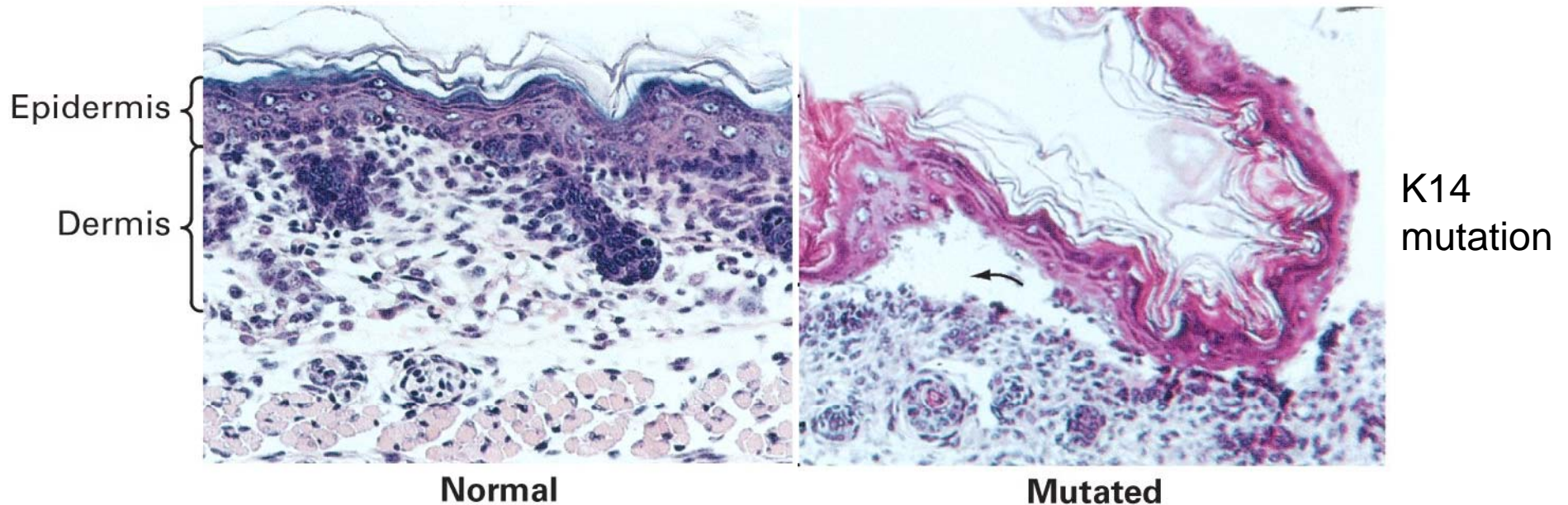
Name	Genes	Molecule	Distribution	Diseases
<b>BPAG1</b>	1	Alternate splicing forms BPAG1e and BPAG1n		<b>Blistering skin and neuropathy in mice</b>
BPAG1e		230 kD; membrane-anchored; binds keratin filaments to hemidesmosomes	Stratified epithelia	
BPAG1n		280 kD, including actin-binding domain; cross-links neurofilaments and actin filaments	Neurons	<b>Axonal degeneration of sensory nerves</b>
Filaggrin	1	37 kD; 10 filaggrins cut by proteolysis from profilaggrin precursor; aggregates keratin	Cornified epithelia	
Lamin-associated LAP1	1	Binds laminin to nuclear envelope 57–70 kD isoforms, integral membrane protein	Nuclei of animals	
LAP2	1	50 kD, integral membrane protein		
LBR	1	73 kD, 8 transmembrane spans		
Emerin	1	34 kD protein of the inner nuclear membrane	Animal cells	Emery-Dreifuss muscular dystrophy
<b>Plectin</b>	1	>500 kD homodimer; cytoplasm, focal contacts, hemidesmosomes; binds IF, actin filaments, microtubules, spectrin, MAPs	Animal cells	<b>Blistering skin with muscular dystrophy in mice and humans</b>

Pollard, 1st ed.

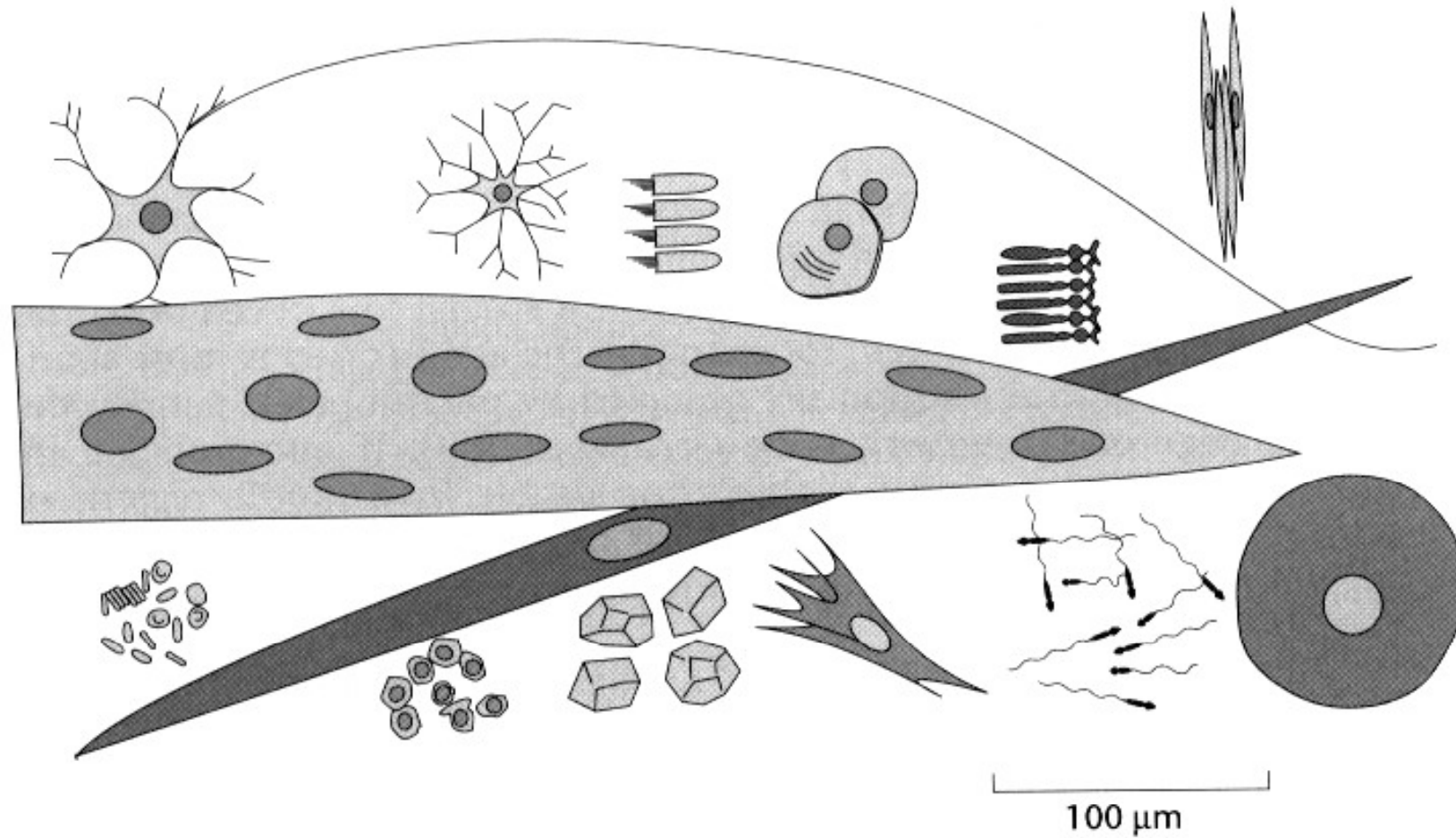


# Intermediate filaments and disease

- Non-functional **keratin K14** leads to **EBS** (*epidermolysis bullosa simplex*)
- **Neurofilament NF-L** is involved in **amyotrophic lateral sclerosis (ALS)** and **Parkinson disease**



# Cell mechanics: physical forces that maintain cell shape



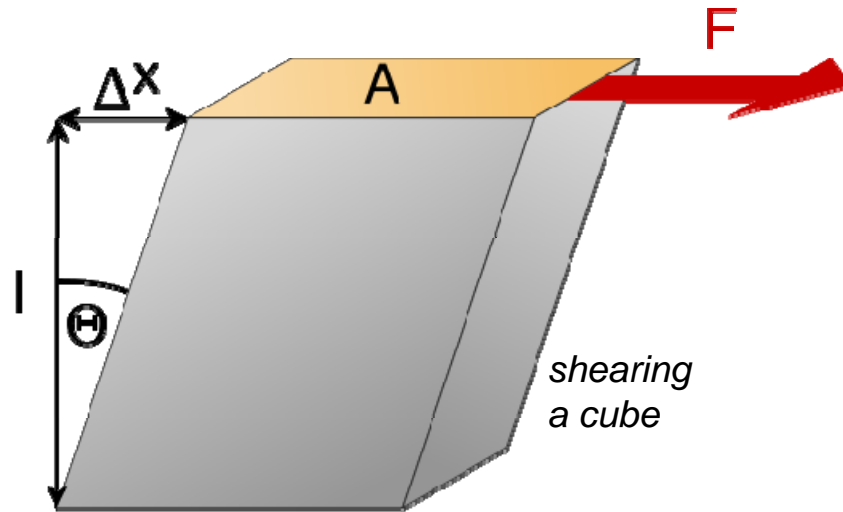
Muscle cells, fibroblast, red blood cells, neurons, egg, sperm, hair cell, retinal cells...  
... drawn to same scale.

# The quantities of cell mechanics: Physics meets Biology

Cells have both, viscous and elastic properties, they behave **viscoelastic**

**Shear stress**  $\delta = \text{Force per Area}$  or:  $\sigma = \frac{F}{A}$  [Pa]

**Strain**  $\gamma = \text{Deformation} = \Delta x/x_0$

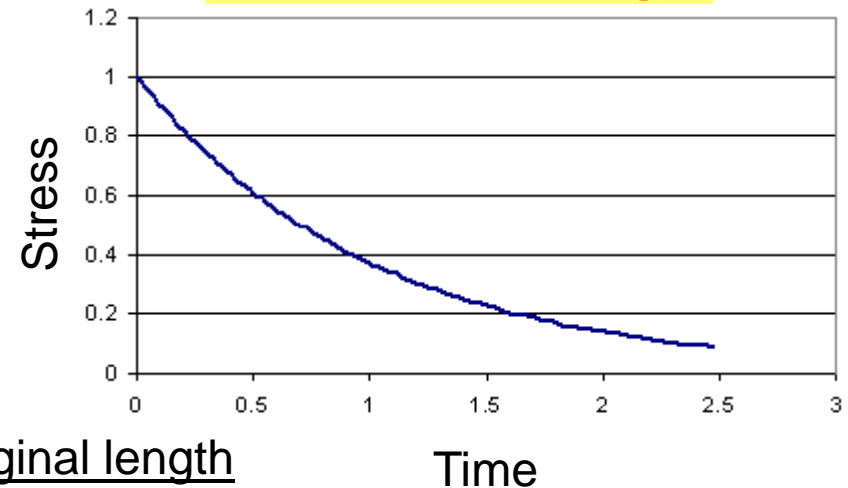
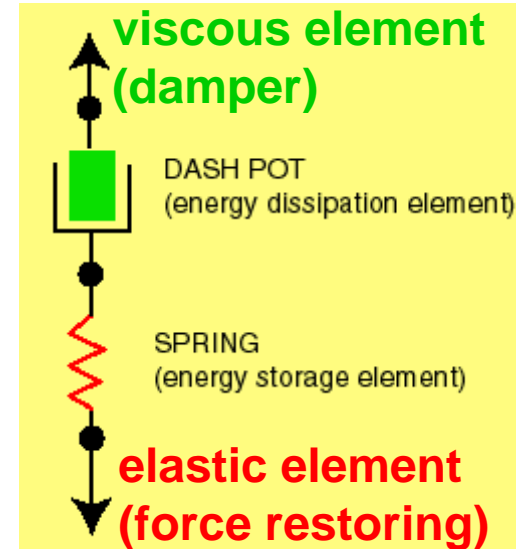


- If a Maxwell material is suddenly strained (deformed): stresses decay with time
- If we suddenly free the deformation:  
**elastic element** – spring back

**viscous element** = does not return to its original length

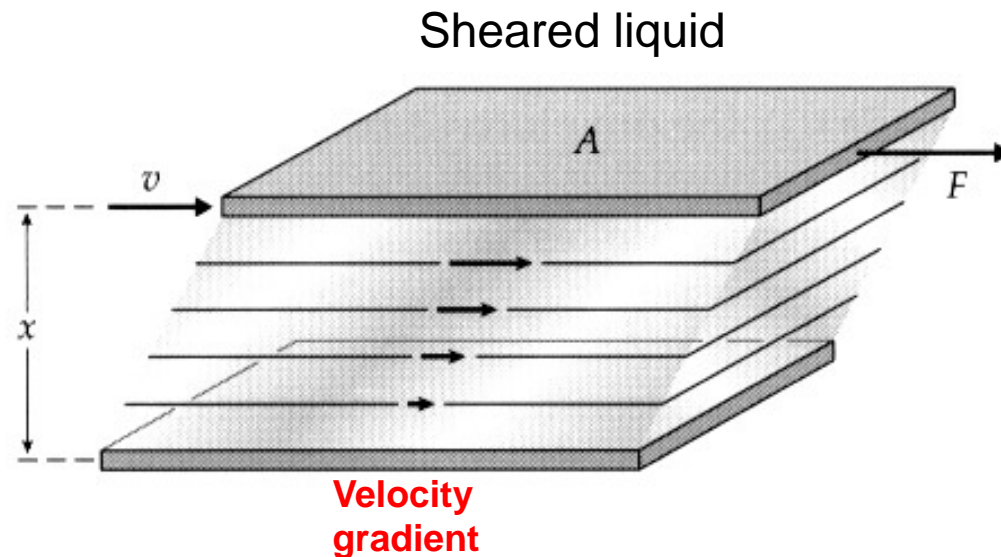
=> Problem: **irreversible deformation component**

**Maxwell model** of viscoelastic materials





## Anatomy of the viscous dashpot: viscous damping



Shear stress proportional  
to velocity gradient:

$$\frac{F}{A} = \eta \frac{dv}{dx}$$

- When a fluid is placed between two plates and the upper plate is moved while the lower plate is stationary a **velocity gradient** is observed
- The shear stress ( $F/A$ ) is proportional to this velocity gradient ( $dv/dx$ )
- The **constant**  $\eta$  ( $\hat{\eta}$ ) of this relation is called the **coefficient of viscosity**
- Because the unit for shear stress is Pa and the unit for the velocity gradient (= shear rate) is  $s^{-1}$ , the unit for the viscosity is Pa · s

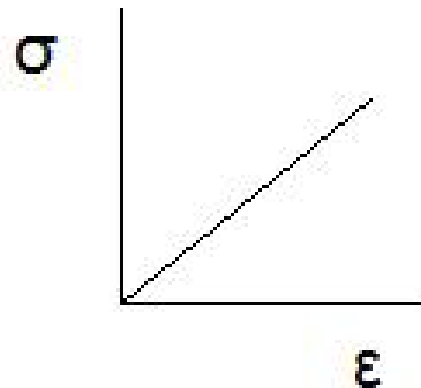
# The quantities of cell mechanics

## Problems of the Maxwell model

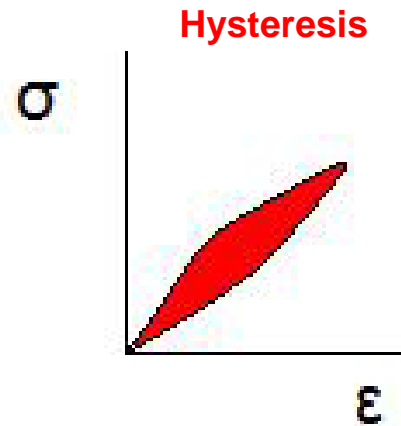
- If a Maxwell material is **suddenly released** from stress:  
**elastic element**: spring-back to its original value  
**viscous element**: no change in deformation
- Further problem: Maxwell model not ideal for predicting creep behavior (because it describes the strain relationship with time as linear)

“**Creep** is the tendency of a solid material to slowly move or deform permanently under the influence of stresses”

## Stress/Strain curves



**Elastic** material

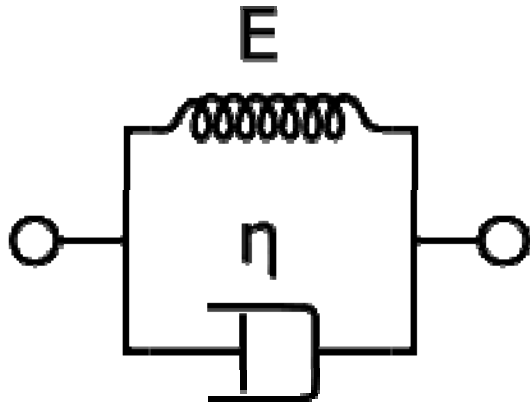


**Viscoelastic** material

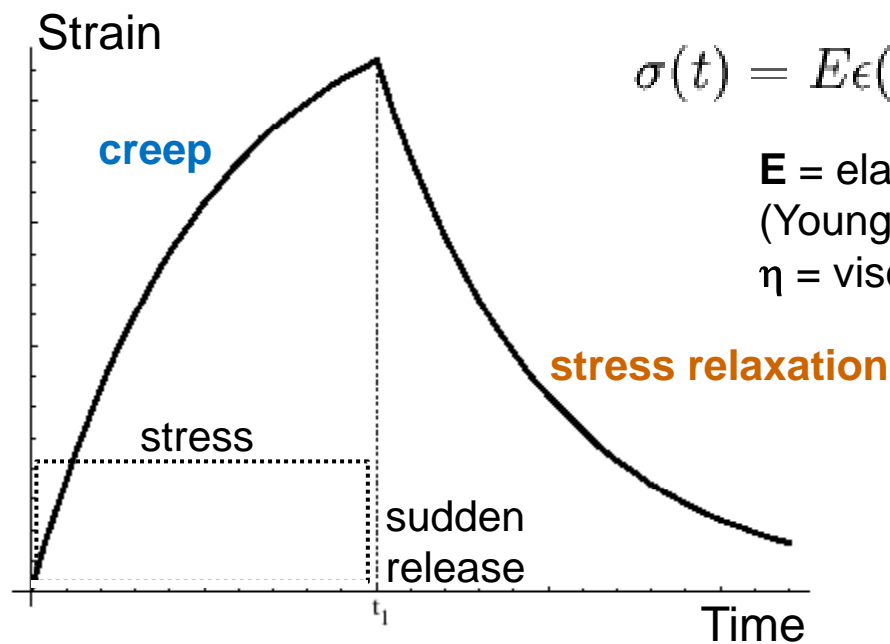
# The quantities of cell mechanics

Kelvin-Voigt model describes well the creep behavior of viscoelastic materials

**Kelvin-Voigt model** of viscoelastic materials (solid-type)



Spring and dashpot in parallel



$$\sigma(t) = E\epsilon(t) + \eta \frac{d\epsilon(t)}{dt}$$

$E$  = elastic modulus  
(Young's modulus)  
 $\eta$  = viscous modulus

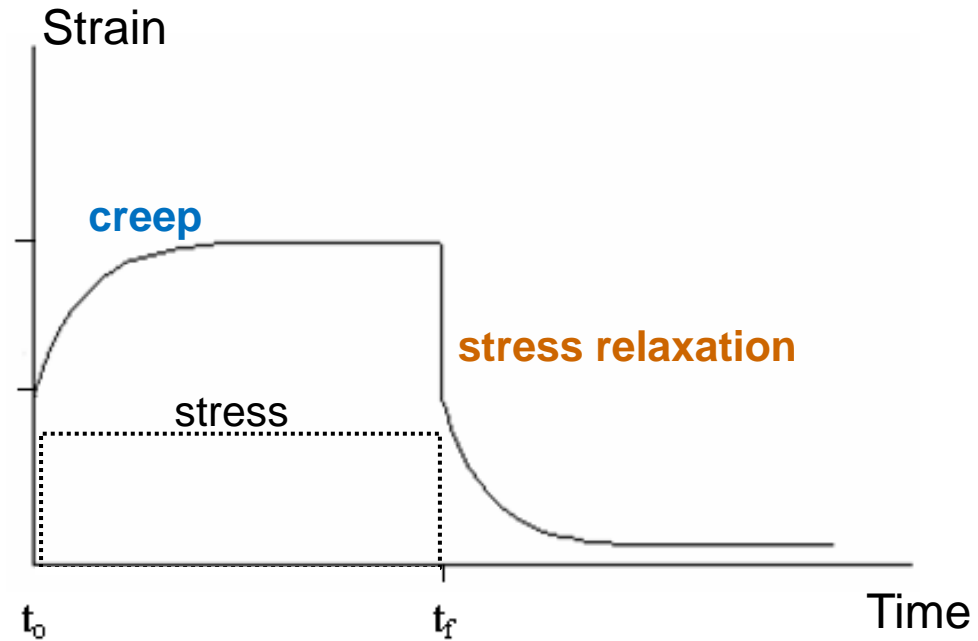
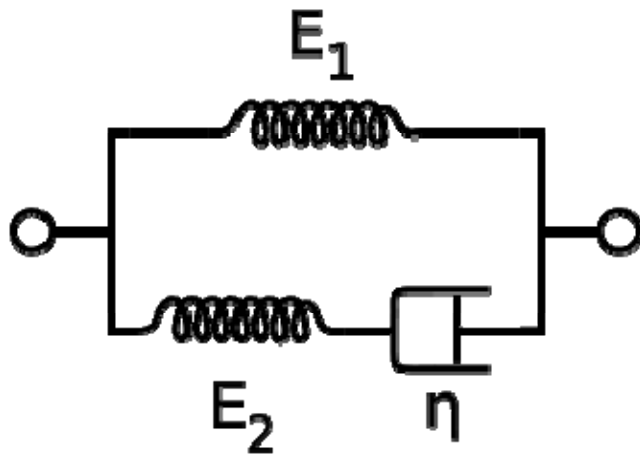
- If we suddenly free the material from strain:  
**elastic element** retard the material back until the deformation become zero  
 $\Rightarrow$  **elastic element resets dash-pot** = deformation is reversible
- Further: model better for describing creep behavior
- Problem: model not good to describe **stress relaxation** (here too continuous)



# The quantities of cell mechanics

SLS model describes well the creep and stress relaxation of viscoelastic materials

**Standard-Linear-Solid (SLS) model** of viscoelastic materials

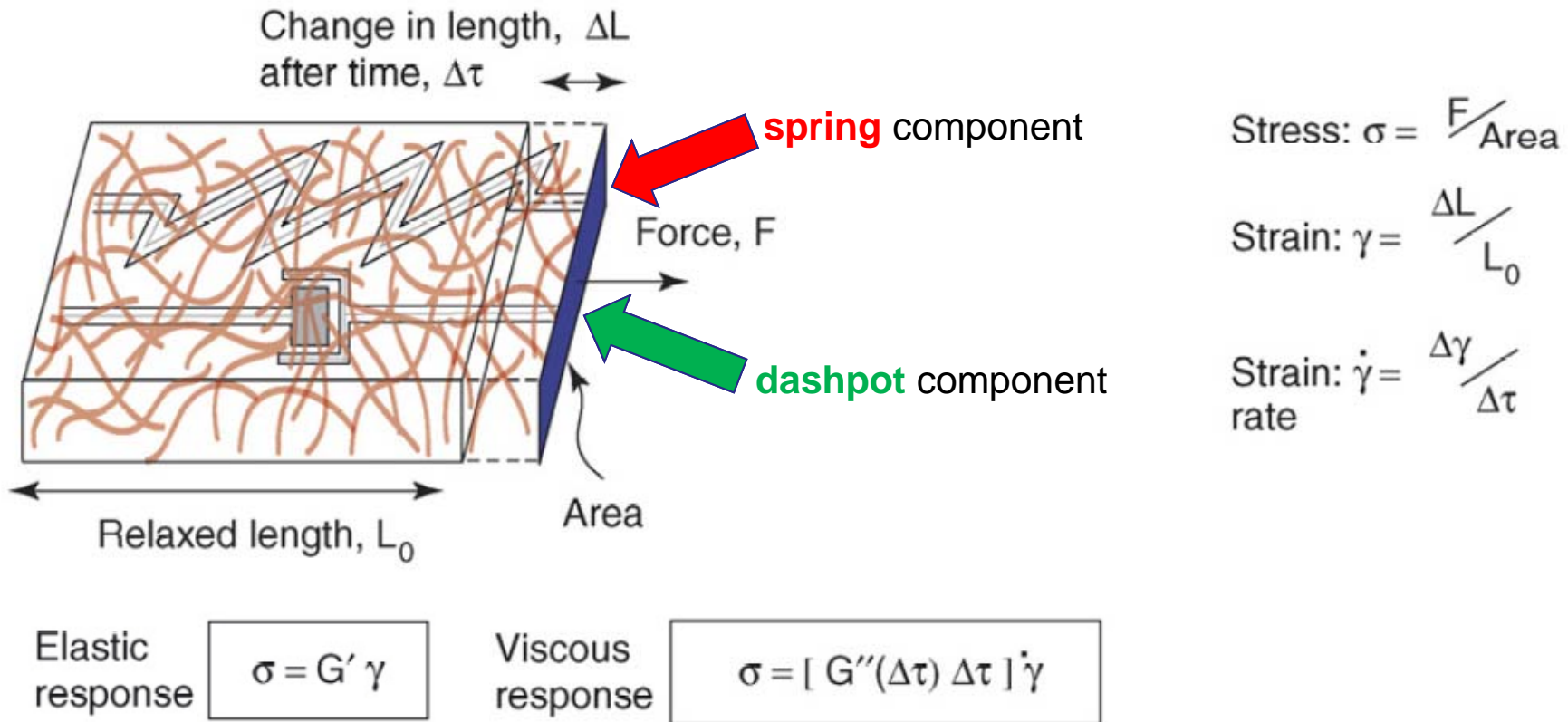


SLS model describes well **creep** and (discontinuous) **stress relaxation**

*Is the cell a solid or a liquid?*

# Cell mechanics: *Example from your reading material!*

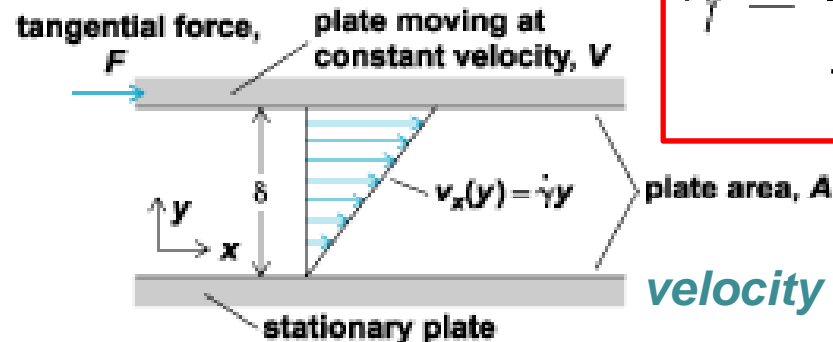
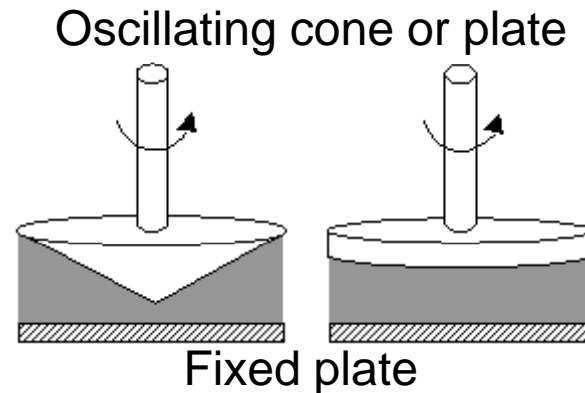
Storage and loss modulus describing elastic and viscous behavior of cells



- **Elasticity** of **biopolymer** networks allows them to resist deformation **like a spring**  
 $\Rightarrow$  energy of deformation is stored regardless of time: **storage modulus  $G'$**
- **Viscous behavior** of **biopolymer** networks allows them to **flow as a fluid**:  
 $\Rightarrow$  resistance depends on the rate of deformation (like in a **dashpot**)  
 $\Rightarrow$  energy put into deformation: dissipated or lost: **loss modulus  $G''$**

# Rheology: determination of viscoelastic properties of liquids

- Rheo = flow (Greek) = measuring the flow of liquids
- Most popular: cone-plate or plate-plate **rheometer** = liquid placed between 2 plates
- Upper plate rotates at defined speed and angle = **shear rate** (velocity per distance)
- Upper plate also measures the resistance (response) of the fluid to applied shear by measuring the **torque** (= twisting force) = **shear stress** (F/A)



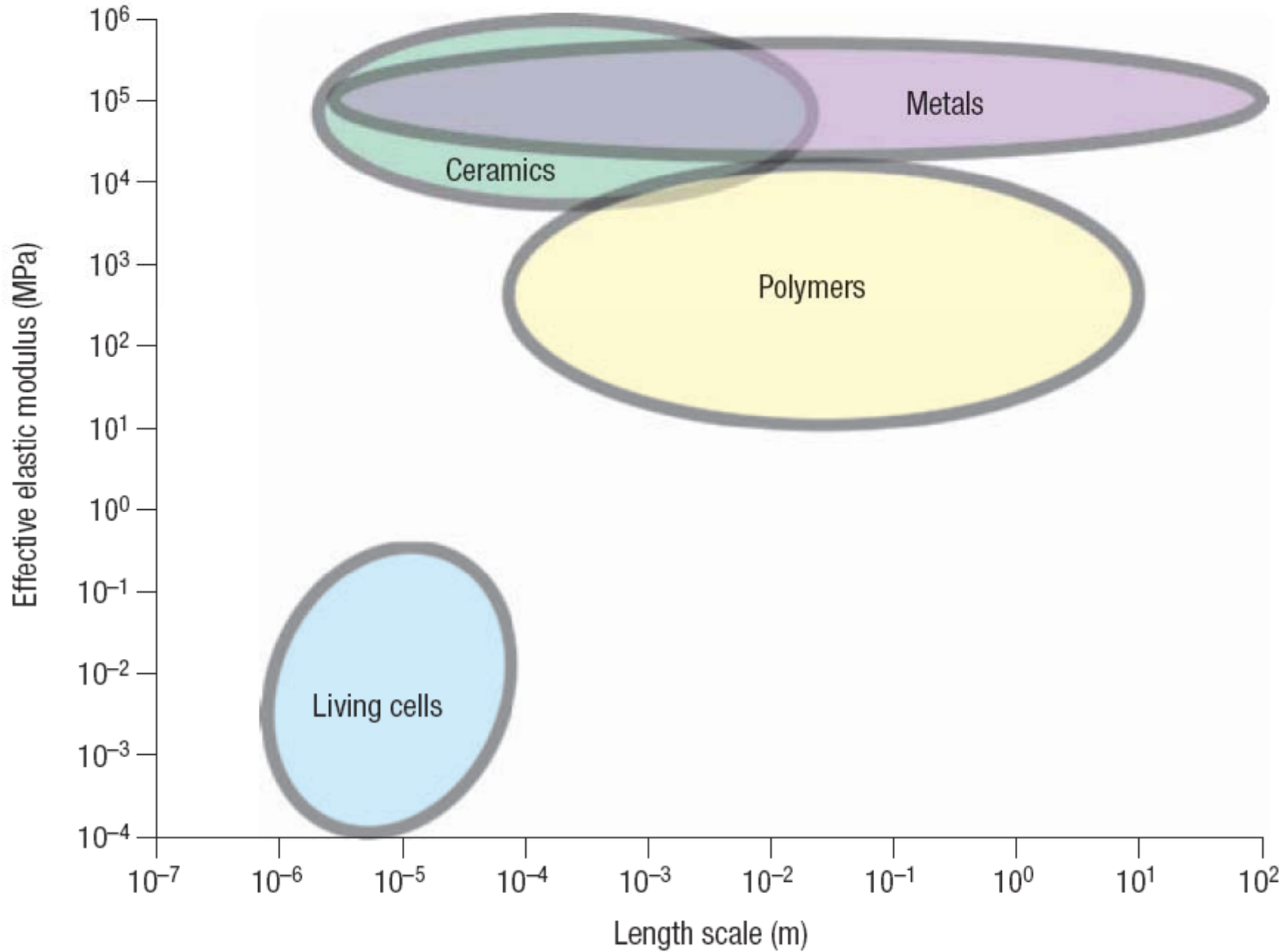
**Shear rate:**

$$\dot{\gamma} = \frac{v}{y}$$

$v$  velocity per distance  
 $y$  (distances between plates)

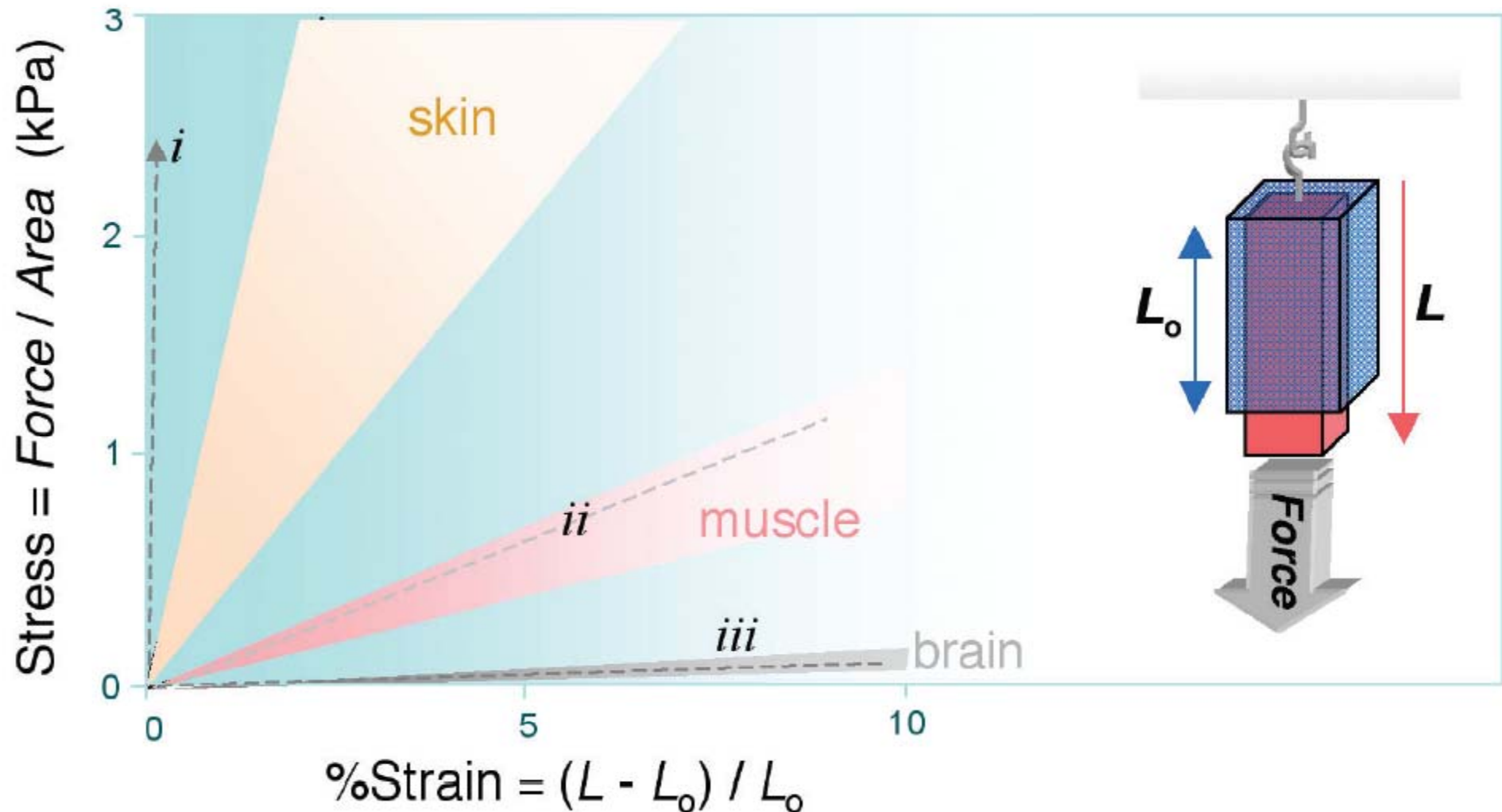


Range of elastic moduli of cells compared with metals, ceramics and polymers

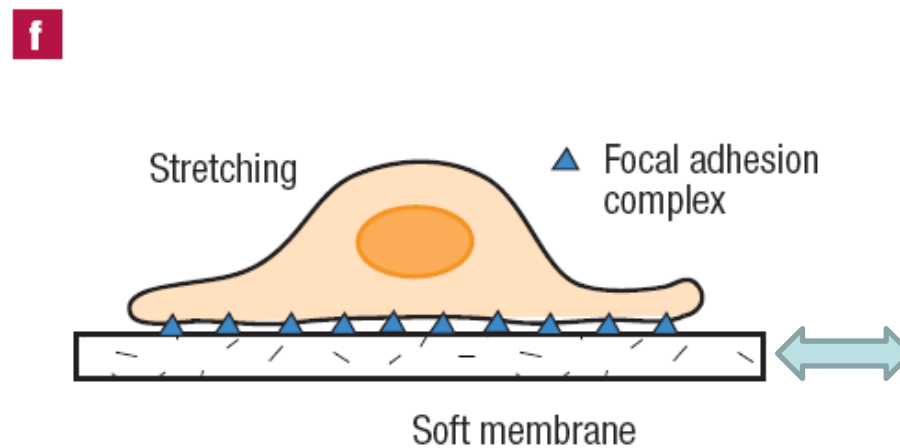
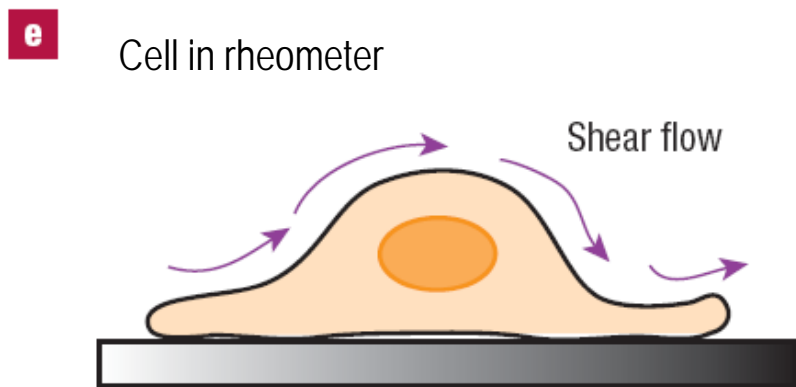
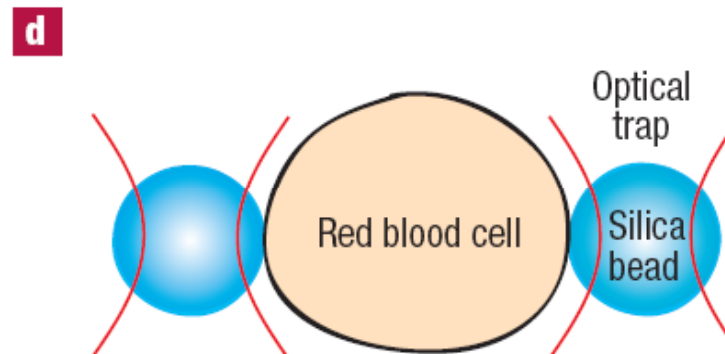
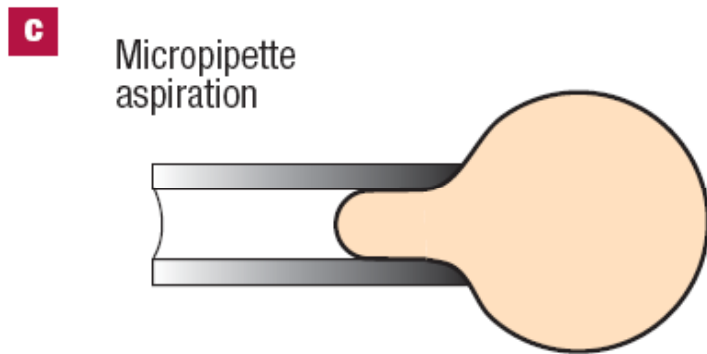
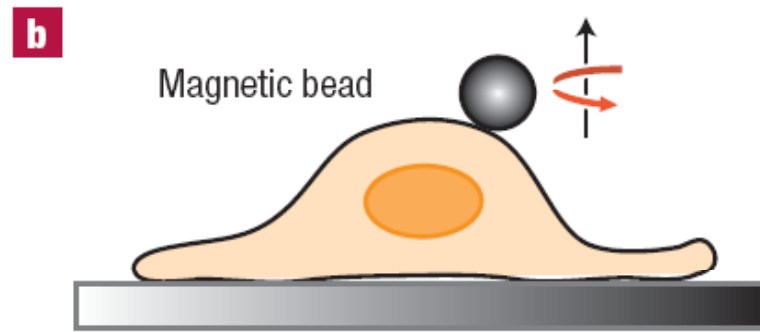
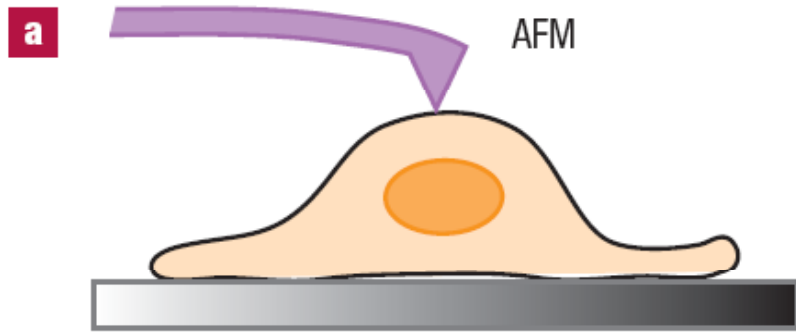


## Strain/stress plot for different tissues

- To stretch (strain) **skin tissue**, a considerable amount of force (stress) is needed
- **Muscle tissues** can be deformed (strain) easily using only low forces (stress)
- **Brain tissue** does not show any elastic behavior (negligible strain/stress features)



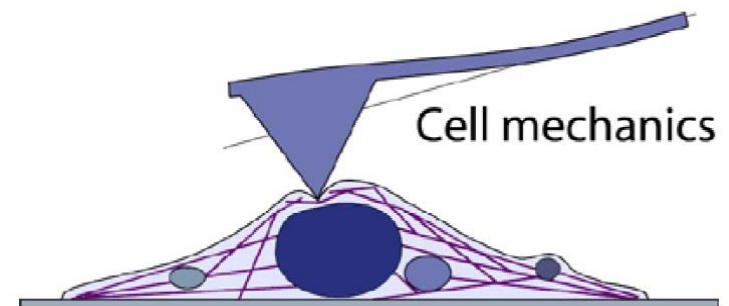
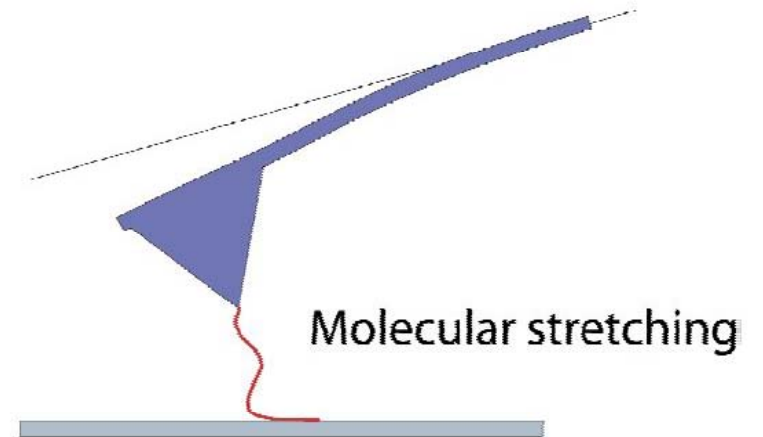
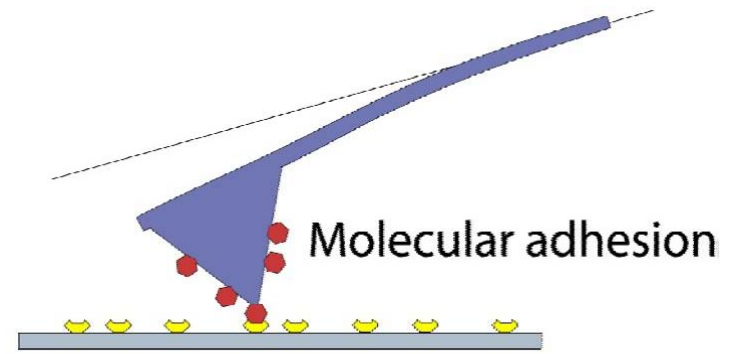
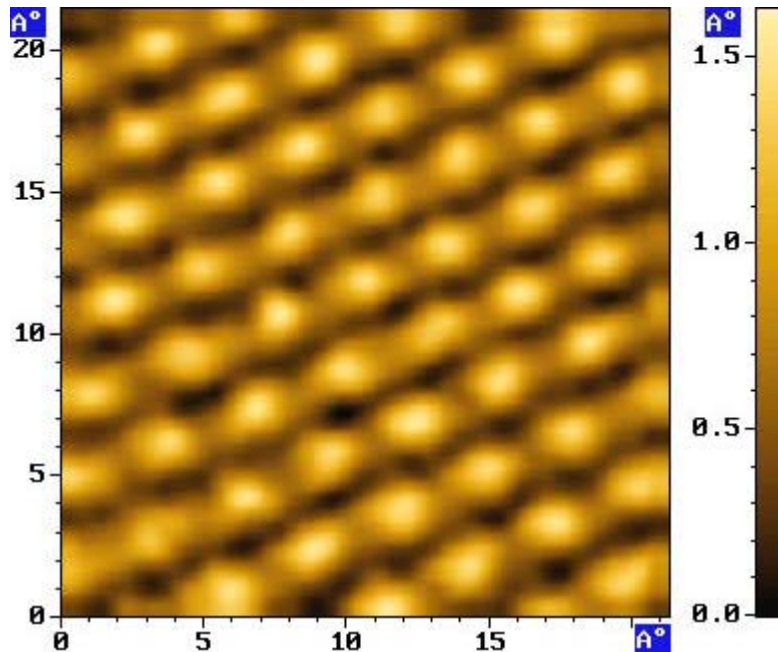
# Methods to measure the mechanical properties of cells

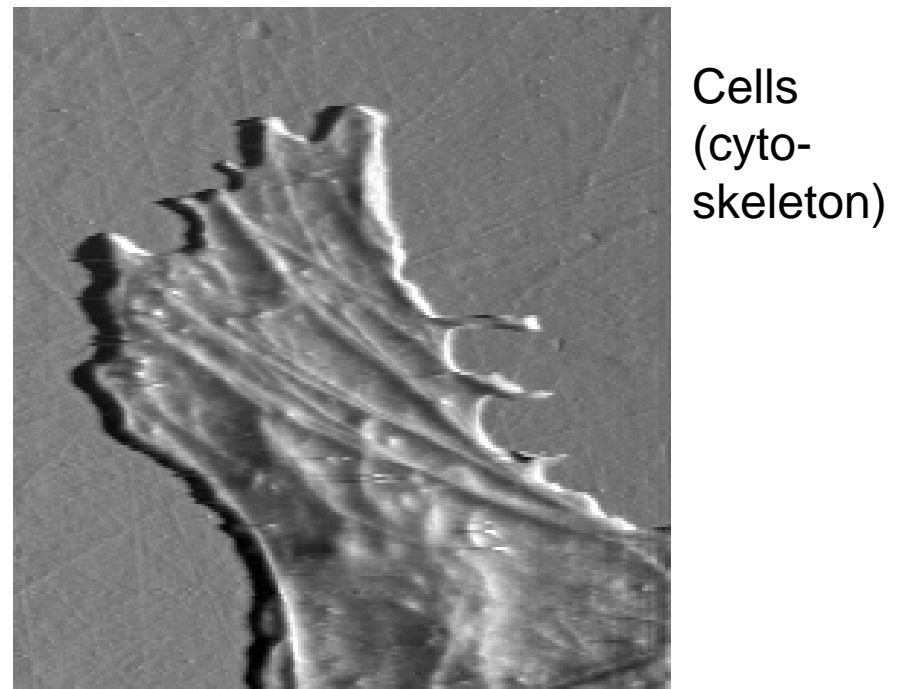
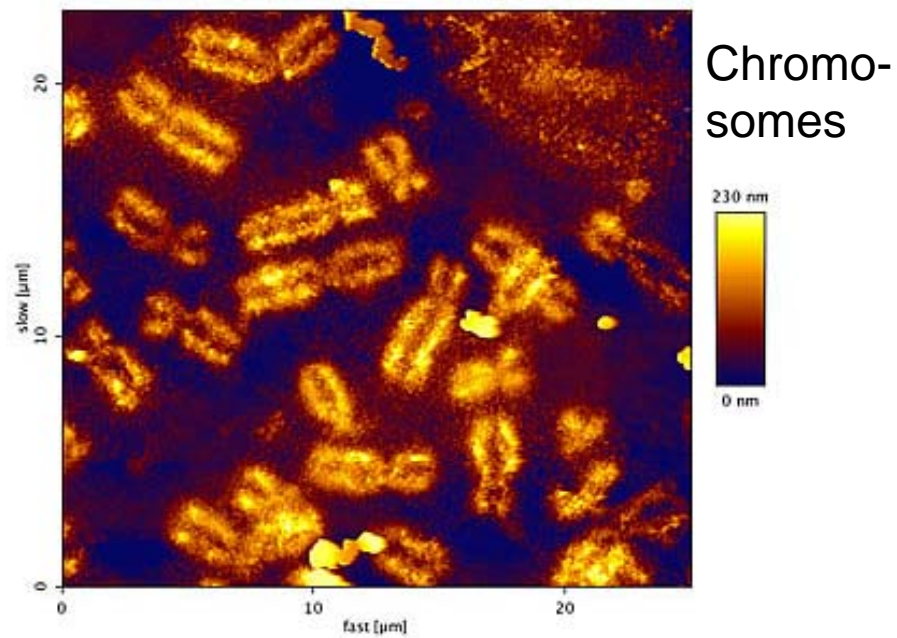
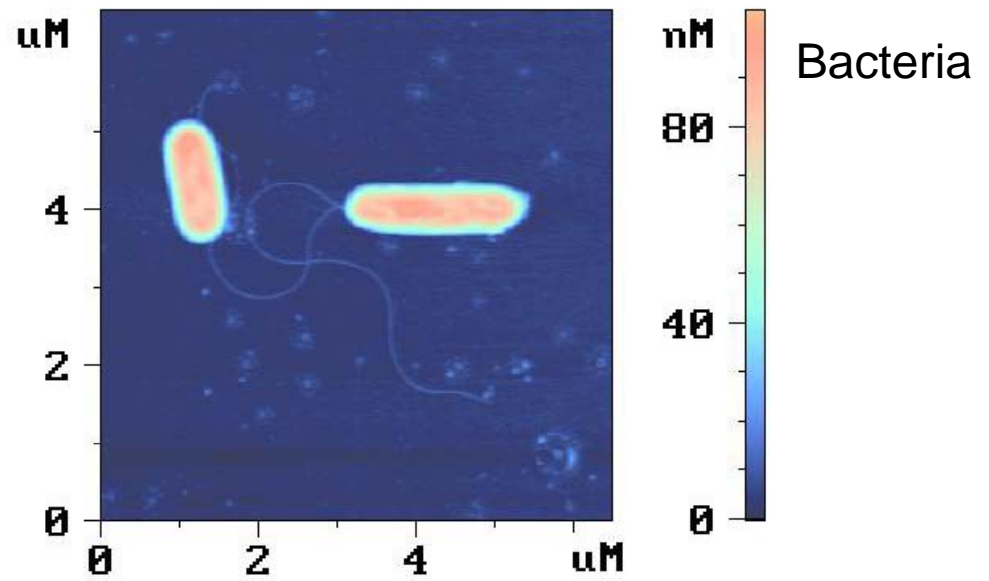
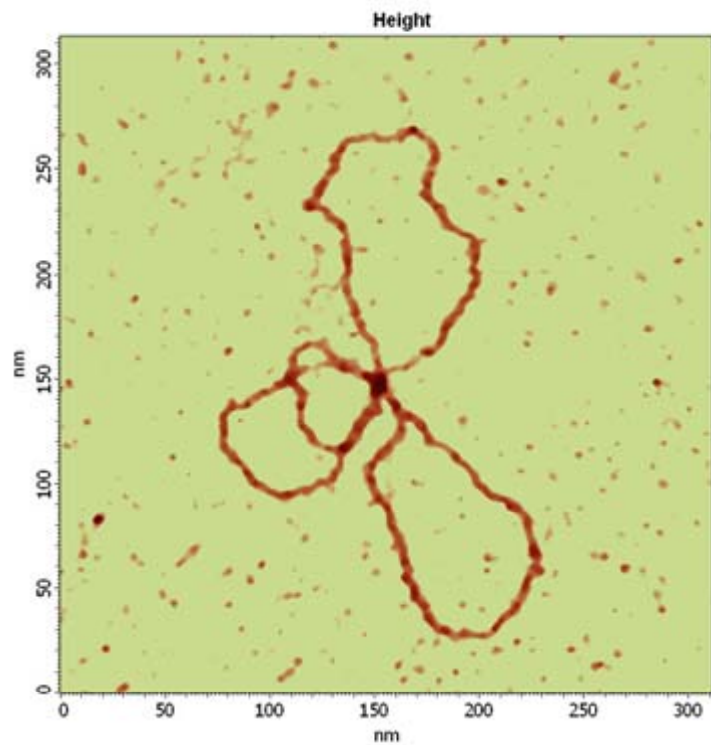




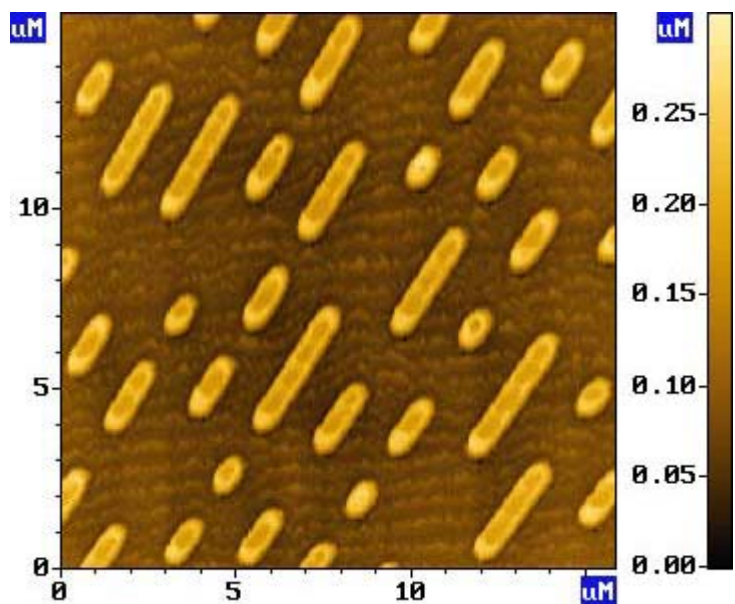
# Nano-manipulation of cells and biopolymers using AFM (atomic force microscopy)

1980s scanning probe microscope (SPM) presented the first atomic-scale image of a gold-surface

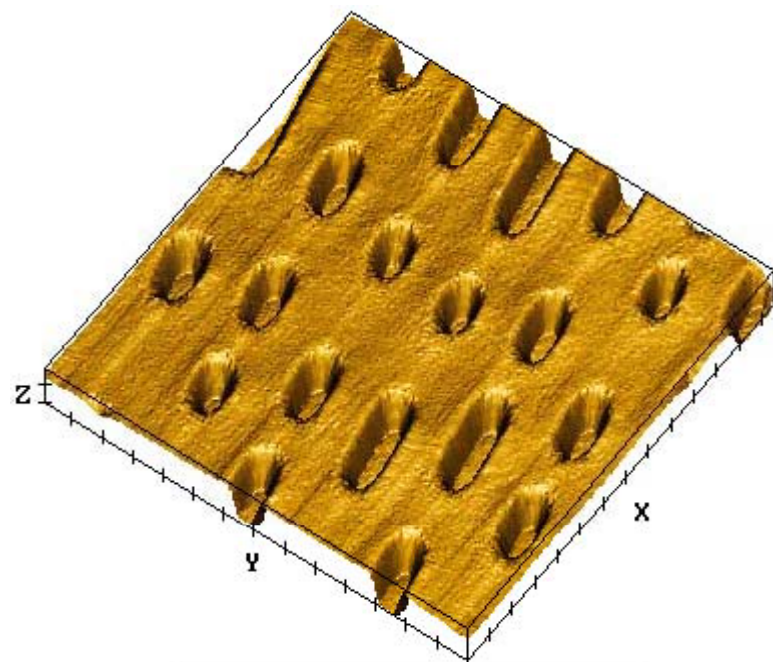
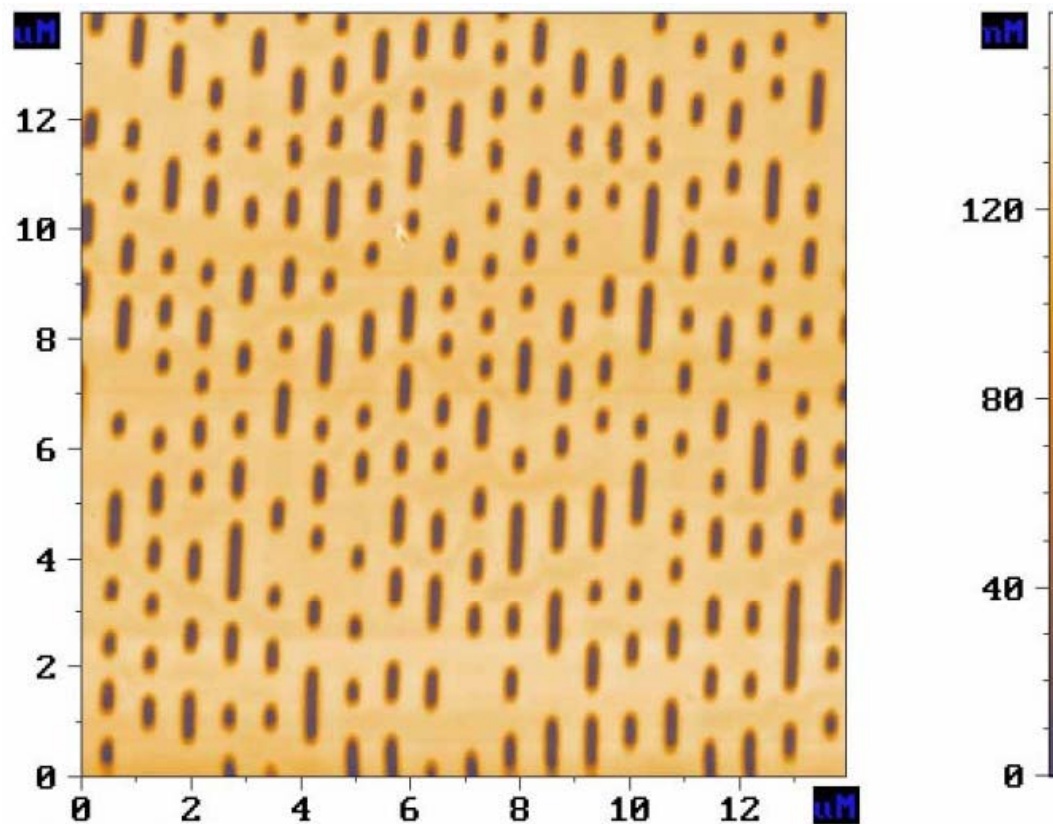




CD Disk



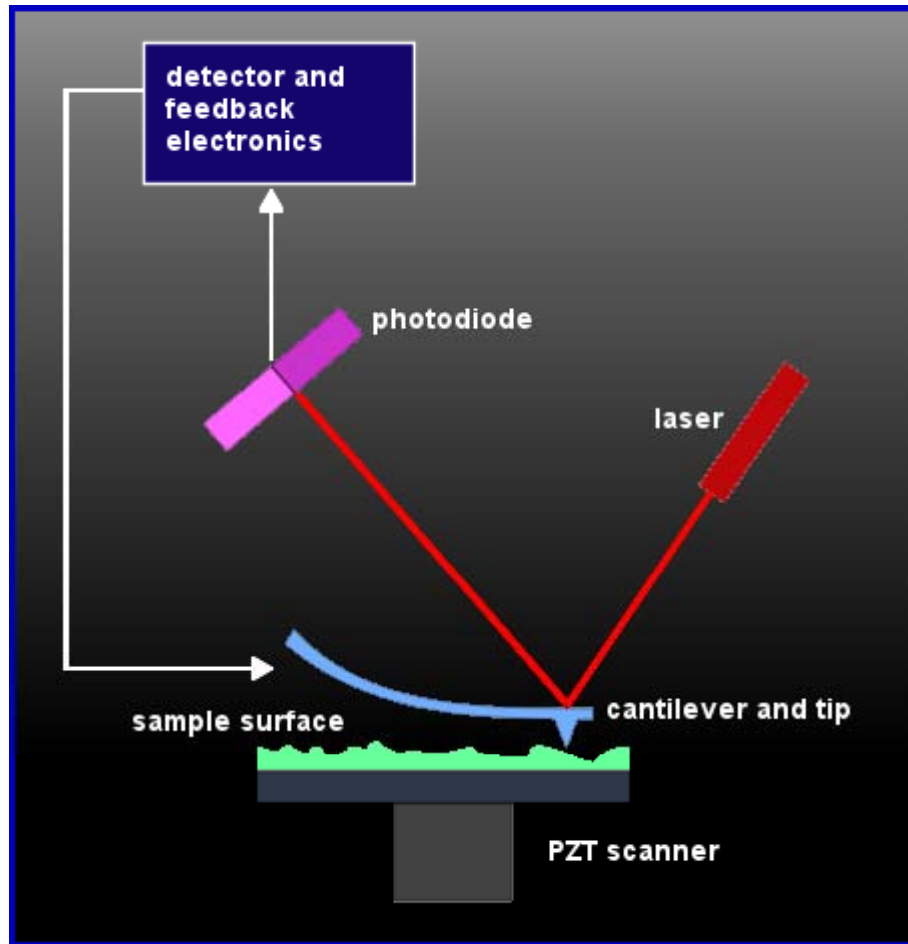
DVD Disk



SCALE X:1 μM Y:1 μM Z:0.1 μM



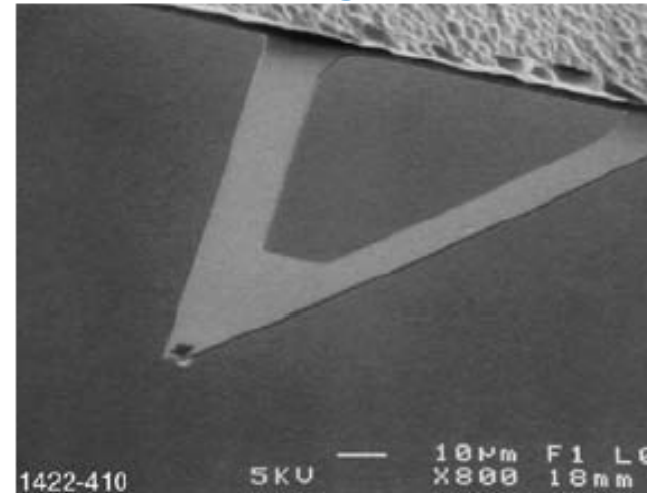
# How does it work?



**Spring constant (k):** 0.6-0.06 N/m

**Tip radius:** 20-60 nm

**Cantilever length:** 100-200  $\mu\text{m}$



SEM of AFM tip

*Animation*

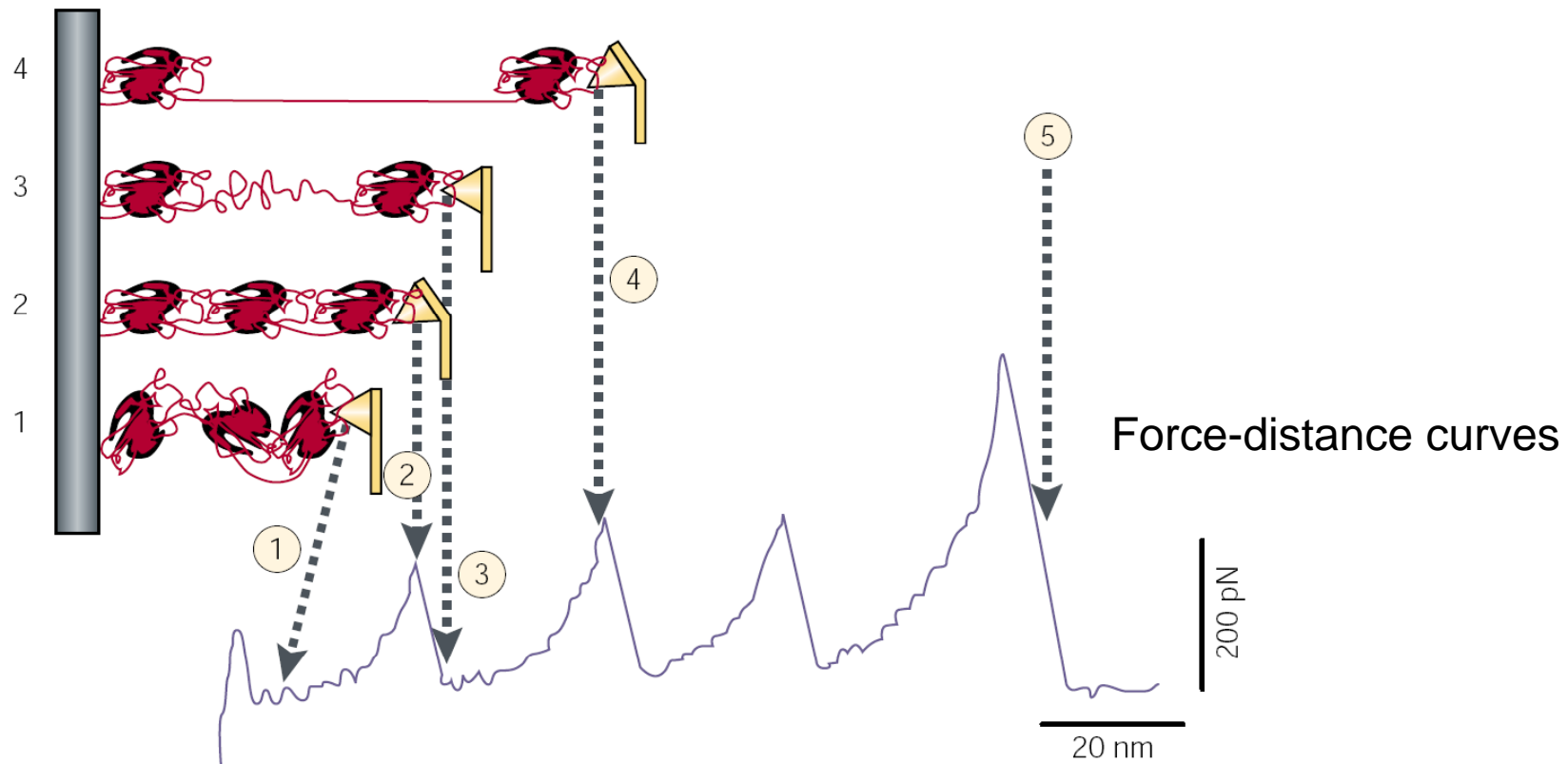
*AFMModel.exe*

*Animation*

*pi.swf*

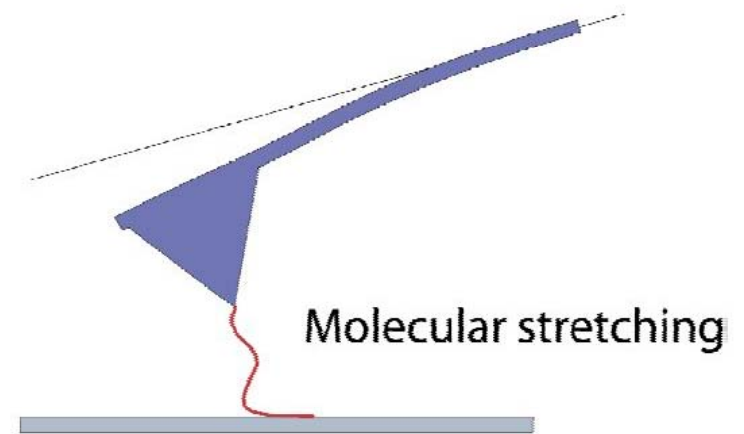
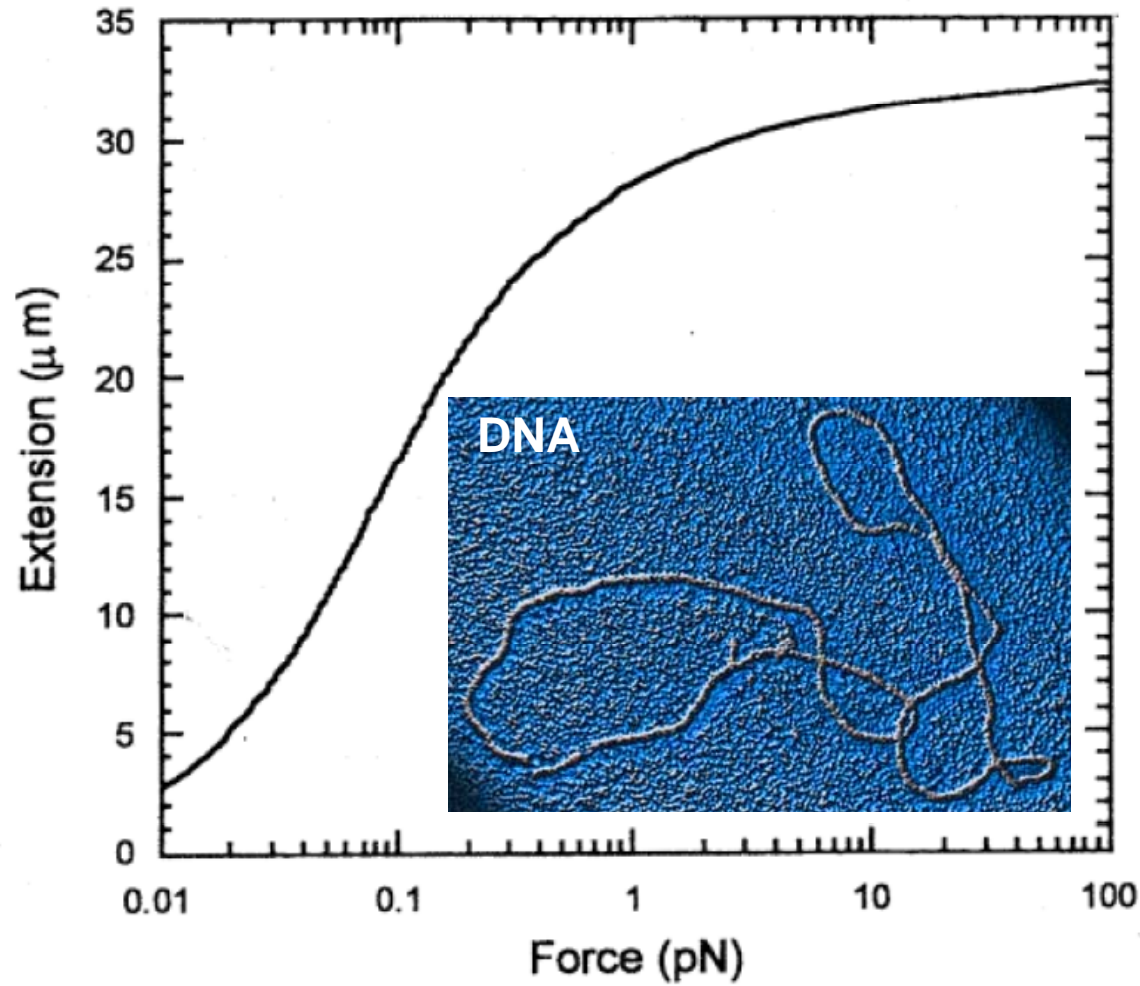
## Advanced Force Spectroscopy

- **Protein unfolding**: AFM tip grabs the end of a protein (attached to a surface) => **protein unfolds in its several domains**
- Resulting **force-distance curve** shows a series of **snap-back points** each representing the breaking of a chemical bond



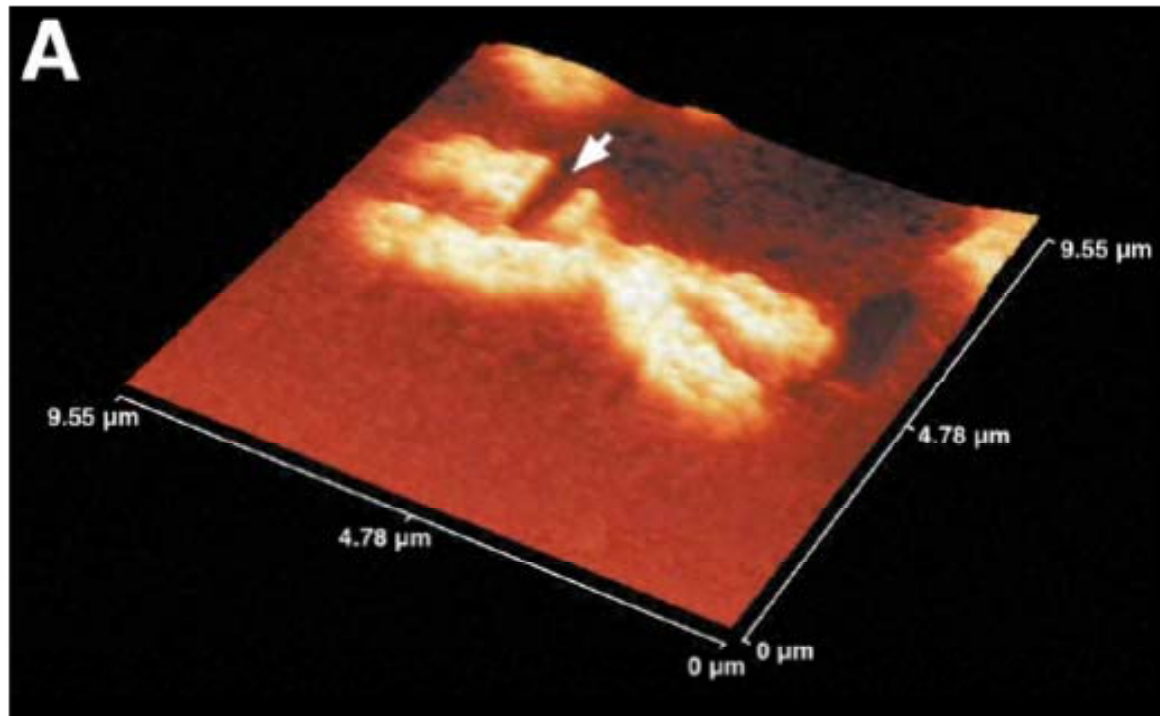
Domain unfolding of repeating immunoglobulin-like domains

How much force needed to stretch DNA?

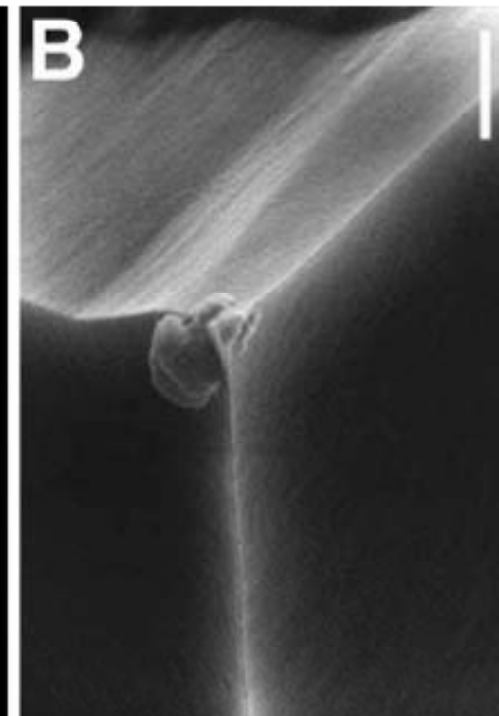




# Nano-dissection

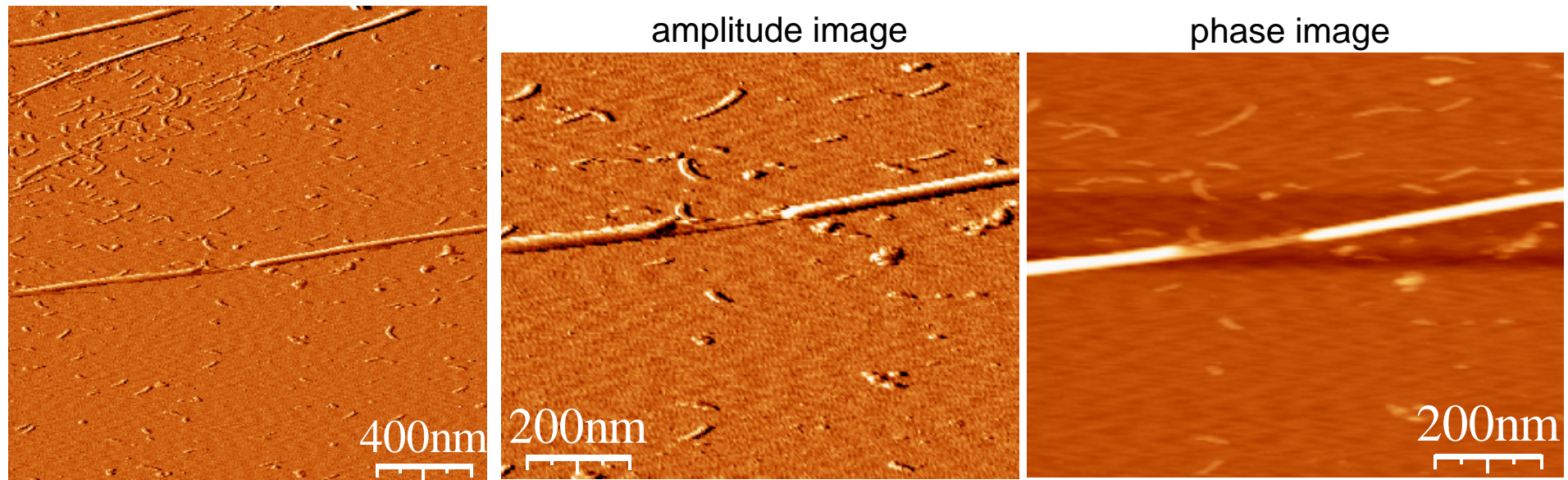


DNA extraction from a human chromosome



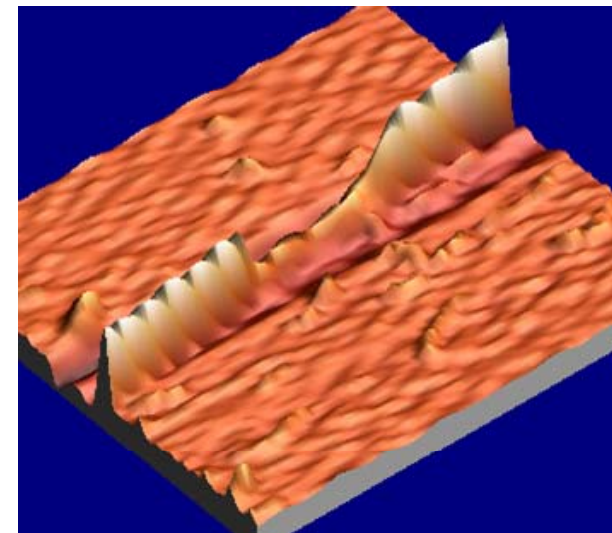
SEM image of the tip shows the piece of DNA

# Nano-dissection of microtubules using AFM



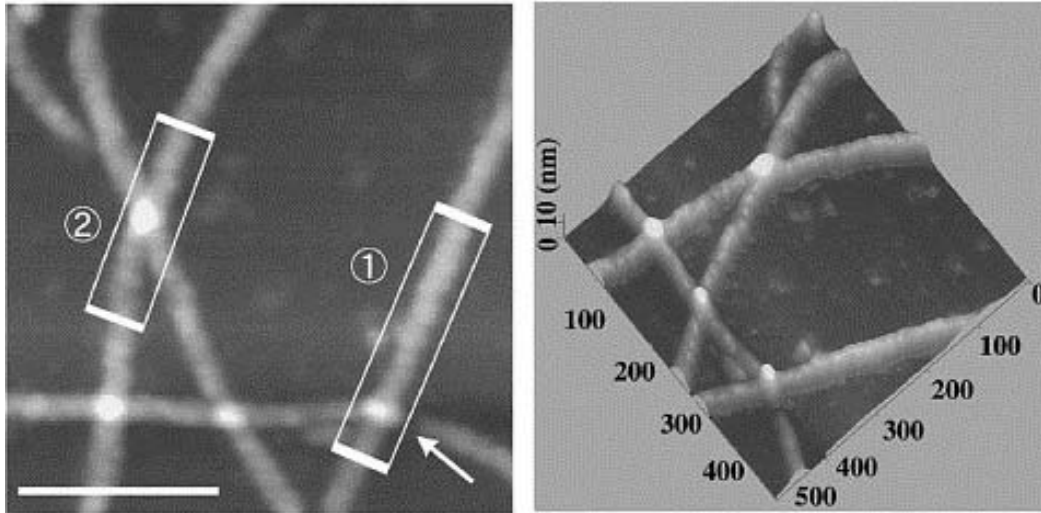
Single microtubule in buffer dissected by AFM tip

⇒ AFM to cut and shorten microtubules to desired length for MEMS application (e.g. MTs of defined length served as motor tracks)

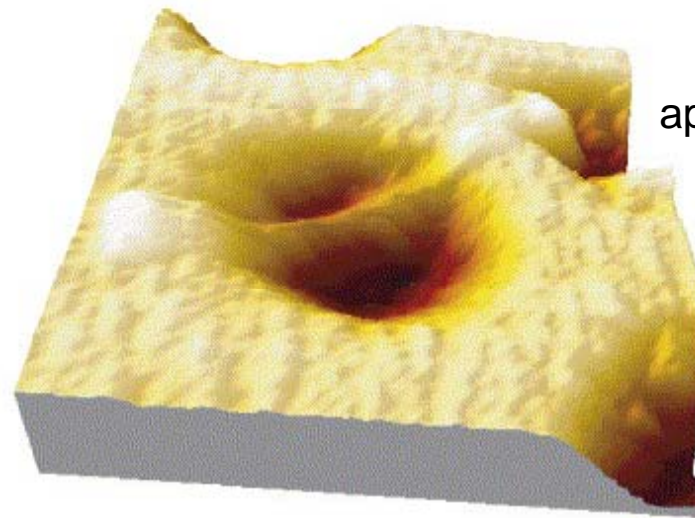
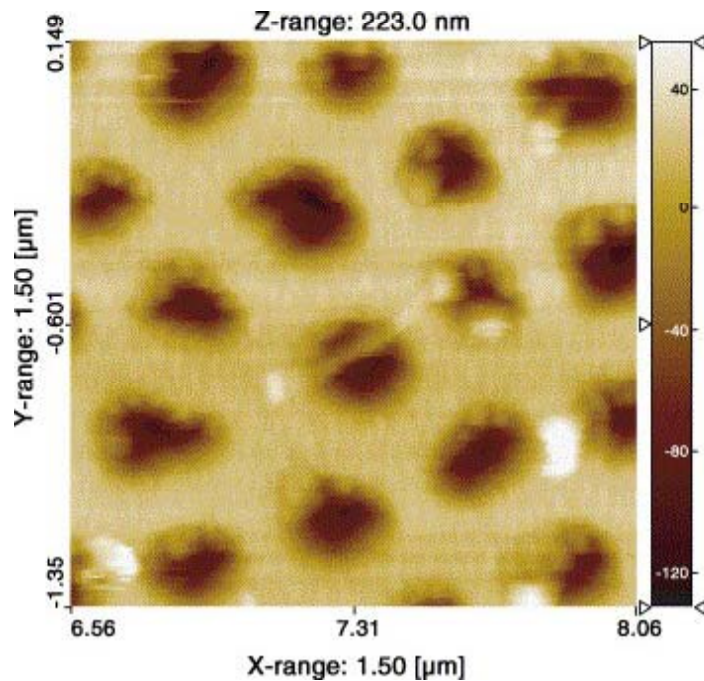


3 D image

# Nano-indentation: Squeezing an intermediate filament thru a nano-hole



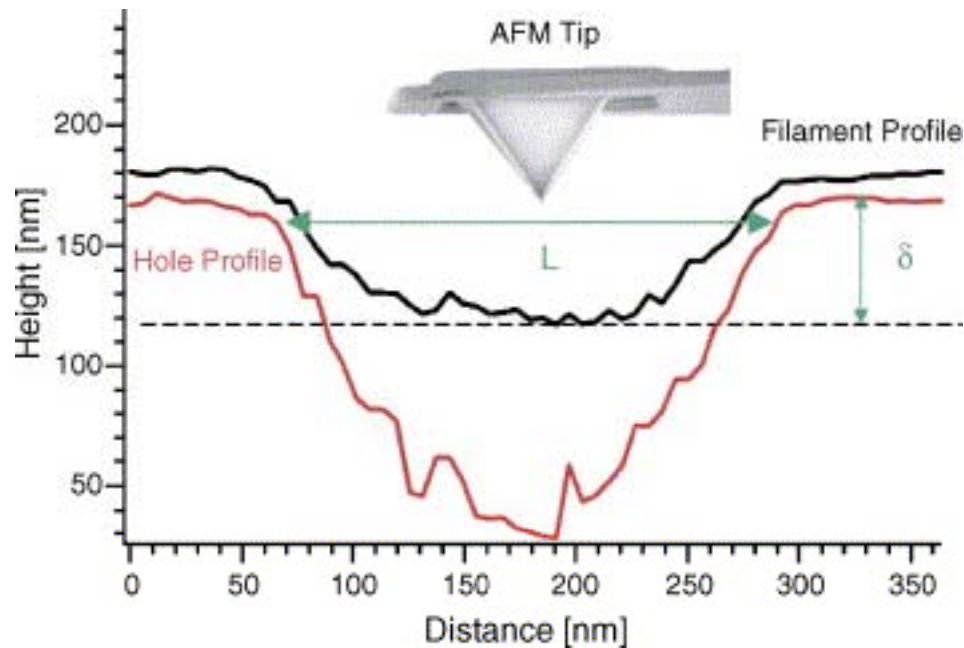
- Measuring the bending properties of a single **intermediate filament** using an AFM
- Tip elastically **deforms single filaments** hanging over a porous membrane



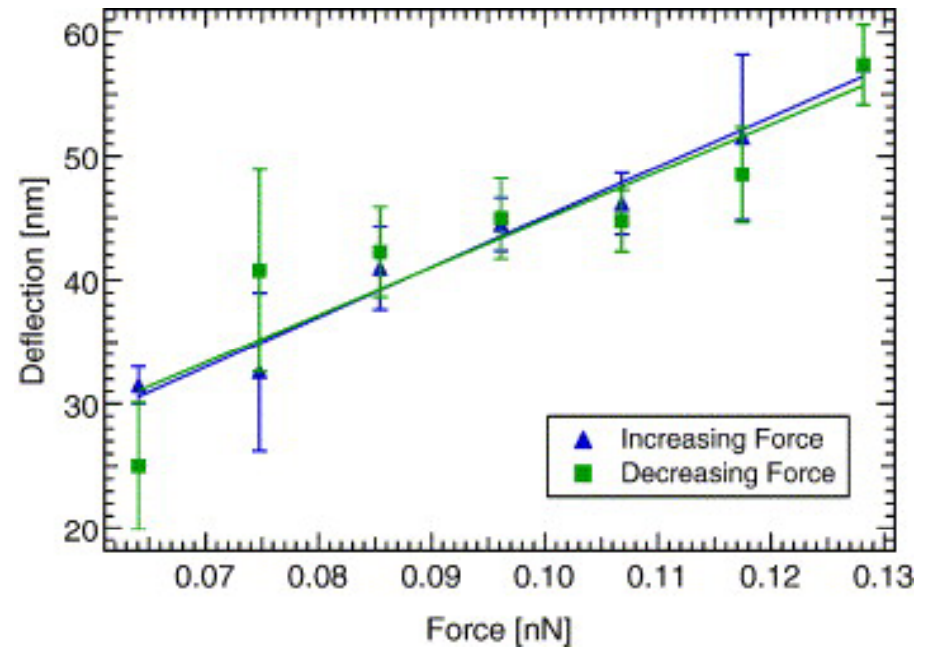
applied force **0.11 nN**



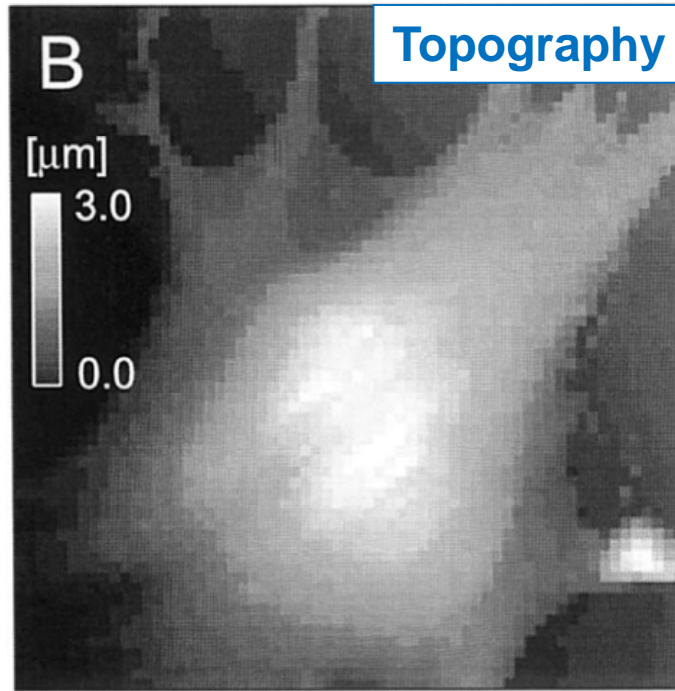
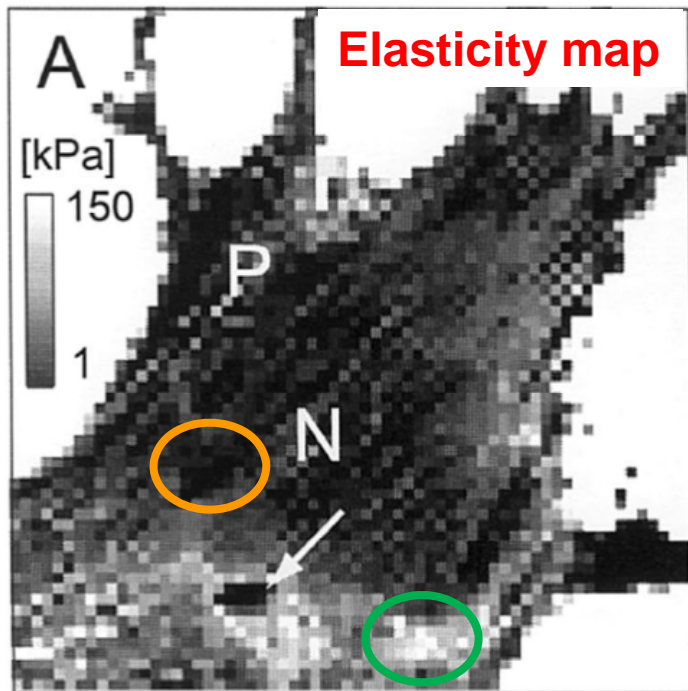
## Nano-indentation: Squeezing an intermediate filament thru a nano-hole



- AFM tip pushes the IF into the hole
- From the height difference between the IF's lowest point (L) and the substrate around the hole, the **deflection** can be **calculated**



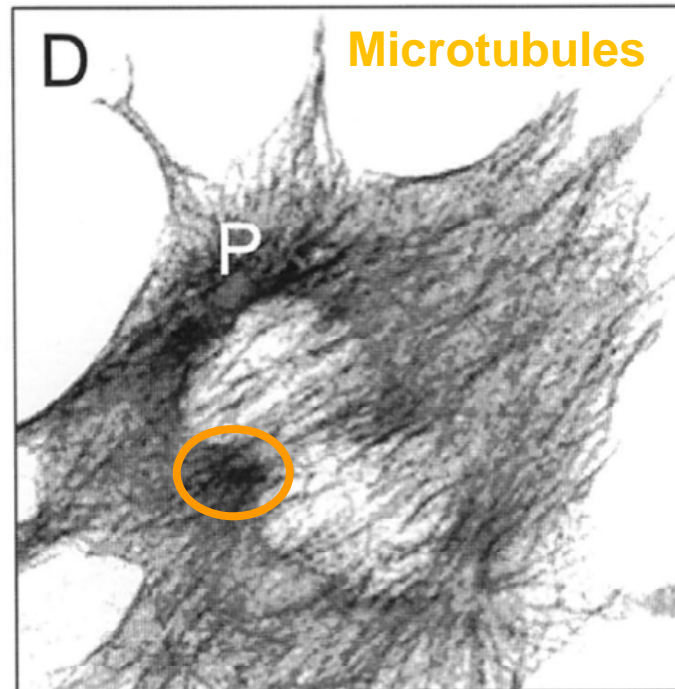
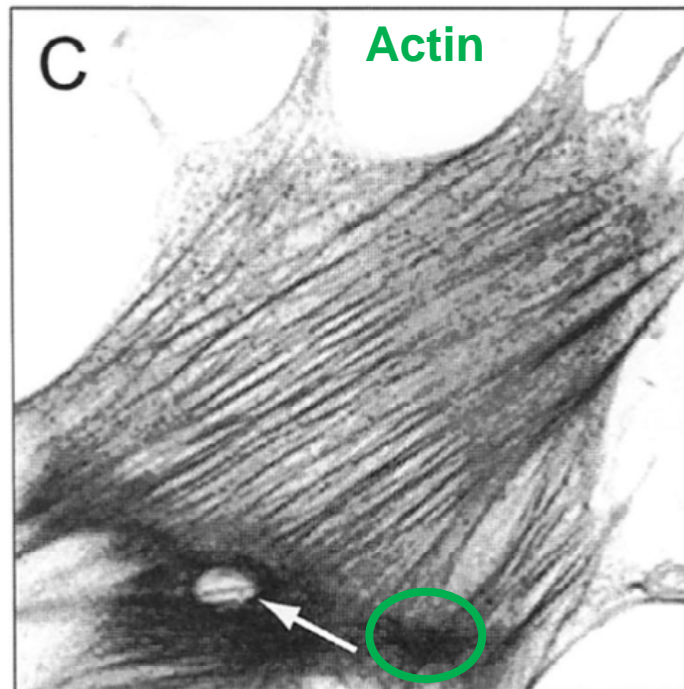
- **Deflection** of one IF as a function of the applied force
- $E_{\text{Bending}} = 300 \text{ MPa}$  determined from the slope of the linear fit
- Graph shows that the **filament is elastic** (i.e. it returns to its original position after the force is decreased)



Elasticity Map:

**White = Stiff**

**Black = Soft**

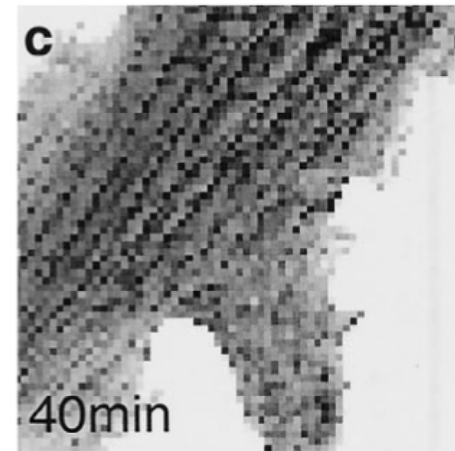
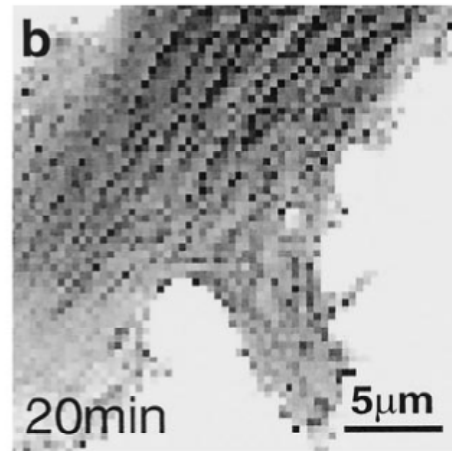
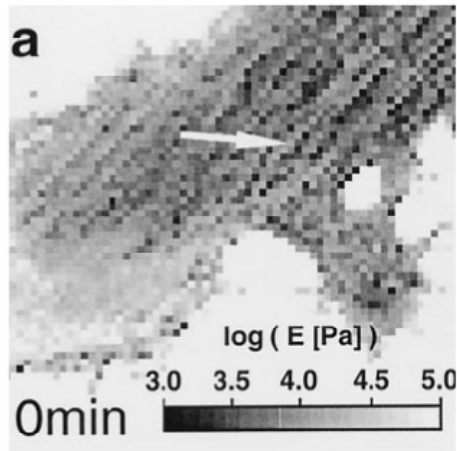


**Nucleus surprisingly soft** (arrow A and C)

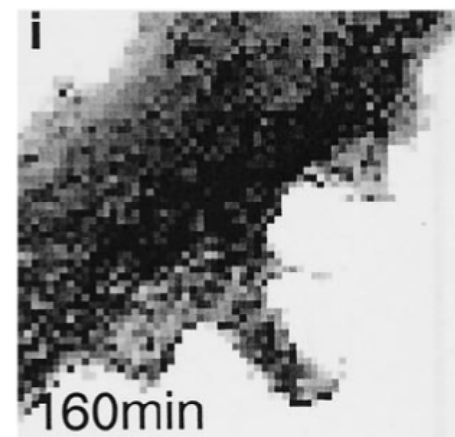
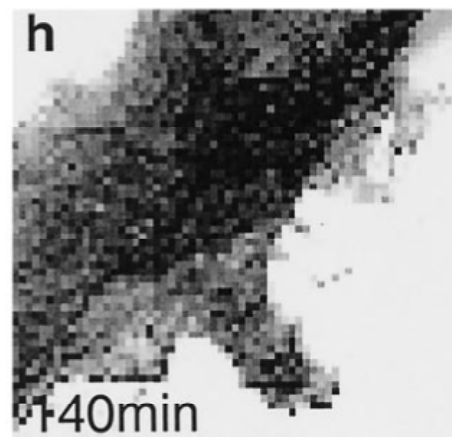
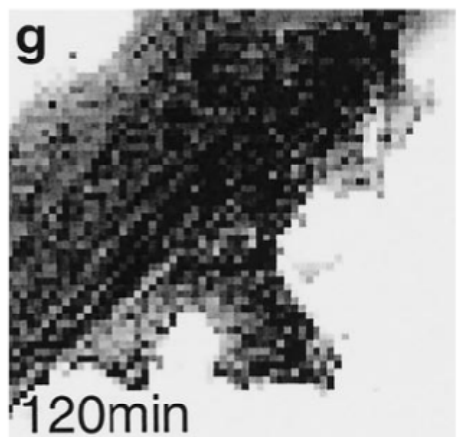
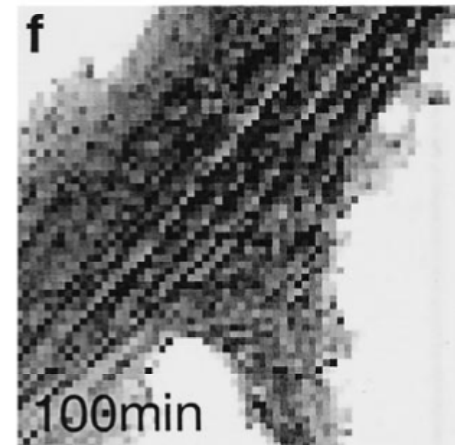
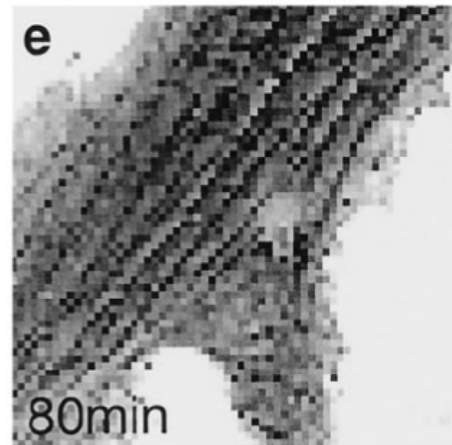
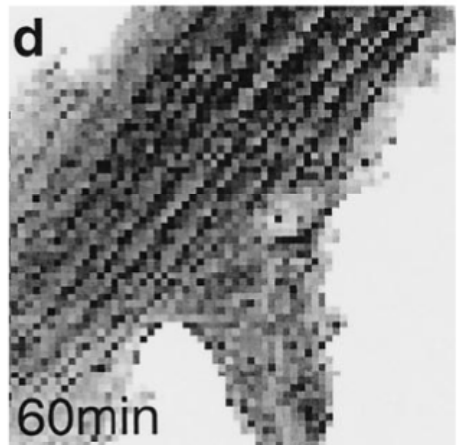
Occurrences of dense F-actin surprisingly stiff (A, C)

Occurrences of dense microtubules surprisingly soft (A, D)

Living fibroblast



The drug “cytochalasin” cuts actin filaments => the cell becomes softer





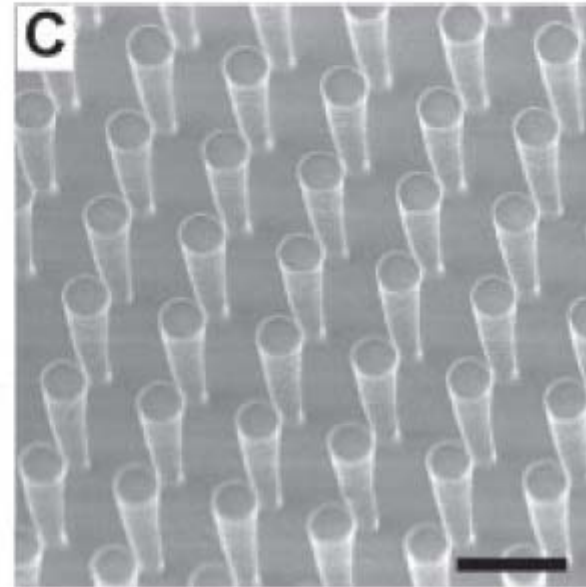
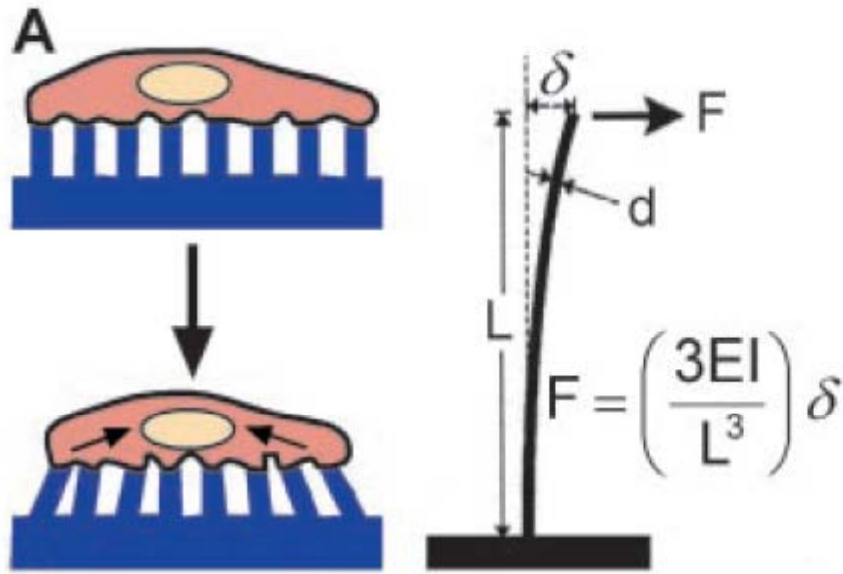
Cell type	Elastic modulus (kPa)	Method
Rat aortic smooth muscle	1.5–11	Elongation between plates
Endothelial	1.5–5.6	AFM
Aortic endothelial Normal/ cholesterol depleted	0.32/0.54	Microaspiration
Endothelial	0.5 cytoplasm 5 nucleus	Uniaxial compression
Inner hair cell	0.3	AFM
Outer hair cell	2–3.7	AFM
Cardiac myocytes	35–42	AFM
Fibroblast	0.6–1.6	AFM
Fibroblast	1–10 (differential stretch modulus)	Uniaxial stretching/compression
Bovine articular chondrocytes	1.1–8	Creep cytoindentation apparatus
Chondrocytes, Endothelial	0.5	Microaspiration
Neutrophils passive/activated	0.38/0.8	AFM
C2C12 myoblasts	2	Cell loading device (global compression)
Alveolar epithelial	0.1–0.2	Magnetic twisting cytometry
Epithelial normal/cancerous	10–13/0.4 – 1.4	AFM
Osteoblast	1–2	AFM
Fibroblasts Normal/transformed	0.22/0.19; 0.42–0.48/1.0	Optical stretcher
Melanoma	0.3–2.0 frequency dependent	Magnetic twisting rheometry
Kidney epithelial	0.16	Magnetic twisting rheometry
Cell cortex	0.04	Tracer diffusion
Cell interior		
3T3 fibroblast before/after shear flow	0.015/ 0.06	Tracer diffusion
C2-7 myogenic	0.66	Uniaxial stretching rheometer

Heart cells have more actin and stress fibers

Cancer cells are less elastic

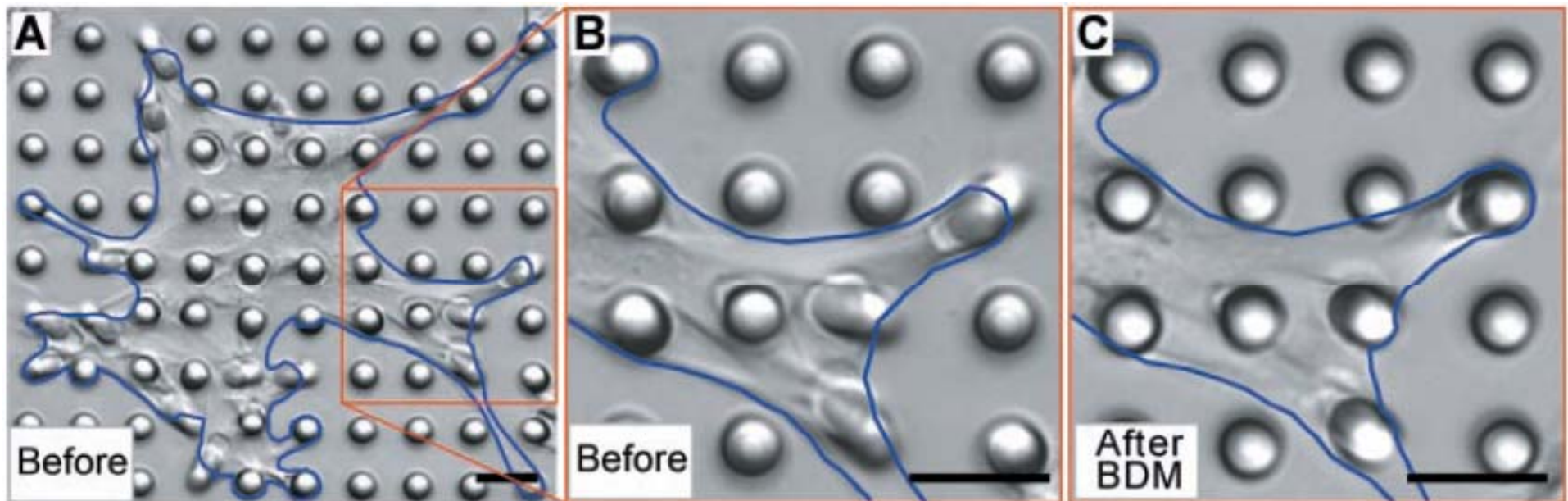
Janmey et al.,  
2007, Annu Rev  
Biomed Eng

# Microelectromechanical (MEMS) devices for measuring cytomechanics



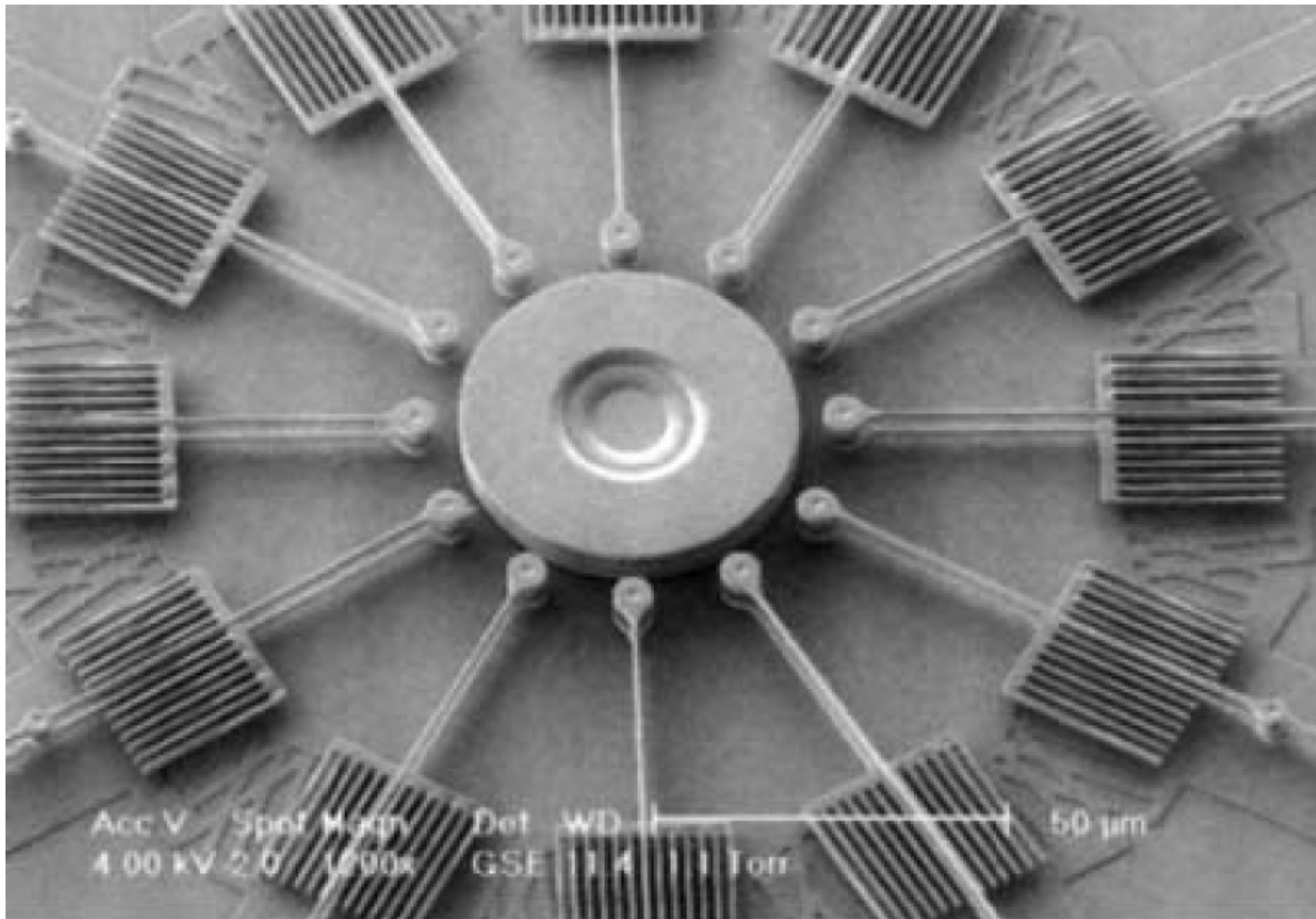
Cells on microneedles

Exerted force determined by needle bending (need to know spring constant)



## Microelectromechanical (MEMS) devices for measuring cytom mechanics

- MEMS device with multiple **active and passive cantilevers** to measure forces generated by a cell at different locations
- **Localized shear forces** can be applied using the **electrostatic actuators**



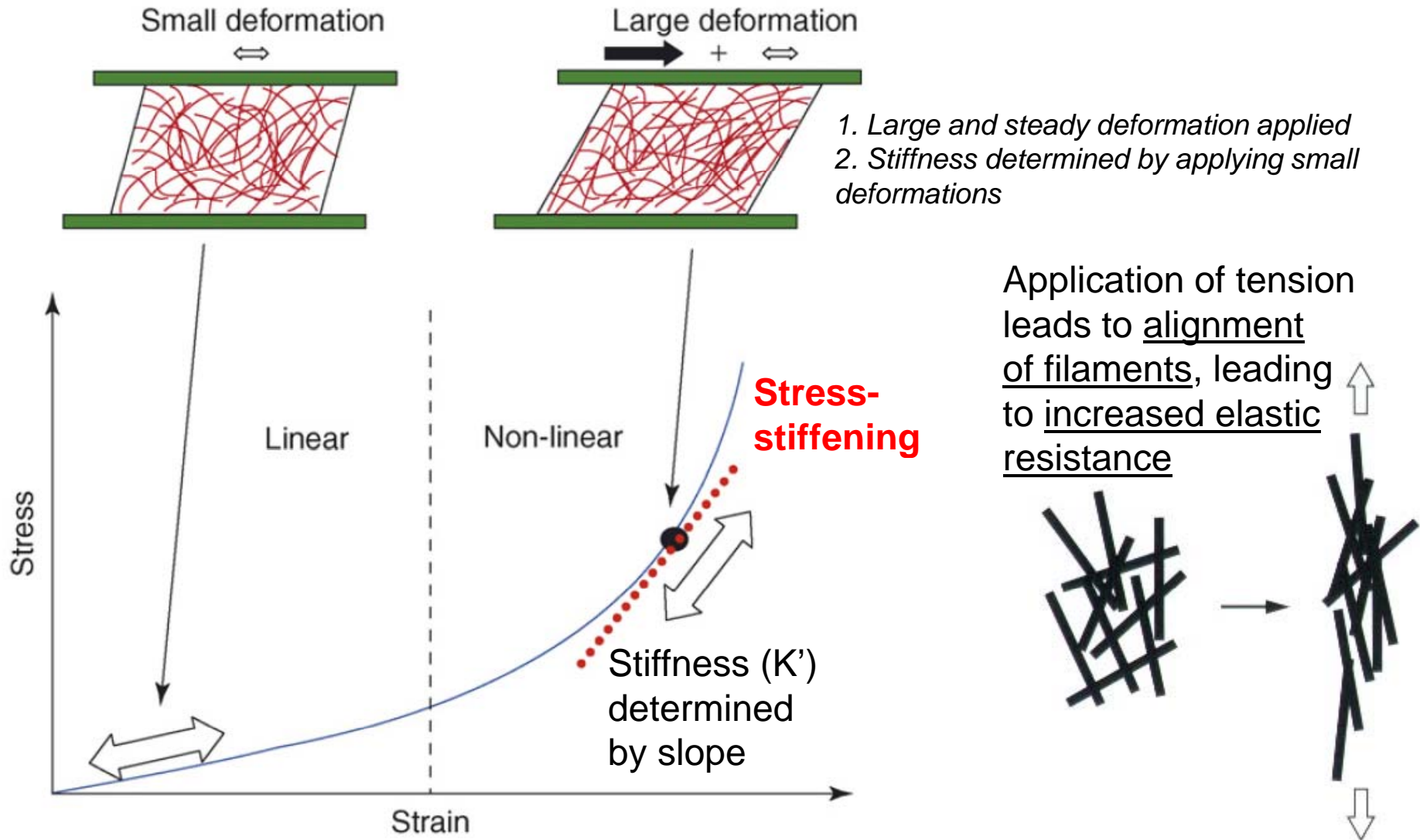
Bao and Suresh  
Nat Mater., 2003

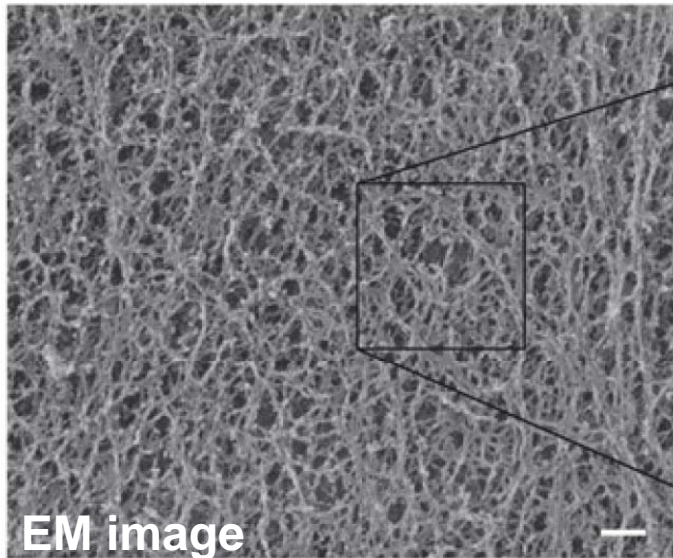


# Newtonian and non-newtonian behavior of viscoelastic materials

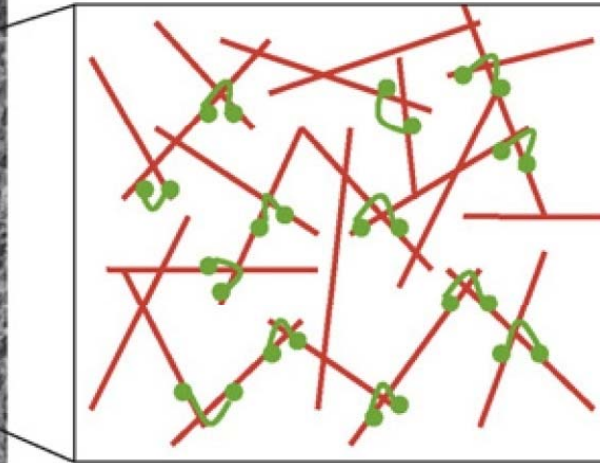
*Example from your reading material!*

- Under small deformations, stress is proportional to strain: material is in **linear regime**
- Under large deformations, stress increase more rapidly: material is in **non-linear regime**





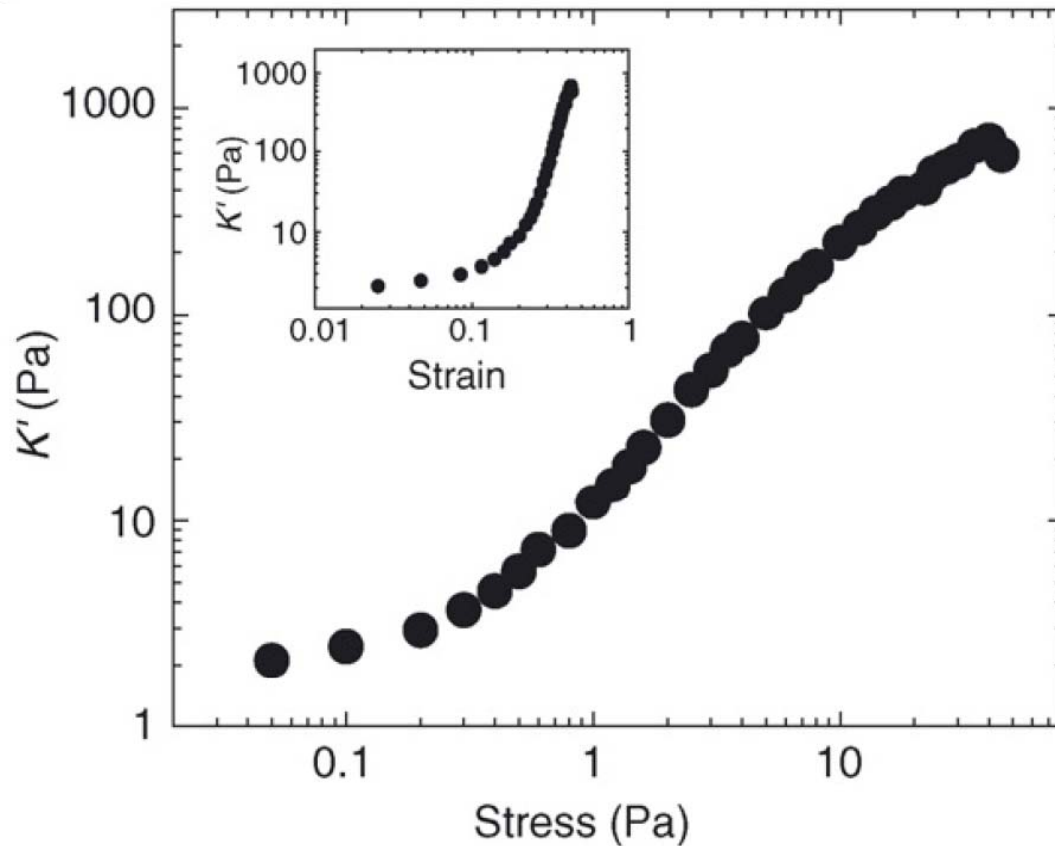
EM image



Cross-linked F-actin

Strain-Stiffening of cross-linked actin-networks

*Example from your reading material!*



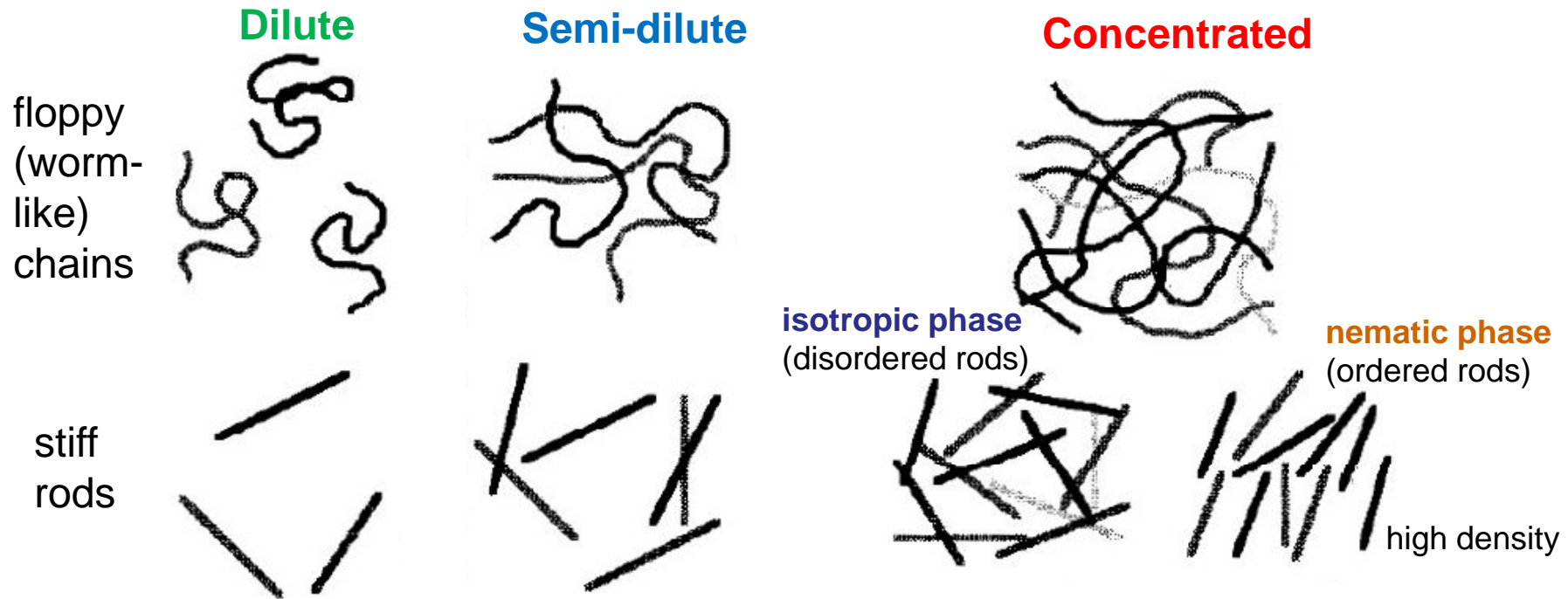
Experiment: Rheology of actin

Dramatic **stiffening per strain** (inset) of cross-linked f-actin

If stress keeps increasing, the whole **network brakes**

# How does the polymer concentration affect the viscosity?

Polymer solutions can be classified based on their concentrations



Polymer density affects viscoelastic properties:

- **Dilute regime**, stiff filaments can rotate largely without colliding: viscosity is close to that of the solvent (buffer)
- **Highly concentrated solutions** do not allow filament to rotate:  
**isotropic phase**: *higher* viscosity, **nematic phase**: *lower* viscosity
- In-between is the **semi-dilute regime** which is characteristic for many biopolymer solutions



# Other ways to determine the stiffness or floppiness of polymers?

*Example from your reading material!*

- Stiffness/floppiness of polymers can vary to a large extent
- The persistence length ( $L_p$ ) is related to a polymer's flexibility
- **MT** are very **stiff** and have a large persistence length (1 mm)
- **IFs** are very **floppy** with a low persistence length (1  $\mu\text{m}$ )
- Other examples: DNA = 50 nm / Spaghetti = 10 cm



Actin filament



$$l_p \sim 17 \mu\text{m}$$

Microtubule



$$l_p \sim 1 \text{ mm}$$

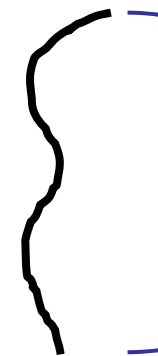
Intermediate filament



$$l_p \sim 1 \mu\text{m}$$

Approximation of **persistence length**  $L_p$

$$L_p = R^2 / L_c$$



R = large  
(end-to-end  
distance)

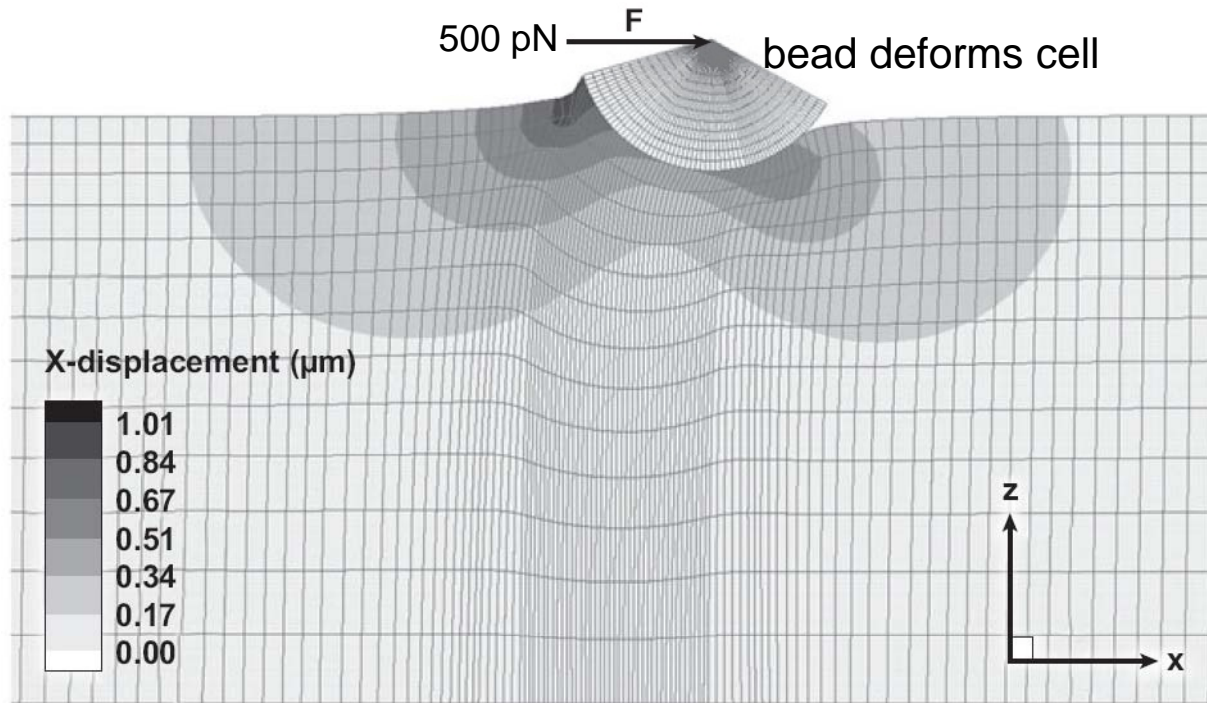


R = small

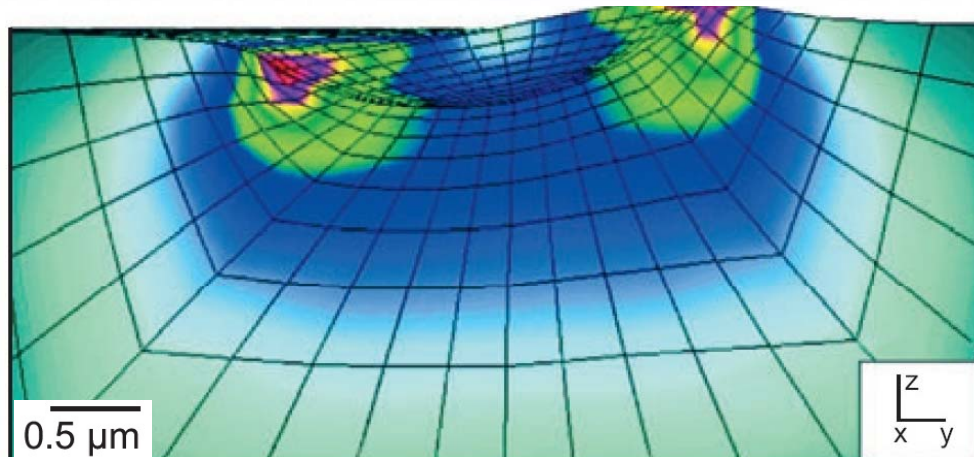
$L_c$  = contour length

# Mathematicians meet Biologists: Stress-field in a model cell

**Finite element modeling:** provides maps of how forces applied to a cell are transmitted through its interior



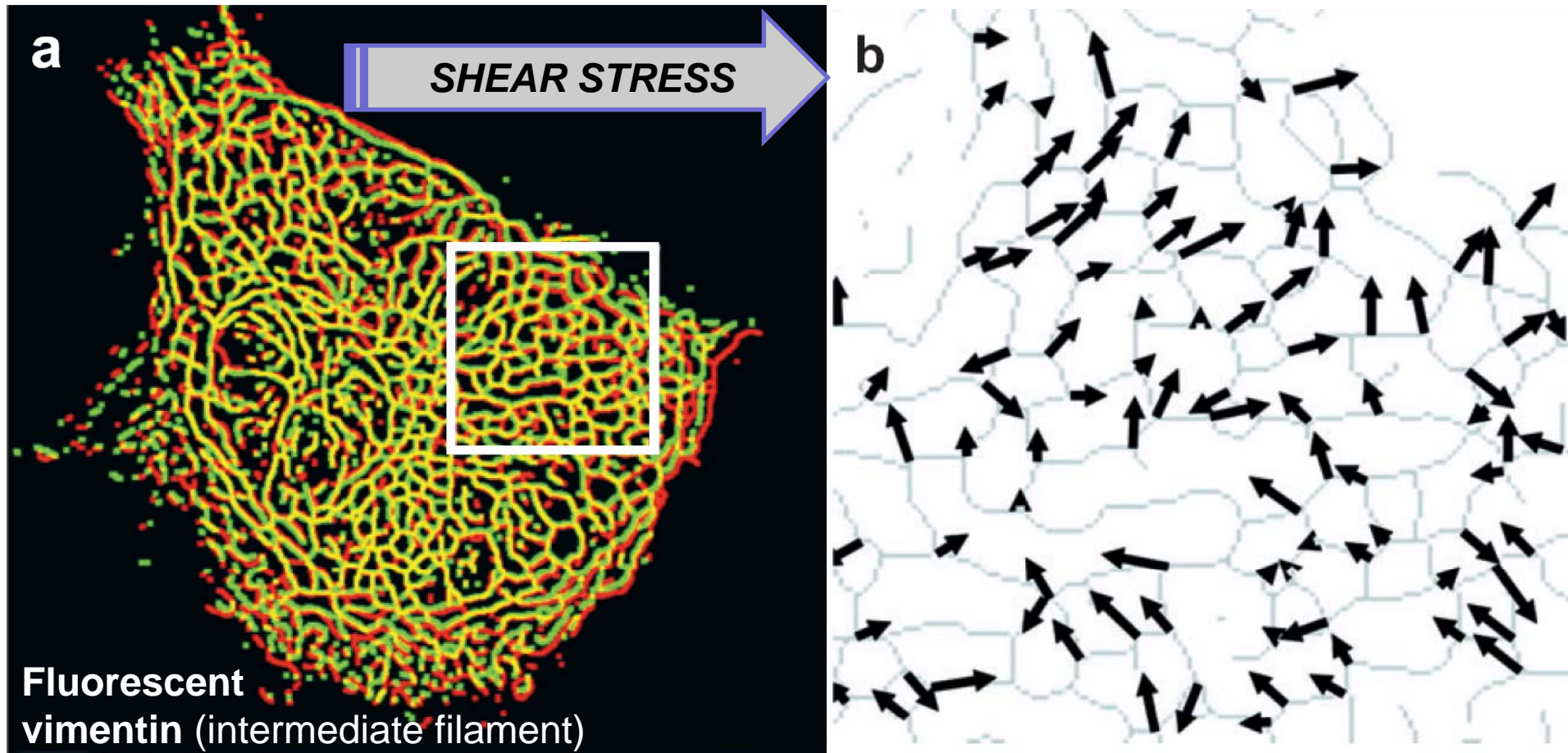
- **Forces** are transmitted **uniformly** but only a few microns away from the point of force application
- Conclusion: largest cytoskeletal deformation near the edges of the bead
- Does this **affine deformation** model really apply to the cell?



## Theory and experiment: Response of the cytoskeleton to shear force

**Non-affine deformation:** because interior of the cell is **anisotropic**, cell deformation does not respond to shear stress as predicted for a homogenous viscoelastic material

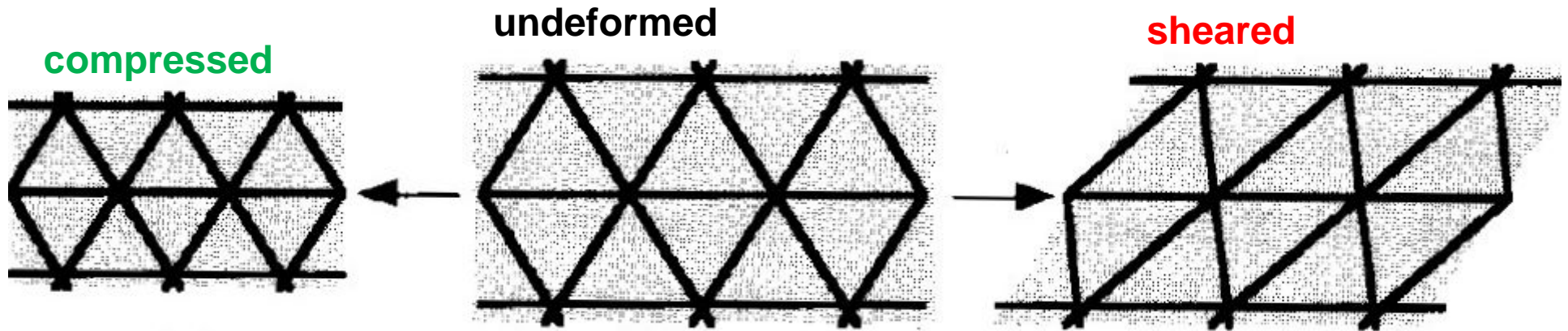
Microscopic displacements of vimentin do not follow the direction of applied shear stress



**RED = BEFORE** stress, **GREEN = AFTER** stress, **YELLOW = Zero** displacement



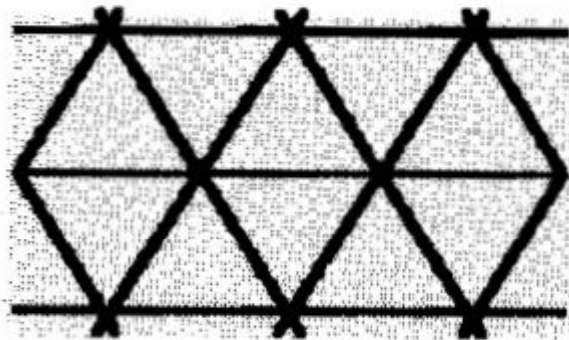
# Difference between shear stress and compression



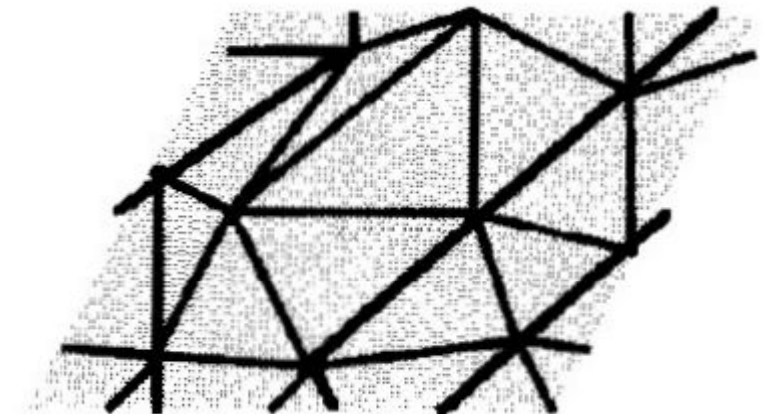
**network area changed**  
but no changes in internal angles

internal network angles changes but **area unchanged**

Effect of **thermal fluctuations**



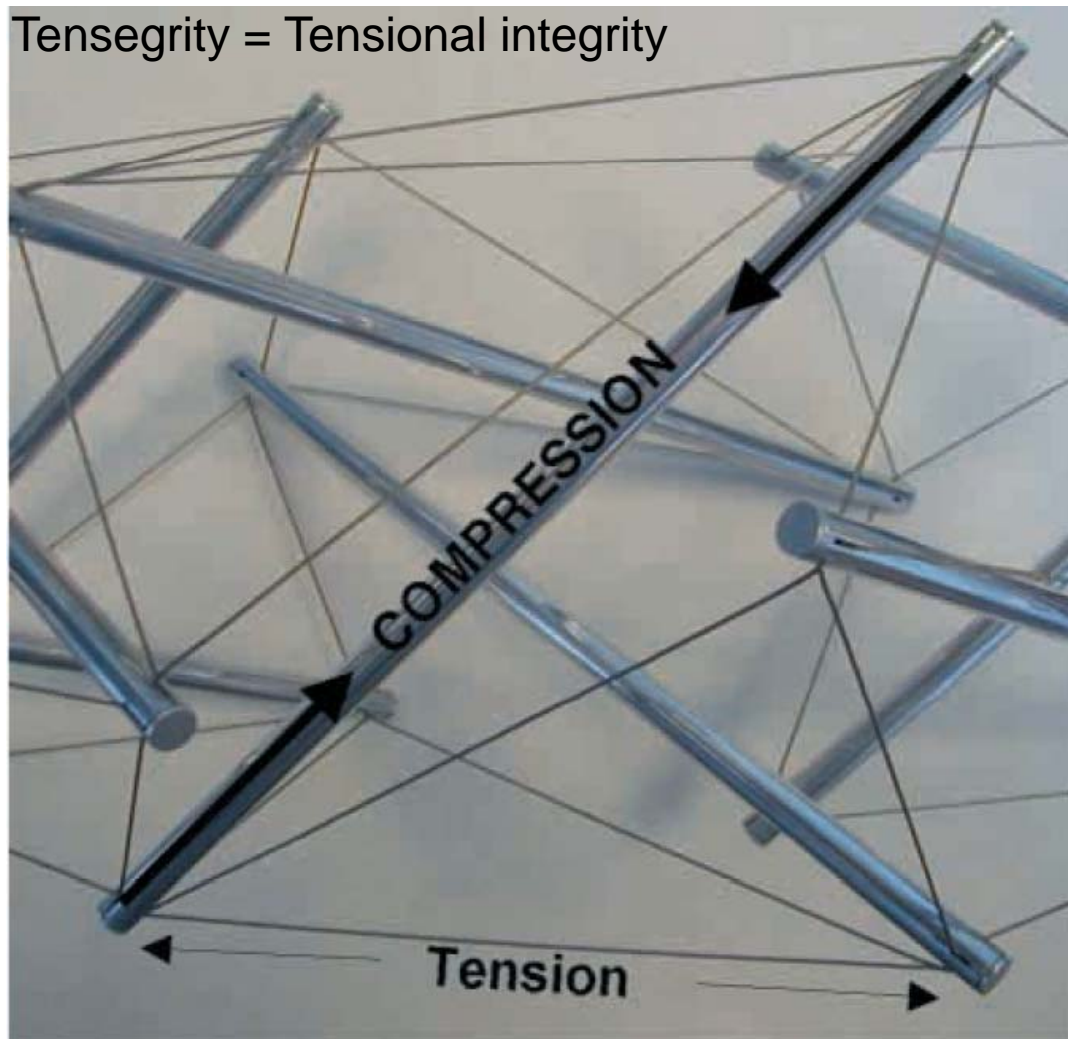
Zero-temperature network



Network becomes more erratic similar after applying a two-dimensional stress

# Tensegrity model: A balance between compression and tension

Experimental results on **non-uniform behavior of the cell** is consistent with the tensegrity model (**microtubules** = **compression** elements; **actin** = **tension** elements)



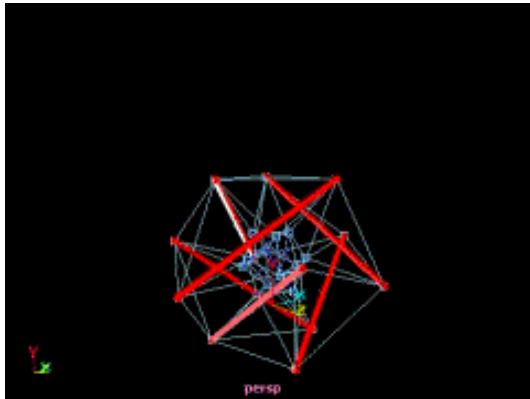
- Tensegrity model **focus on the geometry of the network elements** and the interplay of tension and compression
- “**Tensegrity systems** keep their structure by continuous tension rather than by continuous compression (e.g., stone arc)”  
*R. Buckminster Fuller, 1961*



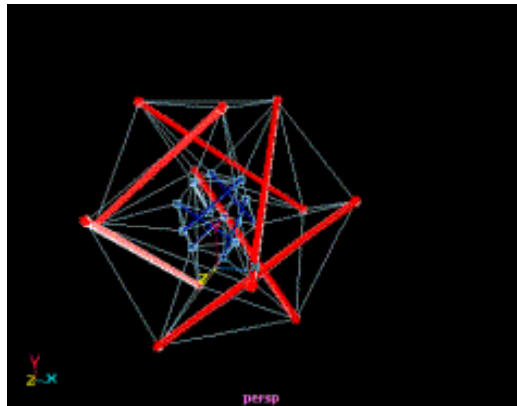
# Computer model of cellular tensegrity

**Computer model** shows how hierarchical tensegrity structures, such as a cell with a nucleus behave when pulled, sheared and stretched

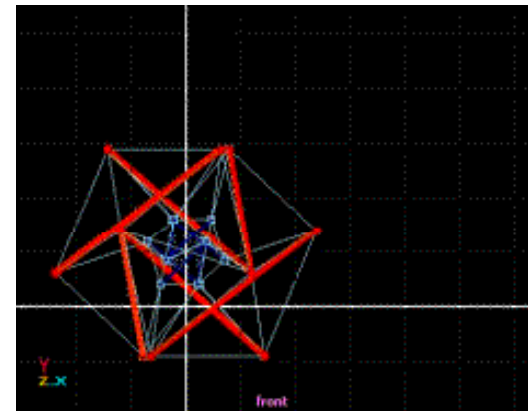
Pull



Shear



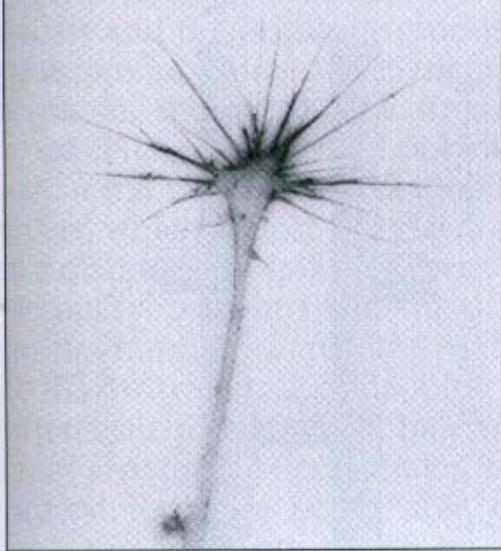
Stretch





# Tensegrity model explains retraction of neurons after drug treatment

Actin in growth cone

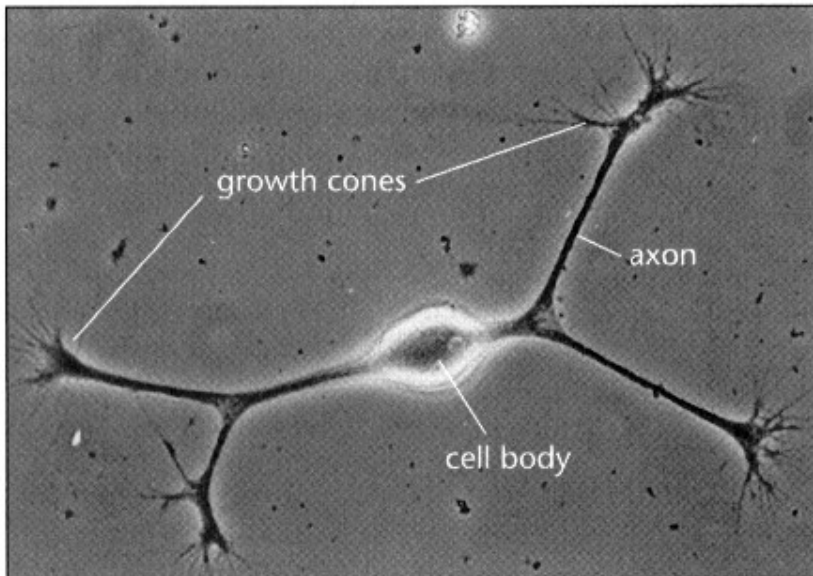


Microtubules in axons  
(actin: axon cortex only)

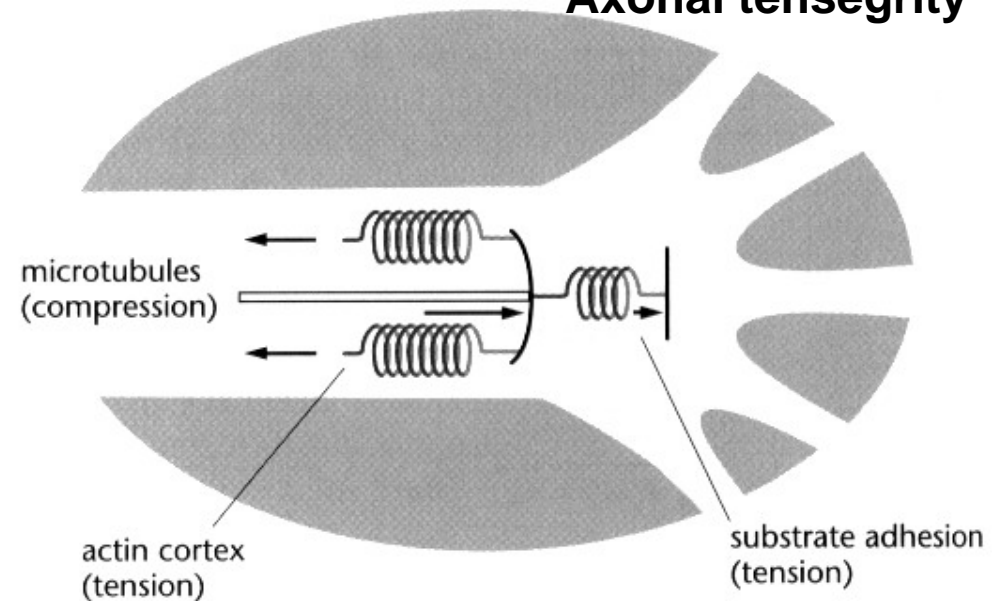


10 μm

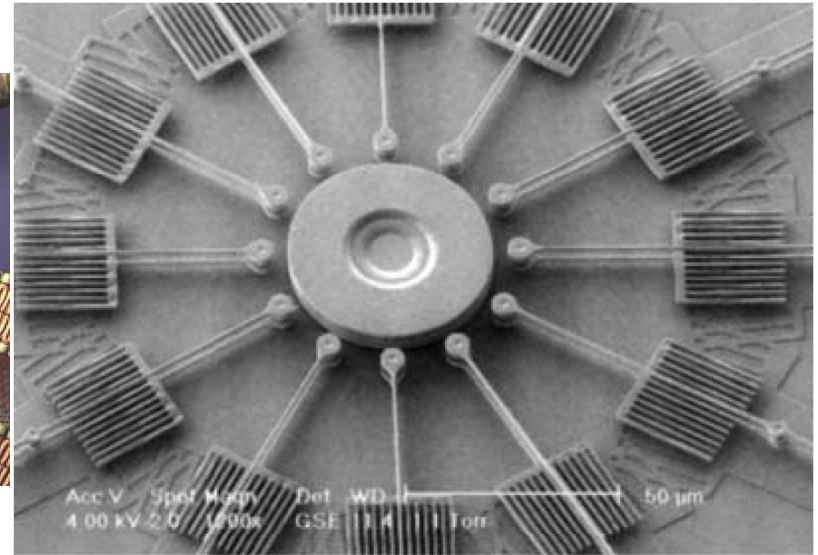
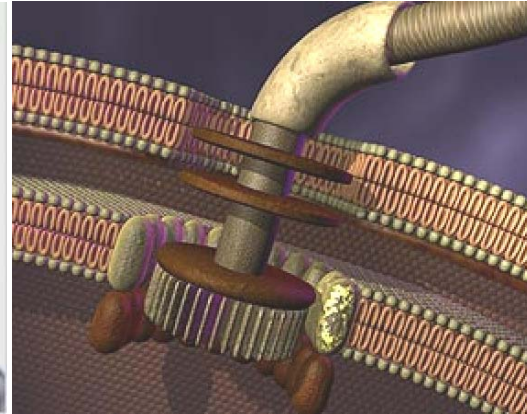
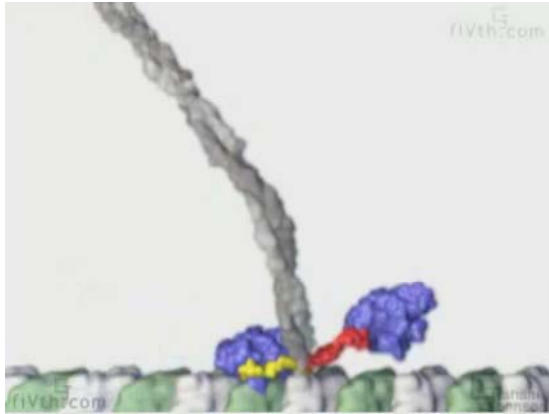
Abrupt axon retraction observed after nocodazole treatment (depolymerizes microtubules):  
⇒ **Mechanical balance of the axon** is provided by the **tension** of **actin** and (antagonistic) **compression** forces provided by **microtubules**



Axonal tensegrity



# Thank you for your attention!



王歐力 副教授  
Oliver I. Wagner, PhD  
Associate Professor

National Tsing Hua University  
Institute of Molecular & Cellular Biology  
College of Life Science

